

CLASSIFICA ASSOLUTA

4ª EDIZIONE "RUNDAYS DECATHLON FROSINONE"

FROSINONE - 23/06/2019
GARA PODISTICA SU STRADA DI KM. 8,200

CLASSIFICHE E RILEVAMENTO TEMPI A CURA DI ANDREA ZACCARI - WWW.AZPODISMO.IT

POS.	NUM.	M/F	COGNOME	NOME	SOCIETA'	ANNO	CAT.	TEMPO	MEDIA/KM	DISTACCO
1	1		LUPINETTI	FABIO	A.S.D. ATL. CITTA' DEI PAPI	1972	SM45	00:27:02	3.18	
2	140		LAMIRI	MOHAMMED	A.S.D. USA RUNNERS AVEZZANO	1972	SM45	00:27:29	3.21	00:00:27
3	2		ODDI	DARIO	A.S.D. ATL. CITTA' DEI PAPI	1977	SM40	00:28:30	3.29	00:01:28
4	137		COPPA	FRANCESCO	A.S.D. WIN ALL RACES	1985	SM	00:29:06	3.33	00:02:04
5	5		MATTACOLA	GIOVANNI	A.S.D. POL. CIOCIARA A.FAVA	1962	SM55	00:29:15	3.34	00:02:13
6	9		MINOTTI	ROBERTO	ATL. COLLEFERRO SEGNI	1972	SM45	00:30:01	3.40	00:02:59
7	124		PIACENTINI	UMBERTINO	ATL. COLLEFERRO SEGNI	1978	SM40	00:30:05	3.40	00:03:03
8	6		MALIZIOLA	MAURIZIO	ENDURANCE TRAINING	1962	SM55	00:30:49	3.45	00:03:47
9	145		DI MEO	FABIO	A.S.D. ATLETICA CECCANO	1983	SM35	00:30:53	3.46	00:03:51
10	112		TASI	ILIR	ATL. COLLEFERRO SEGNI	1974	SM45	00:30:57	3.46	00:03:55
11	65		MORETTI	CLAUDIO	POL. ATLETICA CEPRANO	1981	SM35	00:31:23	3.50	00:04:21
12	3		DI CICCIO	ANTONELLO	ATL. AMATORI FIAT CASSINO	1983	SM35	00:31:48	3.53	00:04:46
13	4		GRAVINA	BRUNO	POL. ATLETICA CEPRANO	1979	SM40	00:31:49	3.53	00:04:47
14	147		INCELLI	ANTONIO	ENDURANCE TRAINING	1968	SM50	00:31:54	3.53	00:04:52
15	138		BASILE	ALESSANDRO	A.S.D. ATLETICA CECCANO	1973	SM45	00:31:58	3.54	00:04:56
16	60		LAPOMARDA	VINCENZO	RUNNERS CLUB ANAGNI	1966	SM50	00:32:05	3.55	00:05:03
17	131		D'AVERSA	MATTEO	A.S.D. ATL. FROSINONE - EPS	1985	SM	00:32:32	3.58	00:05:30
18	121		CASCHERA	PIETRO	A.S.D. POL. CIOCIARA A.FAVA	1974	SM45	00:32:47	4.00	00:05:45
19	75		BARRALE	GASPARE	ASD RUNNERS ELITE CECCANO	1974	SM45	00:32:50	4.00	00:05:48
20	7		CAVALLARO	GIOVANNI	ATL. AMATORI FIAT CASSINO	1969	SM50	00:33:01	4.02	00:05:59
21	130		MIZZONI	MICHELE	A.S.D. ATLETICA CECCANO	1965	SM50	00:33:20	4.04	00:06:18
22	113		ROSI	PAOLO	ASD TORRICE RUNNERS	1973	SM45	00:33:25	4.05	00:06:23
23	88		D'ANNIBALE	ANTONIO	A.S.D. LIRI RUNNERS	1978	SM40	00:33:26	4.05	00:06:24
24	72		CATALDI	STEFANO	RUNNERS ENERGYM	1979	SM40	00:33:30	4.05	00:06:28
25	22		ROMANO	ANDREA	ASD PIPPARUNNERS	1986	SM	00:33:34	4.06	00:06:32
