

## CLASSIFICA ASSOLUTA

## 6ª EDIZIONE DELLA "CARDIORACE"

ROMA - 02/10/2022

GARA PODISTICA SU STRADA DI KM. 16,760

DAL SITO AZPODISMO - IL SITO DI ANDREA ZACCARI - WWW.AZPODISMO.IT

POS.	M/F	COGNOME	NOME	SOCIETA'	CAT.	TEMPO	MEDIA/KM	DISTACCO
1		LIBERATORE	DOMENICO	PODISTICA SOLIDARIETA'	SM40	0:57:28	3.26	
2		CARBOTTI	PIETRO	ASD RUNNERS TEAM COLLEFFERRO - COD. RS036	SM45	0:58:26	3.29	00:00:58
3		BARBARO	LEONE MARIA	A.S.D. PIANO MA ARRIVIAMO	SM	0:58:26	3.29	00:00:58
4		CARLONI	EMILIANO	A.S.D. PIANO MA ARRIVIAMO	SM40	0:58:46	3.30	00:01:18
5		IACOVONE	DIEGO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM35	0:58:50	3.31	00:01:22
6		MENNA	MANUEL	ASD PODISTICA 2007 TORTRETESTE - COD. RM	SM40	1:01:46	3.41	00:04:18
7		TEDESCO	LORENZO	ATL. SABATINA - COD. RM005	SM35	1:03:15	3.46	00:05:47
8		PORCELLI	STEFANO	PODISTICA SOLIDARIETA'	SM35	1:03:28	3.47	00:06:00
9		DI MARZO	LUCA	PODISTICA SOLIDARIETA'	SM40	1:04:04	3.49	00:06:36
10		LEONE	MARTINO	ASD ATLETICA LA SBARRA - COD. RM1	SM55	1:04:13	3.50	00:06:45
11		PITOCO	MIRCO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM40	1:04:36	3.51	00:07:08
12		D'AVERSA	MATTEO	ATL. COLLEFFERRO SEGNI - COD. RS013	SM35	1:05:17	3.54	00:07:49
13	F	BOEV	BIANCAMARIA	ATL. ROMA ACQUACETOSA - COD. RM161	PF	1:05:23	3.54	00:07:55
14		PAVONE	ANTONIO	ASD ROMATLETICA - COD. RM232	SM40	1:05:46	3.55	00:08:18
15		GALATI	GIOVANNI	RINCORRO ASD	SM40	1:06:16	3.57	00:08:48
16		BOMBINI	GIANCARLO	PODISTICA SOLIDARIETA'	SM50	1:06:52	3.59	00:09:24
17		GAMBACORTA	FRANCESCO	GSBR - COD. RM041	PM	1:08:47	4.06	00:11:19
18		SVALUTO MOREOLO	MATTEO	LBM SPORT TEAM	SM	1:08:55	4.07	00:11:27
19		MARTELLUCCI	ENRICO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM40	1:09:23	4.08	00:11:55
20		ABATE	DOMENICO	CAT SPORT ROMA	SM45	1:09:26	4.09	00:11:58
21		CAPUANO	ANTONIO	PODISTICA SOLIDARIETA'	SM55	1:09:38	4.09	00:12:10
22		RUSSILLO	MAURIZIO	SSD RUNNER TRAINER A R.L. - COD. RM281	SM40	1:09:39	4.09	00:12:11
23		VENDOLA	FABIO	RUNCARD	SM50	1:09:47	4.10	00:12:19
24		CASTELLUCCIO	PINO	PODISTICA SOLIDARIETA'	SM50	1:09:54	4.10	00:12:26
25		CALISTI	MARCO	PODISTICA SOLIDARIETA'	SM40	1:10:17	4.12	00:12:49
26		ARELLANO	CARLOS IVAN	CAT SPORT ROMA	SM50	1:10:17	4.12	00:12:49
27	F	ROMEO	SILVIA	X-SOLID SPORT LAB ASD - COD. RM369	SF35	1:10:17	4.12	00:12:49
28		ARMETI	PIERLUIGI	A.S.D. PIANO MA ARRIVIAMO	SM45	1:10:54	4.14	00:13:26
29		MARGARIT	ROBERTO	JALMICCO CORSE ASSOCIAZIONE SP - COD. UD	SM50	1:11:29	4.16	00:14:01
30		CAPOCCI	ALESSIO	VILLA AURELIA SPORTING CLUB - COD. RM	SM40	1:11:46	4.17	00:14:18
31		VENTURA	ALESSANDRO	PODISTICA SOLIDARIETA'	SM45	1:12:29	4.19	00:15:01
32		LIONETTI	STEFANO	RUNNERS FOR EMERGENCY	SM50	1:12:42	4.20	00:15:14
33		MOSTORINO	WILLIAM RIVERA	CAT SPORT ROMA	SM45	1:12:50	4.21	00:15:22
34		LORENZINI	LUIGINO	G.S. INTERFORZE TORINO - COD. TO221	SM45	1:13:28	4.23	00:16:00
35		DE MASSIMI	MICHELE	RUNCARD	SM40	1:13:34	4.23	00:16:06
36		GIORGI	DAVID	PODISTICA SOLIDARIETA'	SM40	1:13:35	4.23	00:16:07
37		MONTECOLLE	DARIO	RUNCARD	SM50	1:13:46	4.24	00:16:18
38		CASINI	GIOVANNI	ATL. MONTE MARIO - COD. RM017	SM55	1:13:52	4.24	00:16:24
39		SIMONELLI	MARCO	RUNCARD	SM50	1:13:57	4.25	00:16:29
40		ISCARO	LUCA	PODISTICA SOLIDARIETA'	SM35	1:14:01	4.25	00:16:33
41		RAIDICH	ROBERTO	ASD PODISTICA 2007 TORTRETESTE - COD. RM	SM45	1:14:20	4.26	00:16:52
42		FANELLA	STEFANO	PODISTICA SOLIDARIETA'	SM55	1:14:29	4.27	00:17:01
43		NANNI	SIMONE	ATLETICOM ASD - COD. RM276	SM40	1:14:41	4.27	00:17:13
44		FUSARO	AMEDEO	A.S.D. ATLETICA CAROVIGNO - COD. BR143	SM40	1:14:48	4.28	00:17:20
45		GALIENI	LORENZO	ASD MEDITERRANEA RM 125	SM35	1:14:49	4.28	00:17:21
46		BUONGIORNO	JACOPO	SSD RUNNER TRAINER A R.L. - COD. RM281	SM	1:15:17	4.30	00:17:49
47		MARINELLI	CLAUDIO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM65	1:15:45	4.31	00:18:17
48		BOSCHETTI	MAURO	A.S.D. PIANO MA ARRIVIAMO	SM55	1:15:56	4.32	00:18:28
49		CAGLIOTI	STEFANO	RUNCARD	SM35	1:16:19	4.33	00:18:51
50	F	MENESATTI	ELISABETTA	LBM SPORT TEAM	SF55	1:16:31	4.34	00:19:03
51		DE ROSA	DANIELE	CAT SPORT ROMA	SM50	1:16:44	4.35	00:19:16
52		RASILE	MAURIZIO	PODISTICA SOLIDARIETA'	SM50	1:16:46	4.35	00:19:18
53		PIERMATTEI	MARCO	ASD MEDITERRANEA RM 125	SM35	1:16:48	4.35	00:19:20
54		D'AMICO	MASSIMO	LBM SPORT TEAM	SM55	1:16:50	4.35	00:19:22
55		LODI	MARCO	LBM SPORT TEAM	SM50	1:16:50	4.35	00:19:22
56		CERZA	FRANCESCO	G.S. CAT SPORT ROMA - COD. RM189	SM	1:16:54	4.35	00:19:26
57		ALBERO	MICHELE	A.S.D. PIANO MA ARRIVIAMO	SM45	1:17:00	4.36	00:19:32
58	F	GIULIANI	SARA	A.S.D. PIANO MA ARRIVIAMO	SF40	1:17:00	4.36	00:19:32
59		MOSCONI	FEDERICO	G.S. CAT SPORT ROMA - COD. RM189	SM35	1:17:01	4.36	00:19:33
60		CIARCIA	FABIO	PODISTICA SOLIDARIETA'	SM45	1:17:05	4.36	00:19:37
61		GALEAZZI	ALESSANDRO	PODISTICA SOLIDARIETA'	SM55	1:17:23	4.37	00:19:55
62		LA FARINA	RICCARDO	PODISTICA SOLIDARIETA'	SM40	1:17:46	4.38	00:20:18
63		ASTORI	WALTER	GSBR - COD. RM041	SM40	1:17:49	4.39	00:20:21
64		DI CARLO	SIMONE	G.S. CAT SPORT ROMA - COD. RM189	SM35	1:18:16	4.40	00:20:48
65		RUSSO	ROBERTO	RUNNERS FOR EMERGENCY	SM45	1:18:18	4.40	00:20:50
66		RAMPELLO	ALESSIO	PODISTICA SOLIDARIETA'	SM	1:18:20	4.40	00:20:52
67		MICHELI	FRANCESCO	PODISTICA SOLIDARIETA'	SM45	1:18:52	4.42	00:21:24
68		IUELE	ANTONIO	RUNCARD	SM45	1:18:58	4.43	00:21:30
69		MARGOTTI	PAOLO	RUN & SMILE ASD	SM55	1:19:07	4.43	00:21:39

