

CLASSIFICA ASSOLUTA

2° CROSS "LAGHETTO DEI GRANIERI"

NETTUNO (LT) - 24/03/2019
GARA PODISTICA DI KM. 9,600

DAL SITO AZPODISMO - IL SITO DI ANDREA ZACCARI - WWW.AZPODISMO.IT

Classifiche e rilevamento tempi a cura di Gruppo Giudici UISP- Latina & TDS

POS.	M/F	COGNOME	NOME	SOCIETA'	CAT.	TEMPO	MEDIA/KM	DISTACCO
1		BRANCATO	GIUSEPPE	ATLETICA CECCANO	M_D35	34:26,6	3:49,618	
2		CARRAROLI	GABRIELE	A.S.D. CENTRO FITNESS MONTELLO	M_A20	35:19,3	3:55,482	00:00:53
3		MARCHIORI	CLAUDIO	A.S.D. ATLETICA SETINA	M_E40	36:29,2	4:03,249	00:02:03
4		NASSO	DANIELE	D+TRAIL	M_E40	36:44,7	4:04,968	00:02:18
5		FRANCIA	MARCO	NUOVA ATLETICA CISTERNA ASD	M_C30	36:46,1	4:05,117	00:02:19
6		ANZALONE	MAURO	NUOVA ATLETICA CISTERNA ASD	M_F45	36:46,5	4:05,163	00:02:20
7		CAVOLA	DAMIANO	A.S.D. FREE RUNNERS	M_E40	37:36,6	4:10,733	00:03:10
8		DI MAMBRO	MARCO	FIDAL RUNCARD	M_D35	37:58,0	4:13,111	00:03:31
9		PAPA	PASQUALE	A.S.D. ANGUILLARA SABAZIA RUNNING CLUB	M_D35	38:28,1	4:16,459	00:04:02
10		MISSIMEI	PIERLUIGI	PODISTICA SOLIDARIETA'	M_E40	38:46,8	4:18,536	00:04:20
11		AMBRIFI	GIOVANNI	A.S.D. PODISTICA AVIS PRIVERNO	M_F45	38:52,4	4:19,151	00:04:26
12		FARGIONE	VINCENZO	G.S. BANCARI ROMANI	M_H55	39:02,7	4:20,302	00:04:36
13		NARDACCI	ALBERTO	A.S.D. ROCCAGORGA	M_G50	39:09,7	4:21,076	00:04:43
14		SCARDELLATO	FABIO	A.S.D. ATLETICA SABAUDIA	M_C30	39:45,7	4:25,081	00:05:19
15		COIA	ANTONIO	A.S.D. ROCCAGORGA	M_H55	39:57,2	4:26,351	00:05:31
16		LUDOVISI	ETTORE	A.S.D. ROCCAGORGA	M_G50	40:08,4	4:27,604	00:05:42
17		PANNO	TONINO	POD. TERRACINA	M_H55	40:09,8	4:27,757	00:05:43
18		FLAMINI	ALESSANDRO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	40:21,2	4:29,023	00:05:55
19		CIUFO	GUGLIELMO	NUOVA ATLETICA CISTERNA ASD	M_G50	40:27,8	4:29,751	00:06:01
20		VASTA	MAURIZIO	RIFONDAZIONE PODISTICA	M_F45	40:28,9	4:29,872	00:06:02
21		FABIETTI	GIOVANNI	ASD INGEGNERI LATINA	M_F45	40:30,0	4:30,004	00:06:03
22		NULLI	ALESSANDRO	RIFONDAZIONE PODISTICA	M_G50	40:39,5	4:31,059	00:06:13
23		MIOZZI	ANNIBALE	A.S.D. CENTRO FITNESS MONTELLO	M_E40	40:43,0	4:31,442	00:06:16
24		DI GIACOMO	ALESSIO	PODISTICA SOLIDARIETA'	M_E40	41:05,3	4:33,922	00:06:39
25		DI VICO	ANTONIO	A.S.D. CENTRO FITNESS MONTELLO	M_E40	41:07,3	4:34,141	00:06:41
