CLASSIFICA ASSOLUTA

10ª EDIZIONE "POFI RUN - IL GIRO DELL'OCARO"

POFI (FR) - 15/11/2026
GARA PODISTICA DI KM. 10

DAL SITO WWW.AZPODISMO.IT - IL SITO DI ANDREA ZACCARI

POS.	M/F	NUM.	COGNOME	NOME	SOCIETA'	ANNO	CAT.	TEMPO	MEDIA/KM	DISTACCO
1		149	PALLAGROSI	ADRIANO	ASD ATLETICA FERENTINO	1987	SM35	00:33:19	3.20	
2		154	PAPOCCIA	DIEGO	ASD ATLETICA FERENTINO	1973	SM50	00:33:32	3.21	00:00:13
3		125	GALLUCCI	ENRICO	ASD CASTRO RUNNING AVIS TEAM	1997	SM	00:33:43	3.22	00:00:24
4		87	PAELLA	SIMONE	POL. ATLETICA CEPRANO	2008	M16-22	00:35:08	3.31	00:01:49
5		458	TELONI	DAVIDE	A.S.D. FROSINONE SPORT	1992	SM	00:35:16	3.32	00:01:57
6		144	ET TAHERY	ZAKARIA	ASD ATLETICA FERENTINO	2005	M16-22	00:35:20	3.32	00:02:01
7		174	CANCELMO	MATTEO GERARDO	ASD ENDURANCE TRAINING	2002	SM	00:35:25	3.33	00:02:06
8		135	SPINELLI	DARIO	ASD CASTRO RUNNING AVIS TEAM	1995	SM	00:35:28	3.33	00:02:09
9		147	GROSSI	DOMENICO	ASD ATLETICA FERENTINO	1989	SM35	00:36:00	3.36	00:02:41
10		159	FOLCARELLI	TOMMASO	ATLETICA ARCE	1990	SM35	00:36:22	3.38	00:03:03
11		148	MERLETTI	GIANMARCO	ASD ATLETICA FERENTINO	1997	SM	00:36:26	3.39	00:03:07
12		346	TANZI	TOMMASO	A.S.D. MIRALAB 2.0	1983	SM40	00:36:30	3.39	00:03:11
13		59	PIRRI	VALERIO	ATLETICA CECCANO	1995	SM	00:37:01	3.42	00:03:42
14		177	VICARD	FRANCE SERGIO	ASD ENDURANCE TRAINING	2006	M16-22	00:37:01	3.42	00:03:42
15		282	RECCHIA	FABRIZIO	ERNICA VEROLI	1978	SM45	00:37:10	3.43	00:03:51
16		65	CANCELLI	FILIPPO	POL. CIOCIARA ANTONIO FAVA	1983	SM40	00:37:12	3.43	00:03:53
17		444	DE STEFANO	MICHELE	S.S. LAZIO ATLETICA LEGGERA	1984	SM40	00:37:19	3.44	00:04:00
18		163	QUATTROCIOCCHI	DANIELE	ATLETICA ARCE	1987	SM35	00:37:22	3.44	00:04:03
19		454	DE FILIPPO	FABIO	ASD CASTRO RUNNING AVIS TEAM	1987	SM35	00:37:39	3.46	00:04:20
20		157	D'EMILIA	ANDREA	ATLETICA ARCE	1977	SM45	00:37:42	3.46	00:04:23
21		191	CALICCHIA	GABRIELE	A.S.D. FROSINONE SPORT	1978	SM45	00:37:58	3.48	00:04:39
22		285	D'AVERSA	MATTEO	A.S.D. PODISTICA SOLIDARIETA'	1985	SM40	00:38:00	3.48	00:04:41
23		84	GRAVINA	BRUNO	POL. ATLETICA CEPRANO	1979	SM45	00:38:08	3.49	00:04:49
24	F	145	FANELLA	SERENA	ASD ATLETICA FERENTINO	1990	SF35	00:38:09	3.49	00:04:50
25		98	D'ALESSANDRIS	LORENZO	ASD CASTRO RUNNING AVIS TEAM	1993	SM	00:38:16	3.50	00:04:57
26		100	DE PAOLIS	ALESSIO	ASD CASTRO RUNNING AVIS TEAM	1994	SM	00:38:22	3.50	00:05:03