70		GOLLETTI	GUIDO	LBM SPORT TEAM	SM	1:19:16	4.44	00:21:48
71		GABRIELLI	ADRIANO	RUNCARD	SM55	1:19:18	4.44	00:21:50
72	F	PERILLI	LUCIA	PODISTICA SOLIDARIETA'	SF50	1:19:18	4.44	00:21:50
73	F	DI POPPA	ELENA	PODISTICA SOLIDARIETA'	SF45	1:19:25	4.44	00:21:57
74		GIANGIULIO	WALTER	VILLA AURELIA SPORTING CLUB - COD. RM	SM40	1:19:26	4.44	00:21:58
75		ADDELIO	PIETRO VINCENZO	A.S.D. PIANO MA ARRIVIAMO	SM60	1:19:41	4.45	00:22:13
76		GABRIELI FRANCESCATO	MODESTO	A.S.D. ATL. ENERGIA ROMA - COD. RM600	SM45	1:19:52	4.46	00:22:24
77		LAZZARI	ANDREA	CAFFARELLA RUNNERS	SM40	1:19:55	4.46	00:22:27
78		PAOLUCCI	MAURIZIO	RUNCARD	SM60	1:19:58	4.46	00:22:30
79	F	CISTRIANI	ANGELA	ASD MEDITERRANEA RM 125	SF40	1:20:00	4.46	00:22:32
80		PERIS CANCIO	LLUIS FRANCESC	PODISTICA SOLIDARIETA'	SM50	1:20:21	4.48	00:22:53
81		BIANCHI	AMEDEO	A.S.D. ATLETICA SABAUDIA - COD. LT310	SM55	1:20:35	4.48	00:23:07
82		MARINUCCI	DANIELE	PODISTICA SOLIDARIETA'	SM40	1:20:45	4.49	00:23:17
83		GIANNETTI	MARCO	VILLA AURELIA SPORTING CLUB - COD. RM	SM40	1:21:06	4.50	00:23:38
84		NUCCITELLI	DANILO	RUNCARD	SM45	1:21:53	4.53	00:24:25
85	F	PINNA	SILVIA	RINCORRO ASD	SF45	1:21:53	4.53	00:24:25
86		AVALLONE	ALESSANDRO	CALCATERRA SPORT ASD - COD. RM267	SM40	1:21:57	4.53	00:24:29
87		CICCONI	ALESSIO	RUNCARD	SM35	1:22:06	4.54	00:24:38
88		FERRI	ANDREA	PODISTICA SOLIDARIETA'	SM40	1:22:29	4.55	00:25:01
89		VOZZOLO	ANTONIO	RUNNERS FOR EMERGENCY	SM60	1:22:29	4.55	00:25:01
90		COLASANTI	ROBERTO	RUNCARD	SM50	1:22:40	4.56	00:25:12
91		CONSARINO	UMBERTO	LBM SPORT TEAM	SM60	1:22:49	4.56	00:25:21
92		IACOBONE	GIUSEPPE	LBM SPORT TEAM	SM45	1:22:59	4.57	00:25:31
93	F	DI MURRO	FEDERICA	PODISTICA SOLIDARIETA'	SF	1:22:59	4.57	00:25:31
94		IACOVACCI	MICHELE	A.S.D. ATL. VILLA GUGLIELMI - COD. RM19	SM50	1:23:15	4.58	00:25:47
95		ADDATI	MASSIMILIANO	SPORT TEAM TRIGORIA ASD	SM60	1:23:16	4.58	00:25:48
96		TENORIO	JOHN MICHEAL PRUDE	RUNCARD	SM	1:23:25	4.59	00:25:57
97		DOLCE	FERDINANDO	ACSI ITALIA ATLETICA	SM40	1:23:32	4.59	00:26:04
98		BONFIGLIO	DOMENICO	PODISTICA SOLIDARIETA'	SM50	1:23:32	4.59	00:26:04
99		MARANO	ANGELO	CAT SPORT ROMA	SM50	1:23:39	4.59	00:26:11
100		SPACCAROTELLA	FRANCESCO	G.S. CAT SPORT ROMA - COD. RM189	SM50	1:23:39	4.59	00:26:11
101		DE FRANCESCO	ADRIANO	RUNCARD	SM40	1:23:50	5.00	00:26:22
102	F	FLORIO	FRANCESCA ROMANA	RUN & SMILE ASD	SF35	1:23:52	5.00	00:26:24
103		DI TOMMASO	MARCO	ATLETICOM ASD - COD. RM276	SM55	1:23:53	5.00	00:26:25
104		MASA	GIUSEPPE	LBM SPORT TEAM	SM55	1:24:07	5.01	00:26:39
105		GALLOTTI	EDOARDO	PODISTICA SOLIDARIETA'	SM55	1:24:19	5.02	00:26:51
106		D'ARPINO	MASSIMILIANO	A.S.D. TRA LE RIGHE - COD. RM103	SM40	1:24:22	5.02	00:26:54
107		BUOVOLO	FULVIO	CAFFARELLA RUNNERS	SM45	1:24:23	5.02	00:26:55
108		COLOMBU	EMANUELE	TIBURTINA RUNNING ROMA A.S.D. - COD. RM3	SM45	1:24:26	5.02	00:26:58
109		FAINELLI	EMANUELE	PODISTICA SOLIDARIETA'	SM40	1:24:26	5.02	00:26:58
110	F	BARTOLONI	SARA	PODISTICA SOLIDARIETA'	SF40	1:24:38	5.03	00:27:10
111		MARENCO	YARI	LBM SPORT TEAM	SM45	1:24:38	5.03	00:27:10
112		GIORI	PAOLO	REALE STATO DEI PRESIDI - COD. GR467	SM65	1:24:41	5.03	00:27:13
113	F	SORIANI	FEDERICA	RINCORRO ASD	SF50	1:24:46	5.03	00:27:18
114		D'ALESSIO	DENIS	RUNCARD	SM35	1:24:47	5.04	00:27:19
115	F	SALOMONE	SIMONETTA	PODISTICA SOLIDARIETA'	SF55	1:24:49	5.04	00:27:21
116	F	DANTE	FRANCESCA	A.S.D. PIANO MA ARRIVIAMO	SF50	1:25:09	5.05	00:27:41
117		ACHILLE	GIANLUCA	A.S.D. PIANO MA ARRIVIAMO	SM50	1:25:10	5.05	00:27:42
118		D'ALESSIO	ALEXIO	PODISTICA SOLIDARIETA'	SM45	1:25:12	5.05	00:27:44
119		PECORELLA	FABIO	ATL. MONTE MARIO - COD. RM017	SM45	1:25:15	5.05	00:27:47
120		PROIETTI LANCIOTTI	ROBERTO	RUNCARD	SM45	1:25:15	5.05	00:27:47
121		VERSACE	DOMENICO	RUNCARD	SM45	1:25:16	5.05	00:27:48
122		CARÈ	ROBERTO	PODISTICA SOLIDARIETA'	SM45	1:25:18	5.05	00:27:50
123		PALANDRO	FELICE	PODISTICA SOLIDARIETA'	SM60	1:25:19	5.05	00:27:51
124		MACRINI	MARCO	RUNCARD	SM	1:25:31	5.06	00:28:03
125		NUCCI	MARCO	GSBR - COD. RM041	SM35	1:25:35	5.06	00:28:07
126		TINELLA	GIOVANNI	RUNCARD	SM	1:25:37	5.07	00:28:09
127		MOLINARI	MASSIMO	RUNCARD	SM55	1:25:37	5.07	00:28:09
128	F	MASSI	RITA	GRUPPO MILLEPIEDI - COD. RM321	SF50	1:25:41	5.07	00:28:13
129		BENINCASA	MARIO	RUNNERS FOR EMERGENCY	SM55	1:25:43	5.07	00:28:15
130		SECHI	DANIELE	RUNCARD	SM40	1:25:48	5.07	00:28:20
131		MILLOZZA	GIOVANNI BATTISTA	A.S. AMATORI VILLA PAMPILI - COD. RM141	SM65	1:25:58	5.08	00:28:30
132	F	GENOVESE	MERI	LBM SPORT TEAM	SF45	1:26:09	5.08	00:28:41
133		TORELLI	GIOVANNI BATTISTA	PODISTICA SOLIDARIETA'	SM65	1:26:13	5.09	00:28:45
134		STEFANI	PIERFRANCESCO	ASD ATLETICA SANTA MARINELLA - COD. RM27	SM40	1:26:19	5.09	00:28:51
135		INGHELMANN	RICCARDO	PODISTICA SOLIDARIETA'	SM45	1:26:41	5.10	00:29:13
136		PERRONE CAPANO	MARCO	PODISTICA SOLIDARIETA'	SM60	1:26:46	5.11	00:29:18
137		FELICI	CRISTIAN	LBM SPORT TEAM	SM40	1:26:52	5.11	00:29:24
138		DI BELLA	GIANCARLO	RUNCARD	SM50	1:26:57	5.11	00:29:29
139		CAVARISCHIA	CARMELO	CAT SPORT ROMA	SM45	1:27:00	5.11	00:29:32
140		LONGO	STEFANO	ASD MEDITERRANEA RM 125	SM50	1:27:03	5.12	00:29:35
141		ZINNO	ANTONIO	PODISTICA SOLIDARIETA'	SM50	1:27:21	5.13	00:29:53
142		TIBALDI	GIANLUCA	ASD ATLETICA LA SBARRA - COD. RM1	SM50	1:27:28	5.13	00:30:00
143	F	DE NICTOLIS	ROSANNA	CAFFARELLA RUNNERS	SF55	1:27:28	5.13	00:30:00
144	F	CASALINI	DANIELA	RUNCARD	SF60	1:27:32	5.13	00:30:04
145		FRATINI	MARCO	PODISTICA SOLIDARIETA'	SM55	1:27:36	5.14	00:30:08
146		MORETTI	PAOLO	POL. ATLETICA CEPRANO - COD. FR214	SM50	1:27:46	5.14	00:30:18
147		SCARABATTOLI	MASSIMO	SSD RUNNER TRAINER A R.L. - COD. RM281	SM45	1:27:48	5.14	00:30:20
148		DI RUZZA	RENATO	PODISTICA SOLIDARIETA'	SM40	1:27:49	5.14	00:30:21
149		FREZZA	ANDREA	DUE PONTI SRL - COD. RM129	SM35	1:27:51	5.14	00:30:23