26	89		PACIFICI	ALESSANDRO	A.S.D. LIRI RUNNERS	1971	SM45	00:33:48	4.07	00:06:46
27	132	F	COCCO	CARLA	A.S.D. ATL. FROSINONE - EPS	1987	SF	00:33:55	4.08	00:06:53
28	68		SERA	GIANMARCO	ASD ATLETICA ARCE	1974	SM45	00:34:03	4.09	00:07:01
29	90		PANACCI	MASSIMILIANO	A.S.D. LIRI RUNNERS	1973	SM45	00:34:16	4.11	00:07:14
30	17		D'ADAMO	MANILO	ATL. AMATORI FIAT CASSINO	1981	SM35	00:34:28	4.12	00:07:26
31	71		MASTRONARDI	FABIO	A.S.D. ATL. CITTA' DEI PAPI	1978	SM40	00:34:33	4.13	00:07:31
32	10	F	ANDREOLI	ROBERTA	A.S.D. POD. AVIS PRIVERNO	1982	SF35	00:34:51	4.15	00:07:49
33	24		CAPPELLO	TOMMASO	ATL. AMATORI FIAT CASSINO	1964	SM55	00:34:53	4.15	00:07:51
34	78		DI RITA	LUIGI	ASD RUNNERS ELITE CECCANO	1963	SM55	00:34:56	4.16	00:07:54
35	18		MERLETTI	GIANMARCO	RUNCARD	1997	SM	00:34:58	4.16	00:07:56
36	93		GEREMIA	ROCCO	ASD SORA RUNNERS CLUB	1960	SM55	00:35:01	4.16	00:07:59
37	115		VITELLI	IVAN	A.S.D. ATLETICA CECCANO	1990	SM	00:35:07	4.17	00:08:05
38	118		FRAIOLI	MARIO	-	1966	SM50	00:35:13	4.18	00:08:11
39	142		DE SANTIS	DANILO	A.S.D. LIRI RUNNERS	1979	SM40	00:35:16	4.18	00:08:14
40	94		IZZI	AGOSTINO	ASD SORA RUNNERS CLUB	1960	SM55	00:35:21	4.19	00:08:19
41	110		LEO	FRANCESCO	A.S.D. ATLETICA CECCANO	1995	SM	00:35:38	4.21	00:08:36
42	146		COLASANTI	MARCO	A.S.D. ATL. CITTA' DEI PAPI	1982	SM35	00:35:38	4.21	00:08:36
43	102		FIORINI	FELICE	A.S.D. POL. CIOCIARA A.FAVA	1957	SM60	00:35:49	4.22	00:08:47
44	27		COLELLA	GINO	ATL. AMATORI FIAT CASSINO	1963	SM55	00:36:10	4.25	00:09:08
45	36		VIATTI	ROCCO	ATL. AMATORI FIAT CASSINO	1968	SM50	00:36:14	4.25	00:09:12
46	122		CANALI	FRANCESCO	IL CORRIDORE RUNN. CLUB-EPS	1969	SM50	00:36:26	4.27	00:09:24
47	79		LUNGHI	ALESSANDRO	ASD RUNNERS ELITE CECCANO	1980	SM35	00:36:26	4.27	00:09:24
48	62		RICCI	DOMENICO	RUNNERS CLUB ANAGNI	1984	SM35	00:36:41	4.28	00:09:39
49	85		CAPOZI	STEFANO	ASD TORRICE RUNNERS	1985	SM	00:36:49	4.29	00:09:47
50	105		MORETTI	GIUSEPPE	A.S.D. POL. CIOCIARA A.FAVA	1980	SM35	00:36:57	4.30	00:09:55
51	129		FRAIOLI	MARIO	A.S.D. POL. CIOCIARA A.FAVA	1961	SM55	00:37:03	4.31	00:10:01
52	25		CARLINO	VINCENZO	ATL. AMATORI FIAT CASSINO	1970	SM45	00:37:12	4.32	00:10:10
53	39		CELLUPICA	STEPHAN	PODISTICA DEI FIORI	1969	SM50	00:37:25	4.34	00:10:23