26		CATENA	QUINTO	A.S.D. INTESATLETICA	M_I60	41:18,2	4:35,353	00:06:52
27		VENTAFRIDDA	COSIMO	LA SBARRA & I GRILLI	M_D35	41:24,6	4:36,063	00:06:58
28		CASTALDI	CESARE	A.S.D. CENTRO FITNESS MONTELLO	M_G50	41:34,7	4:37,191	00:07:08
29		SVOLACCHIA	FABIO	A.S.D. ROCCAGORGA	M_E40	41:35,2	4:37,243	00:07:09
30		GATTO	CARLO	A.S.D. INTESATLETICA	M_D35	41:39,2	4:37,688	00:07:13
31		BOVOLENTA	RENZO	A.S.D. PODISTICA PONTINIA	M_H55	41:41,4	4:37,931	00:07:15
32		DE SANTIS	AGOSTINO	UISP LATINA	M_A20	41:47,0	4:38,550	00:07:20
33		DI IORIO	VINCENZO	GRUPPO SPORTIVO VIRTUS	M_G50	42:07,5	4:40,831	00:07:41
34	F	LUNGU	LUMINITA	G.S. BANCARI ROMANI	W_G50	42:22,9	4:42,544	00:07:56
35		LA PORTA	ALESSANDRO	ATL. ANZIO	M_G50	42:25,9	4:42,878	00:07:59
36		TRAMENGOZZI	CLAUDIO	D+TRAIL	M_D35	42:26,3	4:42,928	00:08:00
37		DILIBERTO	FABIO	A.S.D. ROCCAGORGA	M_F45	42:29,9	4:43,326	00:08:03
38		ANNOLFI	ALESSANDRO	A.S.D. INTESATLETICA	M_A20	42:33,6	4:43,729	00:08:07
39		FLAMINI	FLORIO	RUNFOREVER APRILIA	M_G50	42:49,8	4:45,533	00:08:23
40		ABRUSCATO	GIUSEPPE	ATL. MONTICELLANA	M_H55	42:54,4	4:46,046	00:08:28
41		MAGARRE	MAURO	A.S.D. ROCCAGORGA	M_C30	42:55,0	4:46,109	00:08:28
42	F	ZORZETTO	FIorenza	A.S.D. CENTRO FITNESS MONTELLO	W_A20	42:56,7	4:46,300	00:08:30
43		MAROTTA	GIANLUIGI	A.S.D. CENTRO FITNESS MONTELLO	M_E40	42:58,8	4:46,529	00:08:32
44	F	MACINENTI	FRANCESCA	A.S.D. CENTRO FITNESS MONTELLO	W_F45	43:00,0	4:46,669	00:08:33
45		BORRIELLO	VITTORIO	ASD ITALIA SPORT RUNNING	M_F45	43:03,5	4:47,050	00:08:37
46		DE SANTIS	LUDOVICO	UISP LATINA	M_G50	43:05,3	4:47,257	00:08:39
47		VALERI	DOMENICO	A.S.D. FREE RUNNERS	M_L65	43:07,2	4:47,468	00:08:41
48		BEVILACQUA	CLINO	A.S.D. ROCCAGORGA	M_F45	43:13,4	4:48,158	00:08:47
49		CECCANO	ANGELO	A.S.D. CENTRO FITNESS MONTELLO	M_G50	43:28,6	4:49,849	00:09:02
50		COCO	MARCO	A.S.D. ATLETICA HERMADA	M_A20	43:30,8	4:50,088	00:09:04
51		PELATI	FABRIZIO	A.S.D. CENTRO FITNESS MONTELLO	M_E40	43:46,6	4:51,840	00:09:20
52		NEGROSINI	AMILCARE	ATL. BORG. RIUN.SERMONETA	M_H55	43:47,6	4:51,957	00:09:21
53		DI BELLA	ANDREA	ATL. ANZIO	M_I60	43:50,0	4:52,221	00:09:23
54		INGRANDE	FRANCESCO	A.S.D. CENTRO FITNESS MONTELLO	M_E40	43:54,2	4:52,692	00:09:28
55		PIETROSANTI	LORENZO	PODISTICA SOLIDARIETA'	M_C30	43:56,6	4:52,956	00:09:30