150		MACRI'	GIUSEPPE	PODISTICA SOLIDARIETA'	SM60	1:27:52	5.15	00:30:24
151		CAFALDO	MARCELO SALETE	ASD. ATLETICA CINGOLI - COD. MC035	SM50	1:28:22	5.16	00:30:54
152		SCHINA	MASSIMILIANO	PODISTICA SOLIDARIETA'	SM50	1:28:27	5.17	00:30:59
153	F	FRASCHETTI	BARBARA	PODISTICA SOLIDARIETA'	SF40	1:28:27	5.17	00:30:59
154		REGGIANNINI	DANIELE	PODISTICA SOLIDARIETA'	SM60	1:28:27	5.17	00:30:59
155		PROSPEROCCO	LUCA	PODISTICA SOLIDARIETA'	SM50	1:28:27	5.17	00:30:59
156		VERNILE	ALESSANDRO	CAFFARELLA RUNNERS	SM35	1:28:27	5.17	00:30:59
157		CROBU	GIUSEPPINO	PODISTICA SOLIDARIETA'	SM65	1:28:27	5.17	00:30:59
158		CICCHINELLI	DAVID	RUNCARD	SM35	1:28:33	5.17	00:31:05
159	F	FRATINI	FRANCESCA	PODISTICA SOLIDARIETA'	SF45	1:28:34	5.17	00:31:06
160		MASTRONARDI	GIUSEPPE	A.S.D. VILLA DE SANCTIS - COD. RM032	SM40	1:28:35	5.17	00:31:07
161		SCOTOGNELLA	PAOLO	A.C.S.I. NUMERO TESSERA 15358041	SM40	1:28:38	5.17	00:31:10
162	F	COGNETTI	MICHELA	RUNNERS FOR EMERGENCY	SF35	1:28:38	5.17	00:31:10
163		COSTI	SERGIO	RUNNERS FOR EMERGENCY	SM50	1:28:52	5.18	00:31:24
164		PECORARO	SERGIO	RUNNERS FOR EMERGENCY	SM55	1:28:52	5.18	00:31:24
165		BIANCHI	ANDREA	ASD SPARTAN SPORT ACADEMY - COD. RS031	SM50	1:29:01	5.19	00:31:33
166	F	FONTECEDRO	MARIA CRISTINA	A.S.D. PIANO MA ARRIVIAMO	SF45	1:29:04	5.19	00:31:36
167		VITALI	AMLETO	RUN & SMILE ASD	SM50	1:29:11	5.19	00:31:43
168		PANIMOLLE	GIUSEPPE	RUNCARD	SM40	1:29:17	5.20	00:31:49
169		PALUZZI	ANDREA	PODISTICA SOLIDARIETA'	SM45	1:29:21	5.20	00:31:53
170		MARAI	DANIELE	RUNCARD	SM35	1:29:44	5.21	00:32:16
171	F	MANETTI	LIVIA	LBM SPORT TEAM	SF45	1:29:54	5.22	00:32:26
172		ANTONICELLI	STEFANO	ASD ESERCITO CECCHIGNOLA	SM60	1:29:57	5.22	00:32:29
173		GIOVAGNOLI	GIORDANO	A.S.D. PIANO MA ARRIVIAMO	SM50	1:30:04	5.22	00:32:36
174		PANZERI	DARIO	ATLETICA IL COLLE ASD - COD. PG079	SM40	1:30:08	5.23	00:32:40
175		MANETTA	ANDREA	PODISTICA SOLIDARIETA'	SM	1:30:14	5.23	00:32:46
176	F	CIACCIA	CHIARA	PODISTICA SOLIDARIETA'	SF45	1:30:20	5.23	00:32:52
177		SPAZIANI	MASSIMILIANO	RUNCARD	SM50	1:30:24	5.24	00:32:56
178	F	STACHOWICZ	EDYTA BARBARA	G.S. CAT SPORT ROMA - COD. RM189	SF35	1:30:24	5.24	00:32:56
179		PERUZZI	FABIO	RUNCARD	SM40	1:30:34	5.24	00:33:06
180	F	BATTISTA	SABRINA	RUNCARD	SF45	1:30:36	5.24	00:33:08
181		LUZZI	CONCETTO	ASD LAZIO OLIMPIA RUNNERS TEAM - COD. RM	SM55	1:30:41	5.25	00:33:13
182	F	JHONSON	ELISABHET	CAT SPORT ROMA	SF40	1:30:43	5.25	00:33:15
183	F	BUSTOS	GABRIELA MARIANA	RINCORRO ASD	SF50	1:30:51	5.25	00:33:23
184		LENZA	SALVATORE	LBM SPORT TEAM	SM50	1:30:52	5.25	00:33:24
185	F	DELLA BELLA	CARLA	A.S.D. PIANO MA ARRIVIAMO	SF65	1:31:00	5.26	00:33:32
186		D'APRILE	ALESSIO	RUNCARD	SM40	1:31:15	5.27	00:33:47
187		TUOZZOLO	GIANLUCA	RUNCARD	SM45	1:31:41	5.28	00:34:13
188		BRUSCHETTI	LEONARDO	X-SOLID SPORT LAB ASD - COD. RM369	SM50	1:31:59	5.29	00:34:31
189	F	PETRELLI	STEFANIA	PODISTICA SOLIDARIETA'	SF45	1:32:03	5.30	00:34:35
190		SARANGO SOTO	HECTOR VIDAL	CAT SPORT ROMA	SM70	1:32:21	5.31	00:34:53
191		CAVOLA	GIUSEPPE	RUNCARD	SM35	1:32:22	5.31	00:34:54
192	F	CIBODDO	GIOVANNA	GSBR - COD. RM041	SF55	1:32:26	5.31	00:34:58
193		ALESSANDRINI	MARCELLO	RUNCARD	SM60	1:32:26	5.31	00:34:58
194	F	CELENTANO	CINZIA	PODISTICA SOLIDARIETA'	SF50	1:32:26	5.31	00:34:58
195	F	LOCANTO	ROSSANA	A.S.D. PIANO MA ARRIVIAMO	SF50	1:32:31	5.31	00:35:03
196	F	GALANTE	SABRINA	A.S.D. PODISTICA PRIMAVALLE - COD. RM377	SF55	1:32:38	5.32	00:35:10
197		PAGNUTTI	FRANCESCO	ASD MEDITERRANEA RM 125	SM35	1:32:46	5.32	00:35:18
198		PARADIES	FABIO	CAT SPORT ROMA	SM	1:32:54	5.33	00:35:26
199	F	TIBERI	ROBERTA	A.S.D. PIANO MA ARRIVIAMO	SF	1:32:58	5.33	00:35:30
200	F	CAVINO	PAMELA	A.S.D. PIANO MA ARRIVIAMO	SF35	1:32:58	5.33	00:35:30
201		MECCIA	ALESSANDRO	A.S.D. PIANO MA ARRIVIAMO	SM40	1:33:11	5.34	00:35:43
202		FUSCO	LIBERATO	PODISTICA SOLIDARIETA'	SM50	1:33:23	5.34	00:35:55
203		MACCARI	FABIO	RUNCARD	SM45	1:33:59	5.36	00:36:31
204		GRANIERI	LUCA MARIA	PODISTICA SOLIDARIETA'	SM55	1:34:00	5.37	00:36:32
205		GRIPPAUDO	PIETRO	PODISTICA SOLIDARIETA'	SM50	1:34:20	5.38	00:36:52
206	F	KOLA	MANUSHAQE	CAT SPORT ROMA	SF35	1:34:28	5.38	00:37:00
207		SERRU	EMILIANO	A.S.D. CAFFARELLA RUNNERS - COD. RM352	SM45	1:34:43	5.39	00:37:15
208		LICATA	FABIO	A.S.D. PIANO MA ARRIVIAMO	SM50	1:34:44	5.39	00:37:16
209		SBURLINO	ALBERTO	PODISTICA SOLIDARIETA'	SM55	1:34:44	5.39	00:37:16
210		DEL TOSTO	ANTONIO	LBM SPORT TEAM	SM60	1:34:48	5.39	00:37:20
211	F	REALI	ILARIA	A.S.D. PIANO MA ARRIVIAMO	SF50	1:34:53	5.40	00:37:25
212	F	BUTTIGLIONE	ROBERTA	RUNCARD	SF45	1:35:04	5.40	00:37:36
213		STRACCIO	STEFANO	LBM SPORT TEAM	SM60	1:35:10	5.41	00:37:42
214		CICCARELLI	SILVIO	RUNNERS FOR EMERGENCY	SM45	1:35:24	5.42	00:37:56
215	F	BENINCASA	ELENA	RUNNERS FOR EMERGENCY	SF55	1:35:27	5.42	00:37:59
216		-	-	-	-	1:35:28	5.42	00:38:00
217		PAGANO	RAFFAELE	GSBR - COD. RM041	SM45	1:35:46	5.43	00:38:18
218		GIOVANNINI	DOMENICO	CORSA DEI SANTI - COD. RM241	SM60	1:36:05	5.44	00:38:37
219	F	MAURO	ROMINA	ROMA ROAD RUNNERS CLUB	SF40	1:36:27	5.45	00:38:59
220	F	ARCELLA	LAURA	LBM SPORT TEAM	SF45	1:36:42	5.46	00:39:14
221		GALLIANI	VITO	PODISTICA SOLIDARIETA'	SM45	1:37:26	5.49	00:39:58
222		ISCARO	DOMENICO	PODISTICA SOLIDARIETA'	SM70	1:37:43	5.50	00:40:15
223		RONCO	GIANLUCA	RUN & SMILE ASD	SM50	1:37:49	5.50	00:40:21
224	F	TOMASSACCI	ALESSIA	CAT SPORT ROMA	SF45	1:37:51	5.50	00:40:23
225	F	PIASTRA	LUANA	PODISTICA SOLIDARIETA'	SF55	1:38:25	5.52	00:40:57
226		ROSOLIN	ALBERTO STEFANO	LBM SPORT TEAM	SM70	1:39:38	5.57	00:42:10
227		OLIVIERI	WILMER	A.S.D. VILLA DE SANCTIS - COD. RM032	SM45	1:40:14	5.59	00:42:46
228		PRIORE	MASSIMO	RUNCARD	SM50	1:40:44	6.01	00:43:16
229		CONTI	MAURIZIO	RUN & SMILE ASD	SM60	1:41:35	6.04	00:44:07

