

# CLASSIFICA ASSOLUTA

## GIRO DELL'OCARO

POFI (FR) - 10/11/2024  
GARA PODISTICA DI KM. 10

DAL SITO [WWW.AZPODISMO.IT](http://WWW.AZPODISMO.IT) - IL SITO DI ANDREA ZACCARI

POS.	NUM.	M/F	COGNOME	NOME	SOCIETA'	ANNO	CAT.	TEMPO	MEDIA/KM	DISTACCO
1	1		GALLUCCI	ENRICO	CASTRO RUNNING	1997	SM23	00:34:49	3.29	
2	157		DE MARCHIS	TOMMASO	ASD ATLETICA LA SBARRA	1994	SM23	00:35:00	3.30	00:00:11
3	3		LUZI	PIERGIORGIO	APROCIS RUNNERS TEAM	2000	SM23	00:35:26	3.33	00:00:37
4	74		VETTRAINO	MICHELE	ASD ENDURANCE TRAINING	2006	M16-22	00:36:03	3.36	00:01:14
5	97		PAELLA	SIMONE	POL. ATLETICA CEPRANO	2008	M16-22	00:36:22	3.38	00:01:33
6	119		MATTACOLA	GIANNI	POL. CIOCIARA ANTONIO FAVA	1962	SM60	00:36:41	3.40	00:01:52
7	56		VISOCCHI	MATTIA	CUS CASSINO	2008	M16-22	00:36:42	3.40	00:01:53
8	95		MORETTI	CLAUDIO	POL. ATLETICA CEPRANO	1981	SM40	00:36:53	3.41	00:02:04
9	15		MERLETTI	GIANMARCO	ASD ATLETICA FERENTINO	1997	SM23	00:37:07	3.43	00:02:18
10	4		FERRANTE CARRANTE	MAURIZIO	POL. ATLETICA CEPRANO	1968	SM55	00:37:11	3.43	00:02:22
11	14		GROSSI	DOMENICO	ASD ATLETICA FERENTINO	1989	SM35	00:37:18	3.44	00:02:29
12	158		REALI	ALFREDO	A.S.D. FROSINONE SPORT	1988	SM35	00:37:39	3.46	00:02:50
13	145		SPISANI	LUCA	RUNCARD	1980	SM40	00:37:46	3.47	00:02:57
14	38		CERELLI	FEDERICO	ATLETICA CECCANO	1994	SM23	00:37:48	3.47	00:02:59
15	13		GALLUCCI	ANDREA	ASD ATLETICA FERENTINO	1987	SM35	00:38:00	3.48	00:03:11
16	159		IANNACCONE	SIMONE	POL. CIOCIARA ANTONIO FAVA	1984	SM40	00:38:07	3.49	00:03:18
17	68		MONTUORI	EDOARDO PIETRO	ASD ENDURANCE TRAINING	2006	M16-22	00:38:13	3.49	00:03:24
18	16		PICCIRILLI	GIANGUIDO	ASD ATLETICA FERENTINO	1980	SM40	00:38:30	3.51	00:03:41
19	112		DI CICCIO	GIANLUCA	POL. CIOCIARA ANTONIO FAVA	1969	SM55	00:38:34	3.51	00:03:45
20	129		SOFIA	ROBERTO	POL. CIOCIARA ANTONIO FAVA	1973	SM50	00:38:35	3.52	00:03:46
21	153		MINOTTI	ROBERTO	ATL. COLLEFFERRO SEGNI	1972	SM50	00:39:01	3.54	00:04:12
22	5		BERARDI	VALERIO	ASD POFISPORTIVA	2002	M16-22	00:39:08	3.55	00:04:19
23	26		DE ANGELIS	GIULIO	ATL. COLLEFFERRO SEGNI	1978	SM45	00:39:19	3.56	00:04:30
24	128		SOFIA	RICCARDO	POL. CIOCIARA ANTONIO FAVA	2004	M16-22	00:39:23	3.56	00:04:34
25	88		CANNIZZARO	OMAR	POL. ATLETICA CEPRANO	1981	SM40	00:39:27	3.57	00:04:38
26	127		SACCUCCI	MASSIMILIANO	POL. CIOCIARA ANTONIO FAVA	1971	SM50	00:39:28	3.57	00:04:39
27	107		CANCELLI	FILIPPO	POL. CIOCIARA ANTONIO FAVA	1983	SM40	00:39:30	3.57	00:04:41