54	119		LUZI	ANTONIO	A.S.D. ATLETICA CECCANO	1961	SM55	00:37:27	4.34	00:10:25
55	82		EDITTO	LUIGI	ATL. COLLEFERRO SEGNI	1959	SM60	00:37:35	4.35	00:10:33
56	47		SPERDUTI	TIERI	A.S.D. POL. ORO FANTASY	1963	SM55	00:37:37	4.35	00:10:35
57	48		SALVATI	ANGELO	A.S.D. POL. ORO FANTASY	1966	SM50	00:37:38	4.35	00:10:36
58	125		DEL SIGNORE	ALESSANDRO	ATL. AMATORI FIAT CASSINO	1976	SM40	00:37:47	4.36	00:10:45
59	136		IOVINE	PIETRO	ENDURANCE TRAINING	1963	SM55	00:37:58	4.38	00:10:56
60	139	F	BIANCHI	PATRIZIA	A.S.D. USA RUNNERS AVEZZANO	1967	SF50	00:38:12	4.40	00:11:10
61	67		ANTONUCCI	LUCIANO	ASD STILE LIBERO I CICLOPI	1964	SM55	00:38:20	4.40	00:11:18
62	150		CORSO	VINCENZO	POD. AMATORI MOROLO - EPS	1968	SM50	00:38:25	4.41	00:11:23
63	134		PISANI	MAURO	ASD ERNICA RUNNING	1971	SM45	00:38:34	4.42	00:11:32
64	109		LEO	MARIO	A.S.D. ATLETICA CECCANO	1962	SM55	00:38:38	4.43	00:11:36
65	37		DI LETIZIA	PIO	ATL. AMATORI FIAT CASSINO	1982	SM35	00:38:44	4.43	00:11:42

66	73	F	PIETROBONO	ALESSANDRA	RUNNERS ENERGY	1980	SF35	00:38:47	4.44	00:11:45
67	96		BINDA	TONINO	TOP RUN CECCANO ASD	1961	SM55	00:39:05	4.46	00:12:03
68	16		D'ADAMO	GIANCARLO	ATL. AMATORI FIAT CASSINO	1955	SM60	00:39:07	4.46	00:12:05
69	13		ANTONUCCI	IVAN	RUNCARD	1974	SM45	00:39:20	4.48	00:12:18
70	143		MOLLICONE	ALESSANDRO	RUNCARD	1973	SM45	00:39:29	4.49	00:12:27
71	106		COSENTINO	GIUSEPPE	RUNCARD	1985	SM	00:39:32	4.49	00:12:30
72	133		VENTURINO	MARIO	CUS CASSINO	1949	SM70	00:39:34	4.50	00:12:32
73	70		ROSI	ANTONIO	A.S.D. ATL. CITTA' DEI PAPI	1962	SM55	00:39:37	4.50	00:12:35
74	41		CHIERCHIA	SILVIO	A.S.D. POL. ORO FANTASY	1959	SM60	00:39:48	4.51	00:12:46
75	117		ARDUINI	ROBERTO	A.S.D. ATLETICA CECCANO	1964	SM55	00:39:50	4.51	00:12:48
76	26		CIOTOLI	ALESSANDRO	ATL. AMATORI FIAT CASSINO	1958	SM60	00:39:52	4.52	00:12:50
77	14		CAPOBIANCO	ANTONIO	RUNCARD	1968	SM50	00:39:55	4.52	00:12:53
78	53		FOGLIETTA	GIUSEPPE	A.S.D. ATL. FROSINONE - EPS	1978	SM40	00:39:59	4.53	00:12:57
79	135	F	LANNI	SONIA	ASD ERNICA RUNNING	1973	SF45	00:40:03	4.53	00:13:01
80	114		SISTI	STEFANO	ASD ATLETICA ARCE	1984	SM35	00:40:15	4.55	00:13:13
81	77		CIOTOLI	SIMONE	ASD RUNNERS ELITE CECCANO	1971	SM45	00:40:46	4.58	00:13:44
82	69	F	GARCIA PAYTUVI	CELIA LUCRECIA	A.S.D. ATLETICA CECCANO	1959	SF60	00:41:13	5.02	00:14:11