27		83	FORTUNA	GIAMPIETRO	POL. ATLETICA CEPRANO	2005	M16-22	00:38:28	3.51	00:05:09
28		236	VONA	GINO	A.S.D. LIRI RUNNERS	1972	SM50	00:38:36	3.52	00:05:17
29		136	CERELLI	FEDERICO	ASD ATLETICA FERENTINO	1994	SM	00:38:44	3.52	00:05:25
30		134	SAVONE	ANDREA	ASD CASTRO RUNNING AVIS TEAM	1989	SM35	00:38:45	3.53	00:05:26
31		179	BERARDI	VALERIO	ASD POFISPORTIVA	2002	SM	00:38:46	3.53	00:05:27
32		97	CELLANTE	ALESSANDRO	ASD CASTRO RUNNING AVIS TEAM	1999	SM	00:38:58	3.54	00:05:39
33		192	COLLENI	UMBERTO	A.S.D. FROSINONE SPORT	1972	SM50	00:39:32	3.57	00:06:13
34		209	FIORELLI	TONY	A.S.D. LIRI RUNNERS	1985	SM40	00:39:33	3.57	00:06:14
35		457	MINOTTI	ROBERTO	ATL. COLLEFERRO SEGNI	1972	SM50	00:39:35	3.58	00:06:16
36		92	SEGNERI	MANUEL	POL. ATLETICA CEPRANO	1993	SM	00:39:42	3.58	00:06:23
37		437	ROCCA	LUCA	ASD ATL.CITTA' DEI PAPI ANAGNI	1987	SM35	00:39:44	3.58	00:06:25
38		96	BELLOTTI	DANIELE	ASD CASTRO RUNNING AVIS TEAM	1986	SM40	00:40:10	4.01	00:06:51
39		95	VENTURA	FABIO	POL. ATLETICA CEPRANO	1977	SM45	00:40:29	4.03	00:07:10
40		56	MILANO	PEPPINO	ATLETICA CECCANO	1969	SM55	00:40:36	4.04	00:07:17
41		70	DI NARDI	PIERPAOLO	POL. CIOCIARA ANTONIO FAVA	1998	SM	00:40:49	4.05	00:07:30
42		90	ROSSI	LEONARDO	POL. ATLETICA CEPRANO	2009	M16-22	00:40:57	4.06	00:07:38
43		139	DI COSMO	ROCCO	ASD ATLETICA FERENTINO	1965	SM60	00:41:01	4.06	00:07:42
44		233	ROSSINI	MICHELE	A.S.D. LIRI RUNNERS	1968	SM55	00:41:21	4.08	00:08:02
45		434	SPERANZA	PIERO	CALCATERRA SPORT ASD	1980	SM45	00:41:25	4.09	00:08:06
46		190	ROTONDI	LUCA	RUNCARD	1981	SM45	00:41:26	4.09	00:08:07
47		185	CORTINA	MIRKO	RUNCARD	2001	SM	00:41:29	4.09	00:08:10
48		27	CELLI	FEDERICO	ATLETICA CECCANO	1995	SM	00:41:37	4.10	00:08:18
49		168	CARLINI	MARIANO	IL CORRIDORE RUNNING CLUB ASD	1969	SM55	00:41:39	4.10	00:08:20
50		200	PETROZZI	DAVIDE	CUS CASSINO	1981	SM45	00:41:46	4.11	00:08:27
51		155	VILLA	MASSIMILIANO	ASD ATLETICA FERENTINO	1971	SM55	00:41:55	4.12	00:08:36
52		75	PULCINELLI	FABRIZIO	POL. CIOCIARA ANTONIO FAVA	1968	SM55	00:42:06	4.13	00:08:47
53		68	D'OTTAVI	ALESSANDRO	POL. CIOCIARA ANTONIO FAVA	1974	SM50	00:42:07	4.13	00:08:48
54		313	LUCARELLI	STEFANO	ARPINO RUNNING ASD	1984	SM40	00:42:09	4.13	00:08:50
55		160	GIANNETTI	LUIGI	ATLETICA ARCE	1977	SM45	00:42:17	4.14	00:08:58