230	F	MENSITIERE	ANGELA	ITALIANA RUNNING A.S.D. - COD. RM370	SF45	1:41:48	6.04	00:44:20
231		ZAPPONE	MARCO	LBM SPORT TEAM	SM50	1:42:12	6.06	00:44:44
232		GRAMIGNA	LUCA	RUNCARD	SM45	1:42:48	6.08	00:45:20
233		ROMEO	GIANFRANCO	PODISTICA SOLIDARIETA'	SM50	1:42:50	6.08	00:45:22
234		CINTIO	LUIGINO	RINCORRO ASD	SM55	1:43:10	6.09	00:45:42
235		CAROZZA	ANTONIO	ATLETICA PEGASO - COD. RM244	SM55	1:43:23	6.10	00:45:55
236		IAMPIERI	LUIGI	CAFFARELLA RUNNERS	SM55	1:43:40	6.11	00:46:12
237	F	CEPARANO	ANTONELLA	RUNCARD	SF55	1:43:50	6.12	00:46:22
238	F	GRILLETTO	STEFANIA	ATLETICOM ASD - COD. RM276	SF45	1:44:04	6.13	00:46:36
239	F	SCIARRETTA	ROBERTA	ATLETICOM ASD - COD. RM276	SF40	1:44:04	6.13	00:46:36
240	F	DI GIROLAMO	FABIANA	ATLETICOM ASD - COD. RM276	SF50	1:44:04	6.13	00:46:36
241	F	BONELLI	BARBARA	RUNNERS FOR EMERGENCY	SF50	1:44:23	6.14	00:46:55
242		DINNELLA	NICOLA	GSBR - COD. RM041	SM45	1:44:28	6.14	00:47:00
243		PIERGALLINI	STEFANO	RUN & SMILE ASD	SM50	1:44:47	6.15	00:47:19
244	F	SCALA	GIUSEPPINA	PODISTICA SOLIDARIETA'	SF55	1:44:59	6.16	00:47:31
245		CAVALLUCCI	MASSIMO	PODISTICA SOLIDARIETA'	SM65	1:45:04	6.16	00:47:36
246		LISTA	ANTONIO	PODISTICA SOLIDARIETA'	SM65	1:45:05	6.16	00:47:37
247	F	SPINOZZI	FRANCESCA	LBM SPORT TEAM	SF45	1:45:08	6.16	00:47:40
248	F	LIGIA	LAURA	ASD ATLETICA LA SBARRA - COD. RM1	SF45	1:45:31	6.18	00:48:03
249	F	BLASI	LAURA	RUNCARD	SF40	1:45:59	6.19	00:48:31
250		SACCO	SALVATORE	ASD RUNNERS FOR EMERGENCY - COD. RM315	SM55	1:46:50	6.22	00:49:22
251	F	SPINOSA	EMANUELA	ASD RUNNERS FOR EMERGENCY - COD. RM315	SF45	1:46:51	6.23	00:49:23
252	F	SCALA	ANTONETTA	PODISTICA SOLIDARIETA'	SF50	1:47:54	6.26	00:50:26
253	F	RIZZA	ROSALBA	RUN & SMILE ASD	SF40	1:48:52	6.30	00:51:24
254		PERGAMO	GIANPAOLO	RUN & SMILE ASD	SM40	1:48:52	6.30	00:51:24
255		PROIETTI	ANDREA	RUN & SMILE ASD	SM45	1:49:49	6.33	00:52:21
256		PASSALACQUA	LUCA	PODISTICA SOLIDARIETA'	SM55	1:51:43	6.40	00:54:15
257	F	PATTI	ELENA	RUNCARD	SF	1:53:23	6.46	00:55:55
258	F	BOVE	VALENTINA	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SF45	1:53:35	6.47	00:56:07
259	F	MONDINI	BARBARA	RUNCARD	SF45	1:54:45	6.51	00:57:17
260	F	CARTA	GIUSEPPINA	CAT SPORT ROMA	SF55	1:56:59	6.59	00:59:31
261		D'ADAMO	MARIO	LBM SPORT TEAM	SM55	1:57:49	7.02	01:00:21
262		RAGOGNA	GIOVANNI	ALBATROS	SM60	2:00:28	7.11	01:03:00
263	F	PETRUCCI	LAURA	RUNCARD	SF55	2:01:50	7.16	01:04:22
264	F	TESTI	CHIARA	LBM SPORT TEAM	SF	2:01:50	7.16	01:04:22
265	F	LAMPIDECCHIA	TAMARA	RUNCARD	SF50	2:01:50	7.16	01:04:22
266		PELLICIONI	ANDREA	PODISTICA SOLIDARIETA'	SM45	2:09:41	7.44	01:12:13
267		PICCOLOMINI	GAETANO	PODISTICA SOLIDARIETA'	SM55	2:09:41	7.44	01:12:13
268	F	BALZANO	MARIA LAURA	LBM SPORT TEAM	SF55	2:09:42	7.44	01:12:14
269		BERNARDINI	STEFANO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM55	2:09:44	7.44	01:12:16
270		GIORDANI	ANDREA	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM50	2:09:46	7.45	01:12:18
271		DI TOMMASO	GIUSEPPE	ATHLETICS TRAINING & FRIENDS ASD	SM55	2:09:46	7.45	01:12:18
272		PENSABENE	UGO	SPORT TEAM TRIGORIA ASD	SM65	2:20:57	8.25	01:23:29