56		CARONTI	IVANO	A.S.D. INTESATLETICA	M_G50	44:04,5	4:53,832	00:09:38
57		DE SANTIS	FABRIZIO	ASD CITTA' CASTELLI ROMANI	M_E40	44:07,4	4:54,151	00:09:41
58		GALLINARI	GIAMPAOLO	ASD ITALIA SPORT RUNNING	M_F45	44:13,8	4:54,863	00:09:47
59		BRANDI	FABRIZIO	FORHANS TEAM	M_F45	44:21,4	4:55,713	00:09:55
60		SALVATORI	GIOVANNI	RIFONDAZIONE PODISTICA	M_H55	44:28,9	4:56,541	00:10:02
61		LUCIANI	LORIS	AMATORI TOP RUNNERS CASTELLI ROMANI	M_F45	44:35,7	4:57,298	00:10:09

62		TORELLI	PIERO	UISP LATINA	M_H55	44:39,4	4:57,709	00:10:13
63		PREGNOLATO	ALBERTO	ATL. BORG. RIUN.SERMONETA	M_G50	44:44,9	4:58,317	00:10:18
64		TOSELLI	ENZO	ATL. ANZIO	M_L65	44:51,4	4:59,048	00:10:25
65		COTICELLI	FABIO	RUNNING CLUB LATINA	M_E40	44:52,4	4:59,160	00:10:26
66		BASCIANO	ENRICO	ABM PODISTICA ASD	M_D35	44:54,1	4:59,346	00:10:28
67	F	MILANESE	LAURA	ATLETICA AVIANO	W_E40	44:56,1	4:59,564	00:10:30
68		FRATOCCHI	FRANCO	ATL. BORG. RIUN.SERMONETA	M_H55	45:02,7	5:00,303	00:10:36
69		BRUSCIANO	GAETANO	NUOVA ATLETICA CISTERNA ASD	M_G50	45:10,1	5:01,124	00:10:44
70		PREGNOLATO	MARCO	ATL. BORG. RIUN.SERMONETA	M_F45	45:14,3	5:01,593	00:10:48
71		MACAGNANO	PAOLO	ATL. ANZIO	M_G50	45:21,6	5:02,402	00:10:55
72		BRUSCHINI	ANDREA	PODISTICA SOLIDARIETA'	M_F45	45:23,9	5:02,654	00:10:57
73		BALZANO	SIMONE	ATL. ANZIO	M_D35	45:29,7	5:03,299	00:11:03
74		TAMAGNINI	MICHELE	A.S.D. AMATORI ATLETICA POMEZIA	M_G50	45:30,4	5:03,378	00:11:04
75		IACOBELLI	NANZO	A.S.D. CENTRO FITNESS MONTELLO	M_L65	45:32,0	5:03,551	00:11:05
76		PAONE	GIANNI	PODISTICA SOLIDARIETA'	M_L65	45:34,8	5:03,866	00:11:08
77		TRUCCHIA	STEFANO	A.S. ATL. ROCCA DI PAPA	M_I60	45:37,1	5:04,118	00:11:10
78		MAFFEZZONI	LUCA	A.S.D. ATLETICA SABAUDIA	M_C30	45:39,1	5:04,347	00:11:13
79		COLATO	MARIO	A.S.D. CENTRO FITNESS MONTELLO	M_G50	45:39,6	5:04,401	00:11:13
80		MARRO	MICHELINO	RUNNING CLUB LATINA	M_I60	45:45,4	5:05,048	00:11:19
81		PARISE	STEFANO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	45:47,7	5:05,302	00:11:21
82		IANNELI	MARCELLO	A.S.D. CENTRO FITNESS MONTELLO	M_D35	45:49,2	5:05,471	00:11:23
83		MAGLIONE	ANTONIO	PODISTICA SOLIDARIETA'	M_H55	45:49,3	5:05,480	00:11:23
84		CECCHINI	LUCA	A.S.D. CENTRO FITNESS MONTELLO	M_F45	45:53,5	5:05,948	00:11:27