56		82	FIORE	EMILIANO	POL. ATLETICA CEPRANO	1977	SM45	00:42:37	4.16	00:09:18
57		214	PISANI	ENRICO	A.S.D. LIRI RUNNERS	1977	SM45	00:42:42	4.16	00:09:23
58		74	MOLLE	ROBERTO	POL. CIOCIARA ANTONIO FAVA	1984	SM40	00:42:49	4.17	00:09:30
59		304	FIORLETTA	MARINO	ARPINO RUNNING ASD	1963	SM60	00:43:04	4.18	00:09:45
60		455	GIORGILLI	ROBERTO	ASD ATLETICA FERENTINO	1968	SM55	00:43:05	4.19	00:09:46
61		138	DELL'UOMO	STEFANO	ASD ATLETICA FERENTINO	1983	SM40	00:43:15	4.20	00:09:56
62		246	CRETARO	ANDREA	ERNICA VEROLI	1986	SM40	00:43:20	4.20	00:10:01
63		181	DEL BROCCO	ALESSANDRO	ASD POFISPORTIVA	2000	SM	00:43:27	4.21	00:10:08
64	F	69	DI MAURO	SIMONA	POL. CIOCIARA ANTONIO FAVA	1970	SF55	00:44:01	4.24	00:10:42
65		297	D'AMBROSIO	DANILO	TOP RUN FONDI	1973	SM50	00:44:05	4.25	00:10:46
66		77	ROTONDO	MARCO	POL. CIOCIARA ANTONIO FAVA	1986	SM40	00:44:32	4.27	00:11:13

67		167	BONOMO	DENNYS	IL CORRIDORE RUNNING CLUB ASD	1978	SM45	00:44:41	4.28	00:11:22
68		394	GIOVANNINI	VINCENZO	A.S.D. PODISTICA APRILIA	1964	SM60	00:44:53	4.29	00:11:34
69		175	COLATOSTI	DANIELE	ASD ENDURANCE TRAINING	1983	SM40	00:44:56	4.30	00:11:37
70	F	86	MURRO	BENEDETTA	POL. ATLETICA CEPRANO	2007	F16-22	00:45:01	4.30	00:11:42
71		188	FAUSTINI	GUIDO	RUNCARD	1978	SM45	00:45:04	4.30	00:11:45
72		101	DE SANTIS	ALESSANDRO	ASD CASTRO RUNNING AVIS TEAM	1992	SM	00:45:24	4.32	00:12:05
73		71	DI PALMA	AGOSTINO	POL. CIOCIARA ANTONIO FAVA	1956	SM70	00:45:31	4.33	00:12:12
74		161	PESCOSOLODO	PAOLO	ATLETICA ARCE	1966	SM60	00:45:42	4.34	00:12:23
75	F	64	CALLARI	SIMONA	POL. CIOCIARA ANTONIO FAVA	1978	SF45	00:45:57	4.36	00:12:38
76		170	INCITTI	FABIO	IL CORRIDORE RUNNING CLUB ASD	1970	SM55	00:46:04	4.36	00:12:45
77		393	DI GIORGIO	VINCENZO	UISP ABRUZZO	1974	SM50	00:46:13	4.37	00:12:54
78		99	DE GIULI	DANIELE	ASD CASTRO RUNNING AVIS TEAM	1998	SM	00:46:21	4.38	00:13:02
79		126	PERFILI	GIANMARCO	ASD CASTRO RUNNING AVIS TEAM	2001	SM	00:46:26	4.39	00:13:07
80		80	CECCACCI	SANDRO	POL. ATLETICA CEPRANO	1970	SM55	00:46:34	4.39	00:13:15
81		129	SANTORO	SIMONE	ASD CASTRO RUNNING AVIS TEAM	1987	SM35	00:46:39	4.40	00:13:20
82		165	SISTI	STEFANO	ATLETICA ARCE	1984	SM40	00:46:42	4.40	00:13:23
83		180	BRESCIANI	GIUSEPPE	ASD POFISPORTIVA	1982	SM40	00:46:56	4.42	00:13:37
84		60	PIZZUTI	MAURO	ATLETICA CECCANO	1967	SM55	00:47:00	4.42	00:13:41