## CLASSIFICA ASSOLUTA

### 6ª EDIZIONE DELLA "CARDIORACE"

ROMA - 02/10/2022  
GARA PODISTICA SU STRADA DI KM. 12,680

**DAL SITO AZPODISMO - IL SITO DI ANDREA ZACCARI - WWW.AZPODISMO.IT**

POS.	M/F	COGNOME	NOME	SOCIETA'	CAT.	TEMPO	MEDIA/KM	DISTACCO
1		DE LUCA	NICOLA	DUE PONTI SRL - COD. RM129	SM55	0:49:03	3.52	
2		CURCI	CLAUDIO	PODISTICA OSTIA - COD. RM179	SM45	0:49:39	3.55	00:00:36
3		MERCURI	MARCO	A.S.D. PIANO MA ARRIVIAMO	SM55	0:49:47	3.56	00:00:44
4		MICHESI	DANIELE	TIRRENO ATLETICA CIVITAVECCHIA - COD. RM	SM40	0:50:28	3.59	00:01:25
5		PANNESE	FULVIO	WORKOUTGYM A.S.D. - COD. RM381	SM40	0:50:46	4.00	00:01:43
6		MORGANTINI	GIANLUCA	CALCATERRA SPORT ASD - COD. RM267	SM40	0:50:59	4.01	00:01:56
7		COIANIZ	ALESSANDRO	A.S.D. PIANO MA ARRIVIAMO	SM55	0:51:22	4.03	00:02:19
8		SCAMARCIO	MARIANO	PODISTICA SOLIDARIETA'	SM60	0:52:18	4.07	00:03:15
9	F	CORSO	LUISA ASSUNTA	A.S.D. PIANO MA ARRIVIAMO	SF45	0:53:01	4.11	00:03:58
10		CACCIATORE	ANDREA	A.S.D. ATL. POMEZIA - COD. RS067	SM45	0:53:31	4.13	00:04:28
11	F	RAMBOTTI	SABINA	DUE PONTI SRL - COD. RM129	SF45	0:53:35	4.14	00:04:32
12		PRETOLANI	LUCA	PODISTICA SOLIDARIETA'	SM60	0:53:49	4.15	00:04:46
13		PANARIELLO	PIERLUIGI	PODISTICA SOLIDARIETA'	SM55	0:54:21	4.17	00:05:18
14		BIAGIONI	FABIO	LBM SPORT TEAM	SM45	0:54:43	4.19	00:05:40
15		CARNEVALI	SILVIO	A.S.D. PIANO MA ARRIVIAMO	SM45	0:54:48	4.19	00:05:45
16		FORTE	ALESSANDRO	ASD MEDITERRANEA RM 125	SM45	0:56:06	4.25	00:07:03
17		GHEZZI	ROBERTO	DUE PONTI SRL - COD. RM129	SM	0:56:09	4.26	00:07:06
18		SCHIAVI	MARCO	RUNCARD	SM45	0:56:35	4.28	00:07:32
19		ANNUNZIATA	ROSARIO	A.S.D. PODISTICA PRIMAVALLE - COD. RM377	SM50	0:56:42	4.28	00:07:39
20		D'ELIA	MASSIMO	RUNCARD	SM50	0:57:17	4.31	00:08:14
21		RUOTOLO	ALESSANDRO	RUNCARD	SM35	0:57:22	4.31	00:08:19
22		CAPPELLA	EMANUELE	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM45	0:57:26	4.32	00:08:23
23		RUGGERI	ROBERTO	G.S. CAT SPORT ROMA - COD. RM189	SM70	0:57:39	4.33	00:08:36
24		GUBELLO	LUCA	RUNCARD	SM	0:58:04	4.35	00:09:01