85		DI GIULIO	GIUSEPPE	G.S. CAT SPORT ROMA	M_G50	45:54,5	5:06,058	00:11:28
86	F	FABBIANO	CINZIA	A.S.D. CENTRO FITNESS MONTELLO	W_D35	45:56,9	5:06,318	00:11:30
87		TUDINO	MAURO	RIFONDAZIONE PODISTICA	M_G50	45:57,3	5:06,364	00:11:31
88		DI MANNO	GIULIO CESARE	A.S.D. FONDI RUNNERS 2010	M_G50	45:59,5	5:06,613	00:11:33
89		RICASOLI	FRANCESCO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_G50	46:00,8	5:06,756	00:11:34
90		PARISI	LUCIO	ATL. MONTICELLANA	M_I60	46:24,3	5:09,370	00:11:58
91		BAZZONI	ANDREA	A.S.D. INTESATLETICA	M_F45	46:37,0	5:10,782	00:12:10
92		GENTILE	MASSIMO	PODISTICA SOLIDARIETA'	M_F45	46:41,1	5:11,231	00:12:15
93		SALVATORE	FABRIZIO	A.S.D. INTESATLETICA	M_G50	46:50,7	5:12,300	00:12:24
94		DE FABRITIIS	EMILIO	POD. TERRACINA	M_I60	47:00,8	5:13,418	00:12:34
95		CONTE	MARIO	A.S.D. AMATORI ATLETICA POMEZIA	M_H55	47:05,0	5:13,892	00:12:38
96		TOSONI	FABIO	ASD ITALIA SPORT RUNNING	M_F45	47:28,4	5:16,489	00:13:02
97	F	CARIDEO	DANIELA	ASD ITALIA SPORT RUNNING	W_F45	47:39,0	5:17,662	00:13:12
98		MACIOCE	PAOLO	A.S.D. AMATORI ATLETICA POMEZIA	M_H55	47:59,6	5:19,956	00:13:33
99		SOSSAI	MARCO	A.S.D. PODISTICA PONTINIA	M_C30	48:03,3	5:20,367	00:13:37
100		RAUCCI	SALVATORE	NUOVA ATLETICA CISTERNA ASD	M_G50	48:11,3	5:21,259	00:13:45
101	F	ZERVOS	THI KIM THU	FORHANS TEAM	W_G50	48:14,4	5:21,597	00:13:48
102		ANGELONI	MARCELLO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_MN	48:19,1	5:22,120	00:13:53
103		SORRENTINO	VINCENZO	A.S.D. CENTRO FITNESS MONTELLO	M_H55	48:19,9	5:22,216	00:13:53
104		AMATI	SIMONE	NETTUNIA AIRSOFT	M_E40	48:23,9	5:22,660	00:13:57
105		MARRAZZA	COSIMO	A.S.D. INTESATLETICA	M_E40	48:26,0	5:22,886	00:13:59
106	F	PAOLESI	PAOLA	RIFONDAZIONE PODISTICA	W_G50	48:27,8	5:23,089	00:14:01
107		LIBERNINI	MARCO	NETTUNIA AIRSOFT	M_D35	48:29,0	5:23,217	00:14:02
108		TERENZI	MARCELLO	UISP LATINA	M_I60	48:38,0	5:24,227	00:14:11
109	F	NERA	ELEONORA	ATLETICA NEPTUNIA	W_D35	48:41,7	5:24,637	00:14:15
110	F	CARACCI	GIORGIA	ATLETICA NEPTUNIA	W_C30	48:41,8	5:24,641	00:14:15
111		FIGLIOLI	GAETANO	D+TRAIL	M_H55	48:47,8	5:25,312	00:14:21
112	F	BRUNETTI	TIZIANA	PODISTICA SOLIDARIETA'	W_F45	48:55,3	5:26,148	00:14:29