85		10	BRUNI	DIEGO	ATLETICA CECCANO	1974	SM50	00:47:05	4.43	00:13:46
86		91	SALENTO	VINCENZO	POL. ATLETICA CEPRANO	1964	SM60	00:47:07	4.43	00:13:48
87		187	ERCOLANI	DAVIDE	RUNCARD	1996	SM	00:47:27	4.45	00:14:08
88		124	DROGHEI	VALTER	ASD CASTRO RUNNING AVIS TEAM	1962	SM60	00:47:33	4.45	00:14:14
89		295	SARANDREA	FRANCESCO	TEAM ALATRI PRINCE 2.0	1983	SM40	00:47:34	4.45	00:14:15
90	F	94	SIMONELLI	SIMONA	POL. ATLETICA CEPRANO	1981	SF45	00:47:36	4.46	00:14:17
91	F	146	FIORINI	PAOLA	ASD ATLETICA FERENTINO	1979	SF45	00:47:44	4.46	00:14:25
92		171	PERONTI	DAVIDE	IL CORRIDORE RUNNING CLUB ASD	1985	SM40	00:47:53	4.47	00:14:34
93		176	FAUSTINI	PIERGIORGIO	ASD ENDURANCE TRAINING	1993	SM	00:47:55	4.48	00:14:36
94		72	MASSARO	PASQUALINO	POL. CIOCIARA ANTONIO FAVA	1975	SM50	00:47:58	4.48	00:14:39
95	F	207	TRAPANI	MARTINA	CUS CASSINO	1997	SF	00:48:01	4.48	00:14:42
96		448	FIORINI	FELICE	POL. CIOCIARA ANTONIO FAVA	1957	SM65	00:48:08	4.49	00:14:49
97	F	183	BABALIC	ANISOARA	ITALIANA RUNNING A.S.D.	1972	SF50	00:48:13	4.49	00:14:54
98	F	199	MIACCI	ANNALISA	CUS CASSINO	1975	SF50	00:48:13	4.49	00:14:54
99	F	78	SALIMEI	ELISABETTA	POL. CIOCIARA ANTONIO FAVA	1971	SF55	00:48:31	4.51	00:15:12
100		172	SPERDUTI	SERGIO	IL CORRIDORE RUNNING CLUB ASD	1967	SM55	00:48:32	4.51	00:15:13
101		67	COZZOLINO	ANTONIO	POL. CIOCIARA ANTONIO FAVA	1964	SM60	00:48:36	4.52	00:15:17
102		63	BARILONE	GIANFRANCO	POL. CIOCIARA ANTONIO FAVA	1971	SM55	00:48:40	4.52	00:15:21
103		397	COLELLA	LUCA	ASD ATLETICA ABRUZZO L'AQUILA	1971	SM55	00:48:56	4.54	00:15:37
104		53	MASI	ANDREA	ATLETICA CECCANO	1978	SM45	00:49:17	4.56	00:15:58
105		54	MATTONE	VINCENZO	ATLETICA CECCANO	1965	SM60	00:49:33	4.57	00:16:14
106		449	BIANCHI	ANDREA	FOCUS DEA TEAM	1968	SM55	00:49:36	4.58	00:16:17
107	F	296	SPERANZA	LUCIA	TEAM ALATRI PRINCE 2.0	1985	SF40	00:49:40	4.58	00:16:21
108		281	PRELI	ANTONIO	ERNICA VEROLI	1979	SM45	00:49:47	4.59	00:16:28
109		196	RIVA	DANIELE	A.S.D. FROSINONE SPORT	1986	SM40	00:49:51	4.59	00:16:32
110		85	MORETTI	PAOLO	POL. ATLETICA CEPRANO	1968	SM55	00:50:05	5.01	00:16:46
111	F	17	CARCASOLE	LUNA	ATLETICA CECCANO	1985	SF40	00:50:15	5.02	00:16:56
112		20	CARCASOLE	TIZIANO	ATLETICA CECCANO	1992	SM	00:50:15	5.02	00:16:56
113		445	FRAIOLI	TERENZIO	POL. CIOCIARA ANTONIO FAVA	1968	SM55	00:50:19	5.02	00:17:00