28	8		VOVA	GINO	A.S.D. LIRI RUNNERS	1972	SM50	00:39:31	3.57	00:04:42
29	84		ROSSINI	MICHELE	A.S.D. LIRI RUNNERS	1968	SM55	00:39:35	3.58	00:04:46
30	76		GERMENIA	STEFANO	ERNICA VEROLI	1969	SM55	00:39:40	3.58	00:04:51
31	152		BRACAGLIA MORANTE	GIANLUCA	ASD ATLETICA FERENTINO	1968	SM55	00:39:49	3.59	00:05:00
32	54		TILLI	DANIELE	CASTRO RUNNING	1996	SM23	00:39:54	3.59	00:05:05
33	161		PARLATI	ANDREA	RUNCARD	1979	SM45	00:39:58	4.00	00:05:09
34	51		DE GIULI	DANIELE	CASTRO RUNNING	1998	SM23	00:40:01	4.00	00:05:12
35	111		DI BENEDETTO	ANDREA	POL. CIOCIARA ANTONIO FAVA	1986	SM35	00:40:18	4.02	00:05:29
36	133		ZEOLLA	LORENZO DOMENICO	POL. CIOCIARA ANTONIO FAVA	1973	SM50	00:40:27	4.03	00:05:38
37	146		VISOCCHI	ROBERTO	RUNCARD	1970	SM50	00:40:43	4.04	00:05:54
38	45		BASILE	ALESSANDRO	ASD ATLETICA FERENTINO	1973	SM50	00:40:47	4.05	00:05:58
39	148		SANTARPIA	ANDREA	A.S.D. JANULA SPORT	1989	SM35	00:40:49	4.05	00:06:00
40	121		MORETTI	GIUSEPPE	POL. CIOCIARA ANTONIO FAVA	1980	SM40	00:41:05	4.07	00:06:16
41	134		BERICO	ANDREA	RUNCARD	1988	SM35	00:41:30	4.09	00:06:41
42	59		ANTICOLI	PAOLO	ASD ENDURANCE TRAINING	1980	SM40	00:41:38	4.10	00:06:49
43	44		EVANGELISTI	DANIEL	ASD ATL.CITTA' DEI PAPI ANAGNI	1986	SM35	00:42:42	4.16	00:07:53
44	113	F	DI MAURO	SIMONA	POL. CIOCIARA ANTONIO FAVA	1970	SF50	00:42:50	4.17	00:08:01
45	122		PARISI	MAGNO ROBERTO	POL. CIOCIARA ANTONIO FAVA	1961	SM60	00:42:50	4.17	00:08:01
46	89		CECCACCI	MATTEO	POL. ATLETICA CEPRANO	1994	SM23	00:43:04	4.18	00:08:15
47	7		CECCACCI	SANDRO	POL. ATLETICA CEPRANO	1970	SM50	00:43:05	4.19	00:08:16
48	136		FERRANTE	MATTIA	RUNCARD	1996	SM23	00:43:15	4.20	00:08:26
49	149		FOLCARELLI	TOMMASO	ATLETICA ARCE	1990	SM23	00:43:53	4.23	00:09:04
50	55		GROSSI	FRANCESCO	CUS CASSINO	2008	M16-22	00:43:55	4.24	00:09:06
51	58		REALI	DANIELE	EDILSCAVI ASD	1972	SM50	00:44:09	4.25	00:09:20
52	144		SPINELLI	DARIO	RUNCARD	1995	SM23	00:44:24	4.26	00:09:35
53	101		ROMANO	LUIGI	POL. ATLETICA CEPRANO	1968	SM55	00:44:29	4.27	00:09:40
54	114		DI PALMA	AGOSTINO	POL. CIOCIARA ANTONIO FAVA	1956	SM65	00:44:31	4.27	00:09:42
55	143		SAVO	GIUSEPPE	RUNCARD	1979	SM45	00:44:33	4.27	00:09:44
56	106		BARILONE	GIANFRANCO	POL. CIOCIARA ANTONIO FAVA	1971	SM50	00:44:35	4.28	00:09:46
57	22		RIZZI	ANTONIO	TORRICE RUNNERS	1978	SM45	00:44:40	4.28	00:09:51
58	94		FIGORE	EMILIANO	POL. ATLETICA CEPRANO	1977	SM45	00:44:43	4.28	00:09:54