25		FORNARI	ANTONIO	A.S.D. PIANO MA ARRIVIAMO	SM55	0:58:11	4.35	00:09:08
26		REALMUTO	FRANCESCO	DUE PONTI SRL - COD. RM129	SM50	0:58:39	4.38	00:09:36
27		COSENTINO	DOMENICO	RUNCARD	SM45	0:58:39	4.38	00:09:36
28		SALENTO	VINCENZO	DUE PONTI SRL - COD. RM129	SM55	0:59:36	4.42	00:10:33
29	F	TOCCHI	CAROLINA	DUE PONTI SRL - COD. RM129	SF	0:59:39	4.42	00:10:36
30		PETROCCO	ROBERTO	RUNCARD	SM35	0:59:45	4.43	00:10:42
31		PIERANTONI	GIORGIO	VIRTUS VILLA ADA FASHION SPORT - COD. RM	SM40	0:59:52	4.43	00:10:49
32		BRANCHESI	VALERIO	PODISTICA SOLIDARIETA'	SM45	1:00:20	4.45	00:11:17
33		RUGGERI	RICCARDO	DUE PONTI SRL - COD. RM129	SM65	1:00:37	4.47	00:11:34
34		MAZZETTI	FRANCESCO	DUE PONTI SRL - COD. RM129	SM50	1:01:07	4.49	00:12:04
35		COLUCCI	FABIO	DUE PONTI SRL - COD. RM129	SM55	1:01:16	4.50	00:12:13
36		PORTA	EMANUELE	CALCATERRA SPORT ASD - COD. RM267	SM	1:01:19	4.50	00:12:16
37		GIROLAMI	DAVIDE	DUE PONTI SRL - COD. RM129	SM55	1:01:43	4.52	00:12:40
38		PARTESANO	FLAVIO	PODISTICA SOLIDARIETA'	SM55	1:02:27	4.56	00:13:24
39		ULPIANI	MARCO	RUNCARD	SM	1:02:30	4.56	00:13:27
40		TUGLIANI	EMANUELE	X-SOLID SPORT LAB ASD - COD. RM369	SM35	1:02:35	4.56	00:13:32
41		BRASILI	LUIGINO	DUE PONTI SRL - COD. RM129	SM55	1:02:43	4.57	00:13:40
42		LOSITO	ALESSIO	ALMAVIVA RUNNERS CLUB A.S.D. - COD. RM30	SM40	1:02:44	4.57	00:13:41
43		DI SILVESTRE	MASSIMILIANO	PODISTICA SOLIDARIETA'	SM50	1:02:53	4.58	00:13:50
44	F	JACOROSSI	RAFFAELA	ASD TALENTI RUNNING TEAM ROMA	SF55	1:02:57	4.58	00:13:54
45		SINATTI	SIMONE	DUE PONTI SRL - COD. RM129	SM45	1:03:01	4.58	00:13:58
46		CORRADO	OVIDIO	GSBR - COD. RM041	SM50	1:03:05	4.59	00:14:02
47		CIMARELLI	MASSIMO	ALMAVIVA RUNNERS CLUB A.S.D. - COD. RM30	SM45	1:03:23	5.00	00:14:20
48		GIORDANI	PAOLO	RUNCARD	SM45	1:03:32	5.01	00:14:29
49		TRIOLA	ROBERTO	ASD LAZIO OLIMPIA RUNNERS TEAM - COD. RM	SM50	1:03:36	5.01	00:14:33
50	F	PALMISANO	MANUELA	LBM SPORT TEAM	SF45	1:03:43	5.01	00:14:40
51		CAPPETTA	DIEGO	DUE PONTI SRL - COD. RM129	SM65	1:03:57	5.03	00:14:54
52		BENETTI	MASSIMO	G.S. CAT SPORT ROMA - COD. RM189	SM50	1:04:08	5.03	00:15:05
53		FUMIENTO	DANILO	DUE PONTI SRL - COD. RM129	SM50	1:04:37	5.06	00:15:34
54	F	D'ASCENZO	SIMONA	RUNCARD	SF40	1:04:49	5.07	00:15:46
55		CACCIAPAGLIA	LEONARDO	DUE PONTI SRL - COD. RM129	SM40	1:05:31	5.10	00:16:28
56		SIMEONI	PASQUALINO	GS PODISTICA PRENESTE	SM60	1:05:35	5.10	00:16:32
57		ARMILLOTTA	ERMEGILDO	ASD MEDITERRANEA RM 125	SM55	1:05:40	5.11	00:16:37
58		ROSSI	GIANLUCA	PODISTICA SOLIDARIETA'	SM50	1:05:43	5.11	00:16:40
59		ZAPPALÀ	ENRICO	CALCATERRA SPORT ASD - COD. RM267	SM60	1:05:54	5.12	00:16:51
60		AMELI	GIANCARLO	VILLA AURELIA SPORTING CLUB - COD. RM	SM45	1:06:39	5.15	00:17:36
61		WESTON	PAUL GABRIELE	ATHLETICA VATICANA A.S.D. - COD. RM390	SM65	1:06:54	5.17	00:17:51
62	F	PUNZI	CHIARA	AICS 1476976	SF45	1:07:01	5.17	00:17:58
63	F	BARTOLINI	RITA	RINCORRO ASD	SF55	1:07:30	5.19	00:18:27
64	F	BARTOLOMUCCI	ERSILIA	ASD TALENTI RUNNING TEAM ROMA	SF55	1:07:35	5.20	00:18:32
65		NAPOLITANO	LEONARDO	SSD RUNNER TRAINER A R.L. - COD. RM281	SM35	1:08:07	5.22	00:19:04
66		VENDITTO	STEFANO	RUNCARD	SM40	1:08:17	5.23	00:19:14
67		FARABULLINI	FABIO	PODISTICA SOLIDARIETA'	SM60	1:08:23	5.24	00:19:20
68	F	CALVARUSO	ROSARIA MARIA ROMA	PODISTICA SOLIDARIETA'	SF45	1:08:25	5.24	00:19:22
69		GIORDANO	ALESSANDRO	RUNCARD	SM50	1:08:33	5.24	00:19:30
70		GRAZIOSI	GIOVANNI	PODISTICA SOLIDARIETA'	SM70	1:08:35	5.25	00:19:32
71		LIPARI	MARCO	ASD ROMATLETICA - COD. RM232	SM60	1:08:37	5.25	00:19:34
72		BELARDI	PIERO	ASD RUNNERS FOR EMERGENCY - COD. RM315	SM65	1:08:38	5.25	00:19:35
73		ROSSI	GIANLUCA	GSBR - COD. RM041	SM	1:08:40	5.25	00:19:37
74		VARONE	ROBERTO	ATHLETICA PEGASO - COD. RM244	SM65	1:08:58	5.26	00:19:55
75		PECCI	ANGELO	LBM SPORT TEAM	SM45	1:09:29	5.29	00:20:26
76		ROSI	ANTONIO	ASD ATL.CITTA' DEI PAPI ANAGNI - COD. FR	SM60	1:09:33	5.29	00:20:30
77		FERRARI	PAOLO	DUE PONTI SRL - COD. RM129	SM50	1:10:02	5.31	00:20:59
78	F	PETRERA	PATRIZIA	RUNCARD	SF50	1:10:03	5.31	00:21:00
79		PAGLIONE	MAURIZIO	DUE PONTI SRL - COD. RM129	SM70	1:10:04	5.32	00:21:01
80		LAURO	SALVATORE	DUE PONTI SRL - COD. RM129	SM60	1:10:09	5.32	00:21:06
81		CARDONE	COSIMO	RUNCARD	SM55	1:10:14	5.32	00:21:11
82		CICCARELLI	MARCELLO	RUNCARD	SM50	1:10:14	5.32	00:21:11
83		CAVICCHIOLI	FABIO	RUNCARD	SM55	1:10:18	5.33	00:21:15
84		VACCARO	FEDERICO	DUE PONTI SRL - COD. RM129	SM55	1:10:48	5.35	00:21:45
85		MARIOTTI	GIANLUCA	PODISTICA SOLIDARIETA'	SM50	1:11:22	5.38	00:22:19
86		OTTAVIANI	MANUEL	RUNCARD	SM35	1:11:45	5.40	00:22:42
87	F	MARATEA	DANIELA	A.S.D. PIANO MA ARRIVIAMO	SF55	1:11:52	5.40	00:22:49
88	F	TRULLI	MARIA ELENA	PODISTICA SOLIDARIETA'	SF55	1:12:14	5.42	00:23:11
89		FINAMORE	GIOVANNI	ASD RUNNERS FOR EMERGENCY - COD. RM315	SM65	1:12:20	5.42	00:23:17
90	F	ANTONINI	GIULIA	ASD RUNNERS FOR EMERGENCY - COD. RM315	SF40	1:12:21	5.42	00:23:18
91	F	TEGOLINI	FEDERICA	G.S. CAT SPORT ROMA - COD. RM189	SF55	1:12:25	5.43	00:23:22
92		PENNACCHIO	GAETANO	RUNCARD	SM55	1:12:30	5.43	00:23:27
93		ROMITTI	PAOLO	A.S.D. ATLETICA FRASCATI - COD. RS030	SM60	1:12:41	5.44	00:23:38
94	F	ANDREOLI	VALERIA	ATHLETICA PEGASO - COD. RM244	SF45	1:13:27	5.48	00:24:24
95		TOCCHI	FABRIZIO	DUE PONTI SRL - COD. RM129	SM60	1:13:39	5.49	00:24:36
96	F	MONTEMURRO	ROSA	PODISTICA SOLIDARIETA'	SF45	1:13:54	5.50	00:24:51
97	F	URSU	LILIANA	RUNCARD	SF35	1:13:55	5.50	00:24:52
98	F	LEPORE	FRANCESCA	ASD RUNNERS FOR EMERGENCY - COD. RM315	SF45	1:13:57	5.50	00:24:54
99	F	FAUSTI	FABRIZIA	DUE PONTI SRL - COD. RM129	SF55	1:14:02	5.50	00:24:59
100		DAVOLOS	FABIO	LBM SPORT TEAM	SM50	1:14:04	5.50	00:25:01
101		LEPORE	ALESSANDRO	LBM SPORT TEAM	SM40	1:14:07	5.51	00:25:04
102		ZAPPONINI	ALESSANDRO	RUNCARD	SM60	1:14:30	5.53	00:25:27
103	F	FEDELE	MARIA CRISTINA	DUE PONTI SRL - COD. RM129	SF40	1:14:34	5.53	00:25:31
104		MARSIGLIA	CLAUDIO	G.S. CAT SPORT ROMA - COD. RM189	SM60	1:14:55	5.54	00:25:52

105	F	SAVOI	STEFANIA	GS PODISTICA PRENESTE	SF50	1:15:10	5.56	00:26:07
106	F	LA BARBERA	ALESSIA	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SF40	1:15:29	5.57	00:26:26
107	F	GORETTI	CHARIS	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SF35	1:15:29	5.57	00:26:26
108	F	GAROFALO	ADELE	ASD MEDITERRANEA RM 125	SF45	1:15:31	5.57	00:26:28
109	F	FLUMINI	CATIA	PODISTICA SOLIDARIETA'	SF45	1:15:49	5.59	00:26:46
110	F	GIRLANDO	RITA	DUE PONTI SRL - COD. RM129	SF60	1:15:52	5.59	00:26:49
111		PANZINO	MASSIMILIANO	RUNCARD	SM45	1:16:03	6.00	00:27:00
112		ANTEI	ALESSANDRO	CAFFARELLA RUNNERS	SM70	1:16:14	6.01	00:27:11
113		FAZIOLI	FRANCO	9,92 RUNNING ASD - COD. BO545	SM55	1:16:41	6.03	00:27:38
114	F	CICCIOLA	MARIA PIA	9,92 RUNNING ASD - COD. BO545	SF55	1:16:41	6.03	00:27:38
115		LA ROSA	SALVATORE	RUN & SMILE ASD	SM	1:16:42	6.03	00:27:39
116		LUCARELLI	MASSIMILIANO	RUNCARD	SM55	1:16:45	6.03	00:27:42
117		CASELLA	ANTONIO	DUE PONTI SRL - COD. RM129	SM55	1:16:48	6.03	00:27:45
118		FERRI	FABRIZIO	LBM SPORT TEAM	SM45	1:18:05	6.09	00:29:02
119		LAUSI	CLAUDIO	ASD MEDITERRANEA RM 125	SM70	1:18:41	6.12	00:29:38
120	F	CALDARONE	ROSARIA	ASD MEDITERRANEA RM 125	SF50	1:18:41	6.12	00:29:38
121		ARGENTINO	SERGIO	CAFFARELLA RUNNERS	SM55	1:19:12	6.15	00:30:09
122		STOTO	GIOVANNI	RUNCARD	SM65	1:19:25	6.16	00:30:22
123		PETRANGELI	FRANCESCO	ALMAVIVA RUNNERS CLUB A.S.D. - COD. RM30	SM65	1:19:47	6.18	00:30:44
124		DI PAOLANTONIO	LUCA	DUE PONTI SRL - COD. RM129	SM55	1:20:09	6.19	00:31:06
125		BERNARDINI	MAURIZIO	DUE PONTI SRL - COD. RM129	SM65	1:20:09	6.19	00:31:06
126	F	GAVILANES GALEAS	JECENIA ARACELLY	G.S. CAT SPORT ROMA - COD. RM189	SF40	1:21:37	6.26	00:32:34
127	F	CORDOVA GARZON	ERIKA NATHALI	RUNCARD	SF35	1:21:43	6.27	00:32:40
128	F	VIRGILIO	ANNA	RUNCARD	SF65	1:21:44	6.27	00:32:41
129	F	DONATO	LAURA	RUNCARD	SF45	1:21:45	6.27	00:32:42
130	F	CANNUCCIARI	FRANCESCA	RUNCARD	SF45	1:23:21	6.34	00:34:18
131	F	GIZZI	ELEONORA	RUN & SMILE ASD	SF35	1:24:12	6.38	00:35:09
132	F	FOLLO	FILOMENA	LBM SPORT TEAM	SF65	1:24:14	6.39	00:35:11
133	F	POMPEI	DEBORA	RUNCARD	SF50	1:24:28	6.40	00:35:25
134	F	PELOSI	BARBARA	GS PODISTICA PRENESTE	SF50	1:25:21	6.44	00:36:18
135		MINELLA	GIACOMO	G.S. CAT SPORT ROMA - COD. RM189	SM35	1:26:00	6.47	00:36:57
136		PELLICCIA	VINCENZO	ASD MEDITERRANEA RM 125	SM70	1:28:06	6.57	00:39:03
137	F	ARENA	LAURA	A.S.D. ATLETICA SABAUDIA - COD. LT310	SF55	1:31:36	7.13	00:42:33
138	F	MAGGIORE	ROSSELLA	ATL. MONTE MARIO - COD. RM017	SF55	1:31:45	7.14	00:42:42
139	F	PANETTA	VALENTINA	ASD RUNNERS FOR EMERGENCY - COD. RM315	SF45	1:31:57	7.15	00:42:54
140	F	LONGO	SIMONA	RUNCARD	SF50	1:32:55	7.20	00:43:52
141	F	VOLPE	ENZA	A.S.D. PIANO MA ARRIVIAMO	SF50	1:33:19	7.22	00:44:16
142		FALLONGO	ANGELO	CAT SPORT ROMA	SM70	1:33:28	7.22	00:44:25
143	F	CAVALLERA	ANNUNZIATA	PODISTICA SOLIDARIETA'	SF50	1:37:23	7.41	00:48:20
144		NIGRO	ROBERTO	PODISTICA SOLIDARIETA'	SM55	1:46:30	8.24	00:57:27
145		COLAPIETRO	TOMMASO	G.S. CAT SPORT ROMA - COD. RM189	SM75	1:52:32	8.52	01:03:29
146		DANIELE	LUIGI	RUN & SMILE ASD	SM65	2:09:41	10.14	01:20:38