114		5	BINDA	TONINO	ATLETICA CECCANO	1961	SM65	00:50:22	5.02	00:17:03
115		102	DI STOLFO	MARIO	ASD CASTRO RUNNING AVIS TEAM	2003	SM	00:50:32	5.03	00:17:13
116		286	GETULI	ROBERTO	A.S.D. PODISTICA SOLIDARIETA'	1970	SM55	00:50:36	5.04	00:17:17
117		55	MAURA	ANTONIO	ATLETICA CECCANO	1976	SM50	00:50:48	5.05	00:17:29
118	F	62	SPINELLI	VALENTINA	ATLETICA CECCANO	2003	SF	00:50:48	5.05	00:17:29
119	F	294	CAROBOLO	EMANUELA	TEAM ALATRI PRINCE 2.0	1985	SF40	00:50:53	5.05	00:17:34
120		45	LEO	MARIO	ATLETICA CECCANO	1962	SM60	00:51:04	5.06	00:17:45
121		459	PACINI	EDOARDO	ATL. COLLEFERRO SEGNI	1984	SM40	00:51:41	5.10	00:18:22
122		283	TURCHETTA	LUIGI	ERNICA VEROLI	1958	SM65	00:52:10	5.13	00:18:51
123		89	PANICCIA	FILIPPO	POL. ATLETICA CEPRANO	1968	SM55	00:52:23	5.14	00:19:04
124	F	197	BIFERA	TIZIANA	CUS CASSINO	1974	SF50	00:52:24	5.14	00:19:05
125		186	DI SOTTO	ANGELO	RUNCARD	1974	SM50	00:52:43	5.16	00:19:24
126		29	COMPAGNONE	LINO	ATLETICA CECCANO	1975	SM50	00:52:56	5.18	00:19:37
127		182	FONTANA	VALERIO	ASD POFISPORTIVA	1992	SM	00:53:02	5.18	00:19:43
128		287	LOMBARDI	VINCENZO	A.S.D. PODISTICA SOLIDARIETA'	1984	SM40	00:53:35	5.22	00:20:16
129		88	PALLADINO	MICHELANGELO	POL. ATLETICA CEPRANO	1955	SM70	00:53:41	5.22	00:20:22
130		288	ADINOLFI	ROBERTO	E...SPERIMENTO ASDILETTANTISTICA	1976	SM50	00:53:50	5.23	00:20:31
131		353	CORSI	STEFANO	RUNNERS CLUB ANAGNI	1998	SM	00:53:55	5.24	00:20:36
132		127	POLIDORI	PIETRO	ASD CASTRO RUNNING AVIS TEAM	1988	SM35	00:54:12	5.25	00:20:53
133		158	DI FOLCO	FRANCESCO	ATLETICA ARCE	1969	SM55	00:54:14	5.25	00:20:55
134	F	284	D'ANGELO	EMANUELA	A.S.D. PODISTICA SOLIDARIETA'	1983	SF40	00:54:24	5.26	00:21:05
135		173	ASSENI	PAOLO	ASD ENDURANCE TRAINING	1950	SM75	00:55:02	5.30	00:21:43
136		76	PULCINELLI	JACOPO	POL. CIOCIARA ANTONIO FAVA	2005	M16-22	00:55:33	5.33	00:22:14
137	F	66	CENTOFANTE	MONICA	POL. CIOCIARA ANTONIO FAVA	1976	SF50	00:55:41	5.34	00:22:22
138		184	OLMETTI	LIVIO	ASD POFISPORTIVA	1969	SM55	00:56:06	5.37	00:22:47
139		291	BRACAGLIA	VINCENZINO	TORRICE RUNNERS	1951	SM75	00:56:30	5.39	00:23:11
140		298	MICCI	MARIANO	TOP RUN FONDI	1962	SM60	00:56:34	5.39	00:23:15
141		137	CIANGOLA	GIANMARCO	ASD ATLETICA FERENTINO	2002	SM	00:56:47	5.41	00:23:28
142	F	315	COLETTA	CATALDINA	MTB PICO	1979	SF45	00:57:17	5.44	00:23:58