113		GIRARDI	SERGIO	ASD CITTA' CASTELLI ROMANI	M_E40	48:56,7	5:26,301	00:14:30
114		MENEGON	ADRIANO	A.S.D. PODISTICA PONTINIA	M_E40	49:00,3	5:26,699	00:14:34
115	F	URSI	ISA	RIFONDAZIONE PODISTICA	W_F45	49:19,9	5:28,877	00:14:53
116	F	DE ANGELIS	PATRIZIA	PODISTICA SOLIDARIETA'	W_H55	49:22,7	5:29,193	00:14:56
117		LEOPARDI	PAOLO	G.S. CAT SPORT ROMA	M_G50	49:28,5	5:29,828	00:15:02
118		BASTIANELLI	ROBERTO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_I60	49:32,7	5:30,302	00:15:06
119	F	MARTININI	SILVIA	PODISTICA SOLIDARIETA'	W_E40	49:35,4	5:30,598	00:15:09
120	F	VENDITTI	MARIA FLAVIA	ASD NUOVA PODISTICA LATINA	W_F45	49:42,1	5:31,342	00:15:16
121		PONZO	SIMONE	FORHANS TEAM	M_D35	49:46,2	5:31,803	00:15:20
122		PAPAGNA	ROBERTO	ASD ITALIA SPORT RUNNING	M_E40	49:53,0	5:32,554	00:15:26
123		CAVICCHIA	FABIO	D+TRAIL	M_F45	49:53,9	5:32,660	00:15:27
124		NOCCA	MAURIZIO	A.S.D. TRA LE RIGHE	M_H55	50:00,0	5:33,337	00:15:33
125		GERASSIMOV	GUEORGUI PLAMENOV	A.S.D. CENTRO FITNESS MONTELLO	M_D35	50:04,9	5:33,879	00:15:38
126		FEDERICI	ANGELO	GRUPPO MARCIATORI SIMBRUINI	M_I60	50:05,9	5:33,989	00:15:39
127		RADICIOLI	ROBERTO	UISP LATINA	M_I60	50:13,8	5:34,870	00:15:47
128		GRECO	PASQUALE	A.S.D. CENTRO FITNESS MONTELLO	M_F45	50:15,2	5:35,028	00:15:49
129		RECCANELLO	CESARE	A.S.D. CENTRO FITNESS MONTELLO	M_G50	50:21,4	5:35,706	00:15:55
130	F	CAPODIFERRO	MARIA GRAZIA	A.S.D. CENTRO FITNESS MONTELLO	W_E40	50:21,4	5:35,708	00:15:55
131		TACCONI	MARIO	A.S.D. CENTRO FITNESS MONTELLO	M_MN	50:23,0	5:35,886	00:15:56
132		CANCIELLO	ROCCO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	50:23,8	5:35,982	00:15:57
133		ANGELOTTI	GIUSEPPE	A.S.D. PODISTICA PONTINIA	M_G50	50:26,6	5:36,292	00:16:00
134		FIORINZA	RENATO	PODISTICA SOLIDARIETA'	M_L65	50:31,8	5:36,867	00:16:05
135	F	SPADA	DANIELA	A.S.D. INTESATLETICA	W_F45	50:33,2	5:37,022	00:16:07
136		MAZZONE	STEFANO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_G50	50:34,4	5:37,157	00:16:08

137		IMPARATO	CIRO	A.S.D. PODISTICA PONTINIA	M_F45	50:45,3	5:38,369	00:16:19
138		MAIOLO	IVANO	FIDAL RUNCARD	M_C30	50:49,1	5:38,793	00:16:23
139		VASTOLA	ALDO	ATL. BORG. RIUN.SERMONETA	M_F45	51:31,4	5:43,489	00:17:05
140		ZOMPATORI	EGIDIO	A.S.D. INTESATLETICA	M_E40	51:36,5	5:44,060	00:17:10