## CLASSIFICA ASSOLUTA

### 6ª EDIZIONE DELLA "CARDIORACE"

ROMA - 02/10/2022

GARA PODISTICA SU STRADA DI KM. 8,600

[DAL SITO AZPODISMO - IL SITO DI ANDREA ZACCARI - WWW.AZPODISMO.IT](http://www.azpodismo.it)

POS.	M/F	COGNOME	NOME	SOCIETA'	CAT.	TEMPO	MEDIA/KM	DISTACCO
1		REA	FABIO	S.S. LAZIO ATLETICA LEGGERA - COD. RM050	SM40	0:30:17	3.31	
2		PANDOLFI COSTANTI	CLAUDIO	CAFFARELLA RUNNERS	SM55	0:31:59	3.43	00:01:42
3		D'AMICO	BRUNO	CAFFARELLA RUNNERS	SM45	0:31:59	3.43	00:01:42
4		ESTUPINIAN	GIAMPIERO	CAFFARELLA RUNNERS	SM	0:31:59	3.43	00:01:42
5	F	COCCO	CARLA	ATL. COLLEFERRO SEGNI - COD. RS013	SF35	0:32:30	3.47	00:02:13
6		TULLI	NICOLA	CAFFARELLA RUNNERS	SM60	0:34:05	3.58	00:03:48
7		MORESCHI	LEONARDO	ATHLETICA VATICANA A.S.D. - COD. RM390	AM	0:34:49	4.03	00:04:32
8		SICARI	FABIO	GSBR - COD. RM041	SM45	0:35:57	4.11	00:05:40
9		MICHESI	VALTER	TIRRENO ATLETICA CIVITAVECCHIA - COD. RM	SM65	0:36:39	4.16	00:06:22
10		TOSO	LUCA	ASD ROMATLETICA - COD. RM232	SM40	0:37:03	4.18	00:06:46
11		CRUCIANI	FABIO	A.S.D. VILLA DE SANCTIS - COD. RM032	SM35	0:37:11	4.19	00:06:54
12		OROPALLO	FRANCO	LBM SPORT TEAM	SM55	0:37:15	4.20	00:06:58
13	F	REALI	DANIELA	A.O.C. TEAM - ASD - COD. RM404	SF35	0:37:19	4.20	00:07:02
14	F	CARDARELLI	MARCELLA	PODISTICA SOLIDARIETA' - COD. RM069	SF45	0:37:38	4.23	00:07:21
15	F	ALIQUO'	DANIELA	A.S.D. LIBERATLETICA - COD. RM014	SF55	0:38:33	4.29	00:08:16
16	F	NAPOLEONE	LOREDANA	A.S.D. PODISTICA PRIMAVALLE - COD. RM377	SF50	0:38:59	4.32	00:08:42
17		MERLUCCI	MICHELE	RUNCARD	SM50	0:39:09	4.33	00:08:52
18		CSURGAI	MASSIMO	RINCORRO ASD	SM45	0:39:28	4.35	00:09:11
19		ARDU	ANDREA	PODISTICA SOLIDARIETA'	SM	0:39:40	4.37	00:09:23
20		RICCI	CARLO	GS PODISTICA PRENESTE	SM70	0:40:33	4.43	00:10:16
21	F	IEGANI	RAMONA	GRUPPO MILLEPIEDI - COD. RM321	SF35	0:40:41	4.44	00:10:24
22	F	COLLATINA	CHIARA	PODISTICA SOLIDARIETA'	SF	0:40:44	4.44	00:10:27
23	F	D'ATRIA	MARTINA	ATLETA SINGOLO	SF	0:41:17	4.48	00:11:00
24		MACCHIA	LUCIO	A.S.D. PODISTICA PRIMAVALLE - COD. RM377	SM55	0:41:54	4.52	00:11:37
25		FORTUNATO	FRANCESCO	RUNCARD	SM	0:43:00	5.00	00:12:43