59	29		ANTONELLI	BERNARD	ATLETICA ARCE	1966	SM55	00:44:51	4.29	00:10:02
60	30		DI PALMA	GIANCARLO	ATLETICA ARCE	1972	SM50	00:45:05	4.31	00:10:16
61	125		PULCINELLI	FABRIZIO	POL. CIOCIARA ANTONIO FAVA	1968	SM55	00:45:08	4.31	00:10:19
62	70		PERSICILLI	DANIELE	ASD ENDURANCE TRAINING	1986	SM35	00:45:13	4.31	00:10:24
63	23		SCACCIA	FILIPPO	TORRICE RUNNERS	2005	M16-22	00:45:28	4.33	00:10:39
64	102		SALENTO	VINCENZO	POL. ATLETICA CEPRANO	1964	SM60	00:45:31	4.33	00:10:42
65	82		POLSINELLI	STEFANO	A.S.D. LIRI RUNNERS	1953	SM70	00:45:44	4.34	00:10:55
66	12	F	FIORINI	PAOLA	ASD ATLETICA FERENTINO	1979	SF45	00:45:46	4.35	00:10:57

67	31		FOLCARELLI	PIERLUIGI	ATLETICA ARCE	1987	SM35	00:46:29	4.39	00:11:40
68	132		VIATTI	ROCCO	POL. CIOCIARA ANTONIO FAVA	1968	SM55	00:46:33	4.39	00:11:44
69	138		GLORIA BERENGHI	MATTIA	RUNCARD	2003	M16-22	00:46:40	4.40	00:11:51
70	110		COZZOLINO	ANTONIO	POL. CIOCIARA ANTONIO FAVA	1964	SM60	00:46:43	4.40	00:11:54
71	86		BRUNI	DANILO	POL. ATLETICA CEPRANO	1983	SM40	00:46:54	4.41	00:12:05
72	52		DE PAOLIS	ALESSIO	CASTRO RUNNING	1994	SM23	00:47:00	4.42	00:12:11
73	53		DE SANTIS	ALESSANDRO	CASTRO RUNNING	1992	SM23	00:47:01	4.42	00:12:12
74	130	F	SPICA	NAUSICA	POL. CIOCIARA ANTONIO FAVA	1972	SF50	00:47:36	4.46	00:12:47
75	93		DE LELLIS	GIANCARLO	POL. ATLETICA CEPRANO	1968	SM55	00:47:37	4.46	00:12:48
76	142	F	SALIMEI	ELISABETTA	POL. CIOCIARA ANTONIO FAVA	1971	SF50	00:47:58	4.48	00:13:09
77	18		BORZACCHINI	EMILIANO	A.S.D. FROSINONE SPORT	1976	SM45	00:48:00	4.48	00:13:11
78	124		PROIA	VINCENZO	POL. CIOCIARA ANTONIO FAVA	1953	SM70	00:48:06	4.49	00:13:17
79	35		SISTI	STEFANO	ATLETICA ARCE	1984	SM40	00:48:10	4.49	00:13:21
80	80		MARZIALE	FEDERICO	A.S.D. LIRI RUNNERS	1975	SM45	00:48:12	4.49	00:13:23
81	100	F	PINCHERA	ANTONELLA	POL. ATLETICA CEPRANO	1983	SF40	00:48:16	4.50	00:13:27
82	42		MATTONE	VINCENZO	ATLETICA CECCANO	1964	SM60	00:48:44	4.52	00:13:55
83	46		BIANCO	ENZO RAFFAELE	BIANCO MODA SPORT CIAMPINO ASD	1963	SM60	00:48:57	4.54	00:14:08
84	11		CIANGOLA	EMANUELE	ASD ATLETICA FERENTINO	1976	SM45	00:49:02	4.54	00:14:13
85	116	F	FANTACCIONE	LAURA	POL. CIOCIARA ANTONIO FAVA	1975	SF45	00:49:04	4.54	00:14:15
86	39		EDOARDI	ANTONINO	ATLETICA CECCANO	1972	SM50	00:49:07	4.55	00:14:18
87	57		DELL'UOMO	STEFANO	EDILSCAVI ASD	1983	SM40	00:49:15	4.56	00:14:26
88	155		ANTONUCCI	LUCIANO	STILE LIBERO I CICLOPI	1964	SM60	00:49:24	4.56	00:14:35