141		DE ANGELIS	LUCIANO	UISP LATINA	M_I60	51:40,4	5:44,494	00:17:14
142		ROMANELLI	FRANCO	A.S.D. PODISTICA PONTINIA	M_E40	51:42,1	5:44,673	00:17:16
143		BESTIACO	MARINO	FORHANS TEAM	M_L65	51:44,6	5:44,958	00:17:18
144		LUCIANI	GIAN MARCO	FIDAL RUNCARD	M_C30	51:45,2	5:45,019	00:17:19
145		LOLI	PAOLO	RIFONDAZIONE PODISTICA	M_H55	51:45,2	5:45,021	00:17:19
146		CONTI	STEFANO	RIFONDAZIONE PODISTICA	M_H55	51:52,5	5:45,833	00:17:26
147	F	BARCHIESI	MARTINA	FORHANS TEAM	W_A20	51:58,1	5:46,453	00:17:32
148		LUCIDI	FABIO	RIFONDAZIONE PODISTICA	M_H55	52:00,3	5:46,700	00:17:34
149	F	RUMMO	BEATRICE	A.S.D. CENTRO FITNESS MONTELLO	W_H55	52:04,0	5:47,108	00:17:37
150	F	MAROZZINI	DANIELA	A.S.D. CENTRO FITNESS MONTELLO	W_E40	52:06,2	5:47,352	00:17:40
151		BATTISTI	MAURIZIO	PODISTICA SOLIDARIETA'	M_H55	52:20,3	5:48,921	00:17:54
152		CANINI	FABIO	PODISTICA SOLIDARIETA'	M_G50	52:22,0	5:49,110	00:17:55
153		MOLINARI	MARCELLO	A.S.D. ATLETICA SETINA	M_L65	52:40,9	5:51,210	00:18:14
154		FAZIO	SALVATORE EMANUELE	A.S.D. CENTRO FITNESS MONTELLO	M_I60	52:44,7	5:51,632	00:18:18
155		CALO'	FULVIO	A.S.D. ATLETICA SABAUDIA	M_F45	52:59,3	5:53,253	00:18:33
156		ARAMINI	ANTONIO	A.S.D. ATLETICA SABAUDIA	M_E40	53:00,2	5:53,360	00:18:34
157		VERNINI	RENATO	ASD EQUILIBRIUM	M_G50	53:01,9	5:53,543	00:18:35
158	F	BALUTA	GEORGIANA VIORELA	ASD ITALIA SPORT RUNNING	W_D35	53:08,6	5:54,292	00:18:42
159	F	CIBATI	TATIANA	ASD ITALIA SPORT RUNNING	W_F45	53:08,6	5:54,292	00:18:42
160		PUNZETTI	ARMANDO	A.S.D. PODISTICA PONTINIA	M_MN	53:10,7	5:54,524	00:18:44
161		ROMAGGIOLI	SANDRO	ASD RUNNING CLUB ATL. LARIANO	M_L65	53:13,2	5:54,806	00:18:47
162		VALENTE	GIUSEPPE	A.S.D. CENTRO FITNESS MONTELLO	M_H55	53:25,7	5:56,187	00:18:59
163	F	DUMA	MARIA	UISP LATINA	W_H55	53:34,0	5:57,109	00:19:07
164		ALFIERI	ONOFRIO SANTINO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	53:37,4	5:57,491	00:19:11
165		SCHIAVERELLI	ALESSANDRO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	53:54,9	5:59,434	00:19:28
166		VIGLIANESE	ANDREA	A.S.D. AMATORI ATLETICA POMEZIA	M_H55	53:57,3	5:59,698	00:19:31
167	F	PATRICOLO	SUSANNA	A.S.D. AMATORI ATLETICA POMEZIA	W_I60	54:00,4	6:00,048	00:19:34
168		MICHELI	MAURIZIO	A.S.D. PODISTICA PONTINIA	M_L65	54:18,2	6:02,020	00:19:52