26		CAPUANO	PIERLUIGI	RUNCARD	SM45	0:43:20	5.02	00:13:03
27		TOSONI	IVANO	PODISTICA MARE DI ROMA	SM55	0:43:29	5.03	00:13:12
28		PELLOUX	LUCA	A.S.D. CAFFARELLA RUNNERS - COD. RM352	SM40	0:43:29	5.03	00:13:12
29		BRILLO	LUIGI	ASD. LUNGO IL TEVERE	SM60	0:46:10	5.22	00:15:53
30		DETTORE	DANIELE	ASD. LUNGO IL TEVERE	SM45	0:46:10	5.22	00:15:53
31		FEDELE	FEDERICO	ASD. LUNGO IL TEVERE	SM45	0:46:10	5.22	00:15:53
32		PERROTTA	GIORGIO	ASD. LUNGO IL TEVERE	SM40	0:46:10	5.22	00:15:53
33		KRAICSOVITS	THOMAS	ASD. LUNGO IL TEVERE	SM45	0:46:10	5.22	00:15:53
34		SILVESTRI	FERDINANDO	PODISTICA SOLIDARIETA'	SM55	0:46:27	5.24	00:16:10
35		SCAMARCIO	ALFONSO	PODISTICA SOLIDARIETA'	SM60	0:46:29	5.24	00:16:12
36	F	JENNINGS	VALERIA	LBM SPORT TEAM	SF	0:46:32	5.25	00:16:15
37	F	CALCAGNILE	ALESSIA	PODISTICA SOLIDARIETA'	SF45	0:46:47	5.26	00:16:30
38		MORESCHI	GIUSEPPE	ATHLETICA VATICANA A.S.D. - COD. RM390	SM50	0:47:06	5.29	00:16:49
39		BONINSEGNI	FABIO	PODISTICA SOLIDARIETA'	SM60	0:47:24	5.31	00:17:07
40		WRETSCHKO	SERGIO	A.S.D. VILLA DE SANCTIS - COD. RM032	SM60	0:47:44	5.33	00:17:27
41	F	WRETSCHKO	ELEONORA	A.S.D. VILLA DE SANCTIS - COD. RM032	SF	0:47:44	5.33	00:17:27
42	F	BERNARDINI	SARA	PODISTICA SOLIDARIETA'	SF35	0:47:59	5.35	00:17:42
43		CARBONARO	GIORGIO	A.S.D. ATL. VILLA GUGLIELMI - COD. RM19	SM65	0:48:03	5.35	00:17:46
44		FERRARI	MARCO	GSBR - COD. RM041	SM45	0:48:11	5.36	00:17:54
45		JENNINGS	ANTHONY	LBM SPORT TEAM	SM65	0:48:11	5.36	00:17:54
46	F	ZEPPIERI	VANESSA	CAFFARELLA RUNNERS	SF50	0:48:20	5.37	00:18:03
47		NAPOLI	ALESSANDRO	LBM SPORT TEAM	SM55	0:48:24	5.38	00:18:07
48		DI ROCCO	ANGELO	ASD CIRCOLO TENNIS EUR - COD. RM354	SM55	0:48:24	5.38	00:18:07
49	F	PIROLLI	FEDERICA	ASD CIRCOLO TENNIS EUR - COD. RM354	SF55	0:48:25	5.38	00:18:08
50		UBALDINI	CLAUDIO	PODISTICA SOLIDARIETA'	SM45	0:48:36	5.39	00:18:19
51		MASINI	ROBERTO	ALMAVIVA RUNNERS CLUB A.S.D. - COD. RM30	SM60	0:48:39	5.39	00:18:22
52		PAROLA	SIMONE	PODISTICA SOLIDARIETA'	SM50	0:48:41	5.40	00:18:24
53	F	PILOTO	PAOLA	ASD ROMATLETICA - COD. RM232	SF45	0:48:47	5.40	00:18:30
54		GAMBINO	ROSARIO	AMATORI PODISTICA TERNI - COD. TR041	SM60	0:48:48	5.40	00:18:31
55		POLI	VITO	CAFFARELLA RUNNERS	SM60	0:48:58	5.42	00:18:41
56	F	SILVESTRI	SABRINA	RINCORRO ASD	SF55	0:49:14	5.43	00:18:57
57		ASTOLFI	ROBERTO	A.S.D. VILLA DE SANCTIS - COD. RM032	SM50	0:49:19	5.44	00:19:02
58	F	MICALI	MARIANNA	A.S.D. ATLETICA TOR TRE TESTE - COD. RM3	SF45	0:49:43	5.47	00:19:26
59		LA ROSA	GIOVANNI	PODISTICA SOLIDARIETA'	SM45	0:49:43	5.47	00:19:26
60	F	AGOSTINI	FEDERICA	A.S.D. ATLETICA TOR TRE TESTE - COD. RM3	SF45	0:49:44	5.47	00:19:27
61	F	PASQUALI	SIMONA	ASD MEDITERRANEA RM 125	SF55	0:50:12	5.50	00:19:55
62		GRECO	VINCENZO	ASD LAZIO OLIMPIA RUNNERS TEAM - COD. RM	SM60	0:50:21	5.51	00:20:04
63	F	AMICI	CARLA	LBM SPORT TEAM	SF60	0:50:25	5.52	00:20:08
64		MORONI	ROBERTO	GS PODISTICA PRENESTE	SM65	0:50:40	5.53	00:20:23
65		RONCADIN	GIANFRANCO	ASD LAZIO OLIMPIA RUNNERS TEAM - COD. RM	SM75	0:50:44	5.54	00:20:27
66		SALATINO	SAVERIO	A.S. AMATORI VILLA PAMPHILI - COD. RM141	SM45	0:50:46	5.54	00:20:29
67		STRIPPOLI	ROBERTO	PODISTICA SOLIDARIETA'	SM50	0:51:19	5.58	00:21:02
68	F	CARLIZZA	MARIA ALBENA	PODISTICA SOLIDARIETA'	SF55	0:52:38	6.07	00:22:21
69		BRUNETTI	ROBERTO	PODISTICA SOLIDARIETA'	SM55	0:52:39	6.07	00:22:22
70	F	FERRARI	VANESSA	RUNCARD	SF50	0:53:16	6.12	00:22:59
71	F	CASILLO	GIUSEPPINA	UISP	SF55	0:54:21	6.19	00:24:04
72		ALBERTONI DANSAVIO	ROBERTO	ASD. LUNGO IL TEVERE	SM50	0:54:24	6.20	00:24:07
73		BABUIN	ROLANDO	ASD LAZIO OLIMPIA RUNNERS TEAM - COD. RM	SM50	0:54:46	6.22	00:24:29
74		MARIANI	DANIELE	RINCORRO ASD	SM60	0:55:34	6.28	00:25:17
75		FELICI	GABRIELE	ASD. LUNGO IL TEVERE	SM50	0:55:51	6.30	00:25:34
76		BONOMO	VINCENZO	ASD. LUNGO IL TEVERE	SM50	0:55:51	6.30	00:25:34
77		TILI	RICCARDO	ASD. LUNGO IL TEVERE	SM50	0:55:52	6.30	00:25:35
78	F	TIMPANI	LAURA	RUNCARD	SF40	0:56:11	6.32	00:25:54
79	F	CRUDELE	ALESSANDRA	RUN & SMILE ASD	SF45	0:56:21	6.33	00:26:04
80		PANZETTA	GIANLUCA	RUN & SMILE ASD	SM50	0:56:21	6.33	00:26:04
81	F	DE SANTIS	MARIA PIA	PODISTICA SOLIDARIETA'	SF45	0:56:22	6.33	00:26:05
82		LAUREANO	EDER	RUN & SMILE ASD	SM55	0:56:22	6.33	00:26:05
83	F	COLLICENZA	GIULIANA	RUN & SMILE ASD	SF60	0:56:22	6.33	00:26:05
84	F	FABI	DALILA	RUN & SMILE ASD	SF40	0:56:22	6.33	00:26:05
85	F	SCARDACI	CHIARA	RUN & SMILE ASD	SF50	0:56:23	6.33	00:26:06
86		SCHIAPPONI	STEFANO	RUN & SMILE ASD	SM50	0:56:23	6.33	00:26:06
87	F	D'ORIA	MARTINA	RUN & SMILE ASD	SF35	0:56:25	6.34	00:26:08
88		MORICONI	MARZIO	RUN & SMILE ASD	SM40	0:56:25	6.34	00:26:08
89		PONTESILLI	PAOLO	RUNCARD	SM45	0:56:36	6.35	00:26:19
90	F	VITELLI	GIORDANA	ATLETICOM ASD - COD. RM276	SF40	0:56:38	6.35	00:26:21
91	F	RUFFA	MONICA	ATLETICOM ASD - COD. RM276	SF45	0:56:39	6.35	00:26:22
92	F	VITELLI	REMA	ATLETICOM ASD - COD. RM276	SF45	0:56:39	6.35	00:26:22
93		FELICI	ALESSANDRO	ASD. LUNGO IL TEVERE	SM60	0:57:19	6.40	00:27:02
94	F	VANAT	OLEKSANDRA	G.S. CAT SPORT ROMA - COD. RM189	SF40	0:57:24	6.40	00:27:07
95	F	FIORI	GIULIA	RUNCARD	SF	0:57:39	6.42	00:27:22
96	F	MINICHIELLO	ELISA	ASD MEDITERRANEA RM 125	SF50	0:58:08	6.46	00:27:51
97		FORTE	STEFANO	ASD MEDITERRANEA RM 125	SM50	0:58:08	6.46	00:27:51
98	F	GASPARI	ANNA	GSBR - COD. RM041	SF45	0:59:04	6.52	00:28:47
99	F	AGUS	MICHELA	RUN & SMILE ASD	SF40	0:59:08	6.53	00:28:51
100		PASCHALI	DIMITRI	ALMAVIVA RUNNERS CLUB A.S.D. - COD. RM30	SM60	1:00:31	7.02	00:30:14
101		PAMBIANCHI	GIANNI	PODISTICA MARE DI ROMA	SM75	1:00:44	7.04	00:30:27
102		CORVARO	GINO	PODISTICA MARE DI ROMA	SM75	1:02:15	7.14	00:31:58
103		MARROSU	MARCO	ATLETICOM ASD - COD. RM276	SM50	1:02:38	7.17	00:32:21
104		PERNA	PASQUALINO	GS PODISTICA PRENESTE	SM65	1:06:56	7.47	00:36:39
105	F	FALASCA	VANESSA	ASD MEDITERRANEA RM 125	SF40	1:07:31	7.51	00:37:14

106		DI SILVESTRE	MASSIMILIANO	PODISTICA SOLIDARIETA'	SM50	1:13:07	8.30	00:42:50
107		ARIETE	CARLO	ASD MEDITERRANEA RM 125	SM75	1:16:02	8.50	00:45:45
108	F	MISSO	GIUSEPPINA	ASD MEDITERRANEA RM 125	SF65	1:21:30	9.29	00:51:13
109		ZAMPETTI	MAURIZIO	SSD RUNNER TRAINER A R.L. - COD. RM281	SM50	1:45:34	12.17	01:15:17
110		CARDAMONE	SERGIO	RUNCARD	SM65	2:09:42	15.05	01:39:25