89	104	F	SIMONELLI	SIMONA	POL. ATLETICA CEPRANO	1981	SF40	00:49:27	4.57	00:14:38
90	109		COGUZZOLI	PATRIZIO	POL. CIOCIARA ANTONIO FAVA	1975	SM45	00:49:34	4.57	00:14:45
91	126	F	RICCIARDI	EMMA	POL. CIOCIARA ANTONIO FAVA	1974	SF50	00:49:34	4.57	00:14:45
92	131	F	SPINU	VERONICA	POL. CIOCIARA ANTONIO FAVA	1983	SF40	00:49:35	4.58	00:14:46
93	99		PARENTE	ANDREA	POL. ATLETICA CEPRANO	1977	SM45	00:49:49	4.59	00:15:00
94	115	F	DI SOTTO	EMANUELA	POL. CIOCIARA ANTONIO FAVA	1974	SF50	00:49:52	4.59	00:15:03
95	117		FERDINANDI	LUIGI	POL. CIOCIARA ANTONIO FAVA	1966	SM55	00:49:53	4.59	00:15:04
96	24		SERESINI	FRANCESCO	TORRICE RUNNERS	1973	SM50	00:49:54	4.59	00:15:05
97	48		NERONI	ROBERTO	BIANCO MODA SPORT CIAMPINO ASD	1965	SM55	00:49:55	5.00	00:15:06
98	123		POMPONIO	PIETRO	POL. CIOCIARA ANTONIO FAVA	1956	SM65	00:50:11	5.01	00:15:22
99	98		PALLADINO	MICHELANGELO	POL. ATLETICA CEPRANO	1955	SM65	00:50:16	5.02	00:15:27
100	154		ACETO	GIOVANNI	ORO FANTASY	1954	SM70	00:50:24	5.02	00:15:35
101	120		MELEO	TOMMASO	POL. CIOCIARA ANTONIO FAVA	1961	SM60	00:50:34	5.03	00:15:45
102	137		GIOVANNONE	RICCARDO	RUNCARD	1992	SM23	00:50:36	5.04	00:15:47
103	150		FRAIOLI	TERENZIO	POL. CIOCIARA ANTONIO FAVA	1968	SM55	00:50:38	5.04	00:15:49
104	118		FOLCARELLI	TOMMASO	POL. CIOCIARA ANTONIO FAVA	1970	SM50	00:50:48	5.05	00:15:59
105	141		MINGARELLI	MAURIZIO	RUNCARD	1974	SM50	00:50:53	5.05	00:16:04
106	27		ALONZI	PAOLO	ATLETICA ARCE	1966	SM55	00:51:01	5.06	00:16:12
107	41		LEO	MARIO	ATLETICA CECCANO	1962	SM60	00:51:06	5.07	00:16:17
108	90		COLASANTI	MARCO	POL. ATLETICA CEPRANO	1974	SM50	00:51:12	5.07	00:16:23
109	140		LOMBARDI	FRANCESCO	RUNCARD	1996	SM23	00:51:12	5.07	00:16:23
110	83		RINNA	ADRIANO	A.S.D. LIRI RUNNERS	1969	SM55	00:51:13	5.07	00:16:24
111	81		PERNA	MARCO	A.S.D. LIRI RUNNERS	1992	SM23	00:51:14	5.07	00:16:25
112	85		SARDELLITTI	MARCO	A.S.D. LIRI RUNNERS	1980	SM40	00:51:14	5.07	00:16:25
113	151		BRACAGLIA	VINCENZINO	RUNCARD	1951	SM70	00:51:54	5.11	00:17:05
114	62		BUFOLI	FRANCESCO	ASD ENDURANCE TRAINING	1963	SM60	00:52:12	5.13	00:17:23
115	47		BOCCHETTI	VALTER	BIANCO MODA SPORT CIAMPINO ASD	1958	SM65	00:52:32	5.15	00:17:43
116	91		COLATOSTI	ANGELO	POL. ATLETICA CEPRANO	1966	SM55	00:52:34	5.15	00:17:45
117	32	F	MARCUCCILLI	NICOLETTA	ATLETICA ARCE	1980	SF40	00:52:48	5.17	00:17:59
118	34		SERA	GIANMARCO	ATLETICA ARCE	1974	SM50	00:52:49	5.17	00:18:00
119	160		MASI	ANDREA	ATLETICA CECCANO	1978	SM45	00:52:55	5.18	00:18:06