143		325	CONTI	FABIO	MTB PICO	1974	SM50	00:57:31	5.45	00:24:12
144	F	438	DANIELA	BIANCHI	ASD BERRUNNING	1980	SF45	00:57:34	5.45	00:24:15

145		11	BUCCIARELLI	ANGELO ANTONIO	ATLETICA CECCANO	1953	SM70	00:57:34	5.45	00:24:15
146		436	DI POFI	STEFANO	AICS COMITATO PROVINCIALE RIETI APS	1992	SM	00:57:42	5.46	00:24:23
147	F	328	CIPOLLA	ANGELA	AICS COMITATO PROVINCIALE FROSINONE APS	1992	SF	00:57:42	5.46	00:24:23
148		61	SOLLI	WALTER	ATLETICA CECCANO	1958	SM65	00:57:59	5.48	00:24:40
149		58	PETRILLI	PAOLO	ATLETICA CECCANO	1994	SM	00:58:09	5.49	00:24:50
150	F	81	COLASANTI	DENICE	POL. ATLETICA CEPRANO	1972	SF50	00:58:41	5.52	00:25:22
151		178	VINCENZI	MAURIZIO	ASD ENDURANCE TRAINING	1970	SM55	00:58:43	5.52	00:25:24
152	F	447	POLSINELLI	ANNA FELICITA	POL. CIOCIARA ANTONIO FAVA	1963	SF60	00:59:02	5.54	00:25:43
153		169	GABRIELLI	PAOLO	IL CORRIDORE RUNNING CLUB ASD	1967	SM55	00:59:11	5.55	00:25:52
154		162	TUDINO	LUCA	ATLETICA ARCE	1986	SM40	01:00:04	6.00	00:26:45
155	F	289	PETROCCHI	VINCENZA	E...SPERIMENTO ASDILETTANTISTICA	1980	SF45	01:00:10	6.01	00:26:51
156		290	PRINZA	GIOVANNI	E...SPERIMENTO ASDILETTANTISTICA	1986	SM40	01:00:10	6.01	00:26:51
157	F	446	ROSSI	SILVIA	MTB PICO LUPI DEGLI AURUNCI	1989	SF35	01:00:21	6.02	00:27:02
158		156	ALONZI	PAOLO	ATLETICA ARCE	1966	SM60	01:00:28	6.03	00:27:09
159		439	LUCCHI	PAOLO	ORO FANTASY	1953	SM70	01:00:31	6.03	00:27:12
160		198	COZZOLINO	LUCA	CUS CASSINO	1987	SM35	01:00:48	6.05	00:27:29
161		302	RIZZI	BIAGIO PIETRO	TEAM ALATRI PRINCE 2.0	1959	SM65	01:01:26	6.09	00:28:07
162		293	MORICONI	FAUSTINO	TORRICE RUNNERS	1963	SM60	01:02:35	6.16	00:29:16
163	F	36	FERRI	LAURA	ATLETICA CECCANO	1980	SF45	01:02:56	6.18	00:29:37
164		57	PANECALDO	FELICE	ATLETICA CECCANO	1978	SM45	01:02:57	6.18	00:29:38
165		292	COLETTA	MAURIZIO	TORRICE RUNNERS	1955	SM70	01:06:31	6.39	00:33:12
166	F	44	GRANDI	CARMEN	ATLETICA CECCANO	1993	SF	01:07:48	6.47	00:34:29
167	F	79	SOAVE	MARIAGRAZIA	POL. CIOCIARA ANTONIO FAVA	1980	SF45	01:09:45	6.59	00:36:26
168		189	PATERNOSTRO	EMANUELE	RUNCARD	1951	SM75	01:10:13	7.01	00:36:54
169		166	ANGELETTI	INDALEZIO	IL CORRIDORE RUNNING CLUB ASD	1962	SM60	01:12:14	7.13	00:38:55
170		93	SEGRETO	FRANCO	POL. ATLETICA CEPRANO	1955	SM70	01:20:18	8.02	00:46:59
171	F	164	Sisti	Pina	Atletica Arce	1987	SF35	01:51:04	11.06	01:17:45