169		RIZZI	LUCIANO	A.S.D. ATLETICA LATINA	M_L65	54:42,3	6:04,697	00:20:16
170		BAZZONI	ALESSANDRO	A.S.D. INTESATLETICA	M_E40	54:49,3	6:05,476	00:20:23
171	F	SEZZI	GIORGIA	A.S.D. ROCCAGORGA	W_F45	54:49,4	6:05,488	00:20:23
172		LEOMAZZI	SERGIO	A.S.D. CENTRO FITNESS MONTELLO	M_H55	55:02,9	6:06,989	00:20:36
173	F	MOAURO	EMANUELA	AMATORI TOP RUNNERS CASTELLI ROMANI	W_F45	55:03,1	6:07,007	00:20:37
174	F	ABBAFATI	KATIUSCIA	AMATORI TOP RUNNERS CASTELLI ROMANI	W_D35	55:03,2	6:07,020	00:20:37
175		MOLINARO	ANTONELLO	ASD ITALIA SPORT RUNNING	M_I60	55:03,7	6:07,074	00:20:37
176		CECCACCI	PAOLO	ATL. BORG. RIUN.SERMONETA	M_F45	55:22,0	6:09,107	00:20:55
177		BOLOGNI	ANDREA	A.S.D. RUNNING EVOLUTION	M_D35	55:27,2	6:09,684	00:21:01
178		COCCI	MAURIZIO	A.S.D. CENTRO FITNESS MONTELLO	M_F45	55:52,9	6:12,547	00:21:26
179		DE ANGELIS	DOMENICO	A.S.D. ROCCAGORGA	M_I60	55:57,8	6:13,084	00:21:31
180		ALBANO	MASSIMO	A.S.D. CENTRO FITNESS MONTELLO	M_E40	56:09,6	6:14,403	00:21:43
181	F	LAMBERTI	CINZIA	A.S.D. PODISTICA PONTINIA	W_E40	56:26,6	6:16,290	00:22:00
182		SALUSTRI	DONATO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_I60	56:41,7	6:17,968	00:22:15
183		CALDERONI	ELVIO	ASD ITALIA SPORT RUNNING	M_F45	56:48,9	6:18,762	00:22:22
184		MILAZZO	GASPARE	D+TRAIL	M_E40	56:54,0	6:19,336	00:22:27
185		FIOROT	DAVID	NETTUNIA AIRSOFT	M_C30	56:55,7	6:19,523	00:22:29
186	F	PANZIERI	CAMILLA	RIFONDAZIONE PODISTICA	W_E40	57:00,2	6:20,021	00:22:34
187	F	SORBERA	MARIENRICA	ATL. ANZIO	W_E40	57:07,6	6:20,842	00:22:41
188	F	TOPATIGH	NATASCIA	A.S.D. CENTRO FITNESS MONTELLO	W_E40	57:12,7	6:21,408	00:22:46
189		ASTER	ALFREDO	A.S.D. AMATORI ATLETICA POMEZIA	M_MN	57:14,9	6:21,651	00:22:48
190	F	ROCCARINA	ANTONELLA	A.S.D. PODISTICA PONTINIA	W_G50	57:15,5	6:21,728	00:22:49
191	F	FALCONE	ANNA EMILIA	ATL. ANZIO	W_H55	57:34,6	6:23,848	00:23:08
192		LEO	STEFANO	G.S. BANCARI ROMANI	M_H55	57:38,9	6:24,327	00:23:12
193		ANNOLFI	SERGIO	A.S.D. INTESATLETICA	M_F45	57:40,7	6:24,520	00:23:14
194		PISONI	STEFANO	FIDAL RUNCARD	M_G50	57:50,3	6:25,587	00:23:24
195	F	SBERNOLI	EBE	A.S.D. AMATORI ATLETICA POMEZIA	W_G50	57:56,9	6:26,324	00:23:30
196	F	SCIOTTI	MARIA	AMATORI TOP RUNNERS CASTELLI ROMANI	W_I60	58:03,9	6:27,103	00:23:37