120	49		SERAFINI	STEFANO	BIANCO MODA SPORT CIAMPINO ASD	1967	SM55	00:53:02	5.18	00:18:13
121	79		PERONTI	DAVIDE	IL CORRIDORE RUNNING CLUB ASD	1985	SM35	00:53:31	5.21	00:18:42
122	96		MORETTI	PAOLO	POL. ATLETICA CEPRANO	1968	SM55	00:53:34	5.21	00:18:45
123	147		COCCARELLI	CARLO	IL CORRIDORE RUNNING CLUB ASD	1958	SM65	00:53:35	5.22	00:18:46
124	36		TUDINO	LUCA	ATLETICA ARCE	1986	SM35	00:53:39	5.22	00:18:50
125	77		COLIZZA	GIANLUCA	G.S. AVEZZANO	1970	SM50	00:53:46	5.23	00:18:57
126	108	F	CENTOFANTE	MONICA	POL. CIOCIARA ANTONIO FAVA	1976	SF45	00:54:01	5.24	00:19:12
127	40	F	GARCIA	LUCRECIA	ATLETICA CECCANO	1959	SF65	00:54:23	5.26	00:19:34
128	66		MARTELLUZZI	MAURIZIO	ASD ENDURANCE TRAINING	1971	SM50	00:55:09	5.31	00:20:20
129	87		CAMPAGNA	GABRIELE	POL. ATLETICA CEPRANO	2001	SM23	00:55:11	5.31	00:20:22
130	10		VINCENZI	MAURIZIO	ASD POFISPORTIVA	1970	SM50	00:55:18	5.32	00:20:29
131	64		IANNI	ANDREA	ASD ENDURANCE TRAINING	1985	SM35	00:56:23	5.38	00:21:34
132	21		NOCE	ENRICO	TORRICE RUNNERS	1972	SM50	00:56:33	5.39	00:21:44
133	19		MORICONI	FAUSTINO	TORRICE RUNNERS	1963	SM60	00:56:40	5.40	00:21:51
134	37		ARDUINI	ROBERTO	ATLETICA CECCANO	1964	SM60	00:57:20	5.44	00:22:31
135	43		SOLLI	WALTER	ATLETICA CECCANO	1958	SM65	00:58:16	5.50	00:23:27
136	17		PUCA	ANIELLO	ASD ATLETICA FERENTINO	1969	SM55	00:58:27	5.51	00:23:38
137	156		ANGELETTI	INDALEZIO	IL CORRIDORE RUNNING CLUB ASD	1962	SM60	01:00:01	6.00	00:25:12
138	33	F	SERA	BRUNELLA	ATLETICA ARCE	1967	SF55	01:00:02	6.00	00:25:13
139	105		ABBATECOLA	FABIO	POL. CIOCIARA ANTONIO FAVA	1973	SM50	01:02:51	6.17	00:28:02
140	20		NOBILI	GIAMPIERO	TORRICE RUNNERS	1985	SM35	01:03:45	6.23	00:28:56
141	65		INCELLI	ANTONIO	ASD ENDURANCE TRAINING	1968	SM55	01:06:12	6.37	00:31:23
142	60		BAGNATI	DIEGO	ASD ENDURANCE TRAINING	1976	SM45	01:06:12	6.37	00:31:23
143	73	F	TRIBIOLI	MARTA	ASD ENDURANCE TRAINING	1977	SF45	01:06:14	6.37	00:31:25
144	61		BALDESI	LUIGI	ASD ENDURANCE TRAINING	1976	SM45	01:06:14	6.37	00:31:25

145	67	F	MARTIGNANI	MARILENA	ASD ENDURANCE TRAINING	1954	SF65	01:06:15	6.38	00:31:26
146	6		DI CICCIO	DAVIDE	POL. CIOCIARA ANTONIO FAVA	2002	M16-22	01:06:33	6.39	00:31:44
147	103		SEGRETO	FRANCO	POL. ATLETICA CEPRANO	1955	SM65	01:11:09	7.07	00:36:20
148	63		FABRIZI	GIOVANNI	ASD ENDURANCE TRAINING	1943	SM80	01:14:46	7.29	00:39:57
149	25		ROCCA	EMANUELE	ASD ATINA TRAIL RUNNING	1971	SM50	01:22:23	8.14	00:47:34