197		LIZZIO	LEONARDO	A.S.D. ATLETICA SABAUDIA	M_L65	58:48,3	6:32,030	00:24:22
198		BOATTINI	FABIO	RIFONDAZIONE PODISTICA	M_H55	58:58,6	6:33,183	00:24:32
199	F	CIARDI	GIOVANNA	AMATORI TOP RUNNERS CASTELLI ROMANI	W_H55	59:46,3	6:38,474	00:25:20
200		PANZA	MASSIMILIANO	FRANGAR NON FLECTAR	M_F45	59:51,6	6:39,063	00:25:25
201		MARINELLI	PIERO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_I60	1:00:15,3	6:41,702	00:25:49
202		VALERIO	FRANCESCO	PODISTICA SOLIDARIETA'	M_L65	1:00:20,7	6:42,300	00:25:54
203	F	BELLATO	DANIELA	A.S.D. PODISTICA PONTINIA	W_D35	1:00:33,3	6:43,708	00:26:07
204		MENICHELLI	MARCO	UISP LATINA	M_F45	1:00:33,3	6:43,710	00:26:07
205	F	DIANI	PATRIZIA	A.S.D. AMATORI ATLETICA POMEZIA	W_H55	1:01:10,5	6:47,842	00:26:44
206	F	DEL SORDO	EMILIA	A.S.D. AMATORI ATLETICA POMEZIA	W_G50	1:04:04,9	7:07,212	00:29:38
207	F	CATALANO	GABRIELLA	ASD RIFONDAZIONE PODISTICA	W_G50	1:04:47,4	7:11,942	00:30:21
208	F	COGLIANO	ELIANA	RUNNERS FOR EMERGENCY	W_D35	1:04:47,6	7:11,956	00:30:21
209	F	IULIANO	GIOVANNA	RUNFOREVER APRILIA	W_F45	1:04:47,7	7:11,967	00:30:21
210		ARCAI CHIRRA	ADALBERTO	A.S.D. CENTRO FITNESS MONTELLO	M_MN	1:04:47,7	7:11,968	00:30:21
211	F	DIMASI	NADIA	A.S.D. CENTRO FITNESS MONTELLO	W_F45	1:05:43,7	7:18,199	00:31:17

212	F	BERLINCIONI	CARLA	A.S.D. CENTRO FITNESS MONTELLO	W_I60	1:06:10,1	7:21,122	00:31:44
213	F	PILLA	CARMELINA	NETTUNIA AIRSOFT	W_F45	1:07:25,5	7:29,501	00:32:59
214	F	MIGHELI	ALESSANDRA	RIFONDAZIONE PODISTICA	W_H55	1:07:35,4	7:30,603	00:33:09
215		MORELLI	MARCO	AMATORI TOP RUNNERS CASTELLI ROMANI	M_H55	1:07:58,1	7:33,127	00:33:32
216	F	SARACINO	MARZIA	A.S.D. INTESATLETICA	W_E40	1:09:17,8	7:41,988	00:34:51
217	F	CICERCHIA	CRISTINA	G.S. BANCARI ROMANI	W_G50	1:10:40,6	7:51,188	00:36:14
218		MICHELETTI	DAVIDE	G.S. BANCARI ROMANI	M_H55	1:10:41,6	7:51,296	00:36:15
219	F	TRULLI	ROBERTA	FIDAL RUNCARD	W_G50	1:12:45,9	8:05,104	00:38:19
220	F	CIOCCHETTI	SILVANA	AS.TRA. ROMA	W_LMN	1:13:17,1	8:08,571	00:38:51
221		DI SIENA	GIUSEPPE	LYCEUM ROMA XIII A.P.D.	M_MN	1:14:14,7	8:14,972	00:39:48
222		COSSU	GIOVANNI	PODISTICA SOLIDARIETA'	M_I60	1:23:55,6	9:19,516	00:49:29
223	F	GIACCO	FLORIANA	ASD ITALIA SPORT RUNNING	W_H55	1:25:45,7	9:31,749	00:51:19