83	32		REA	ONORIO	ATL. AMATORI FIAT CASSINO	1963	SM55	00:41:33	5.04	00:14:31
84	81		RAPONE	GIULIANO	A.S.D. ATL. CITTA' DEI PAPI	1976	SM40	00:41:35	5.04	00:14:33
85	23		COLETTA	MAURIZIO	ASD TORRICE RUNNERS	1955	SM60	00:41:41	5.05	00:14:39
86	86		DATTI	ODOARDO	ASD TORRICE RUNNERS	1960	SM55	00:41:47	5.06	00:14:45
87	123		ALFANO	ANTONIO	A.S.D. POL. CIOCIARA A.FAVA	1961	SM55	00:41:53	5.06	00:14:51
88	108		MARTARESE	GAETANO	RUNNING CLUB LATINA	1985	SM	00:41:59	5.07	00:14:57
89	45		MARTINI	GIOVANNI	A.S.D. POL. ORO FANTASY	1953	SM65	00:42:08	5.08	00:15:06
90	33		TEDESCHI	DAVIDE	ATL. AMATORI FIAT CASSINO	1986	SM	00:42:15	5.09	00:15:13
91	141	F	CENSORIO	ROMINA	LIB. RUNNERS AVEZZANO - EPS	1971	SF45	00:42:17	5.09	00:15:15
92	59	F	IMPERIA	VALENTINA	RUNNERS CLUB ANAGNI	1965	SF50	00:42:31	5.11	00:15:29
93	56		CECILIA	FLAVIO	RUNNERS CLUB ANAGNI	1976	SM40	00:42:32	5.11	00:15:30
94	28		CUCCHI	ANTONIO	ATL. AMATORI FIAT CASSINO	1964	SM55	00:42:35	5.12	00:15:33
95	34		TRANI	MARCELLO	ATL. AMATORI FIAT CASSINO	1964	SM55	00:42:42	5.12	00:15:40
96	83		MORICONI	FAUSTINO	ASD TORRICE RUNNERS	1963	SM55	00:43:08	5.16	00:16:06
97	98		MAGNANTE	GIUSEPPE	ASD TORRICE RUNNERS	1968	SM50	00:43:15	5.16	00:16:13
98	66		PALLADINO	MICHELANGELO	POL. ATLETICA CEPRANO	1955	SM60	00:43:24	5.18	00:16:22
99	21		LEONE	NICOLA CLAUDIO	ATL. AMATORI FIAT CASSINO	1974	SM45	00:43:25	5.18	00:16:23
100	80		SCACCIA	GIANFRANCO	ENDURANCE TRAINING	1955	SM60	00:43:40	5.20	00:16:38
101	95		CARDAZI	ANDREA	ASD TORRICE RUNNERS	1976	SM40	00:43:44	5.20	00:16:42
102	103		LUFFARELLI	MAURIZIO	A.S.D. POL. CIOCIARA A.FAVA	1969	SM50	00:44:19	5.24	00:17:17
103	84	F	NARDONI	MARIA TERESA	ASD TORRICE RUNNERS	1968	SF50	00:44:41	5.27	00:17:39
104	30	F	PAGANO	ALESSANDRA	ATL. AMATORI FIAT CASSINO	1986	SF	00:45:07	5.30	00:18:05
105	128		MESSIA	MAURO	ENDURANCE TRAINING	1964	SM55	00:45:11	5.31	00:18:09
106	44		LUCCHI	PAOLO	A.S.D. POL. ORO FANTASY	1953	SM65	00:45:26	5.32	00:18:24
107	126		D'ANGELO	GIUSEPPE	ENDURANCE TRAINING	1950	SM65	00:45:45	5.35	00:18:43
108	99		PONTONE	GIUSEPPE	ATL. AMATORI FIAT CASSINO	1956	SM60	00:45:52	5.36	00:18:50
109	15	F	FERDINANDI	ROSELLA	ATL. AMATORI FIAT CASSINO	1957	SF60	00:46:12	5.38	00:19:10
110	42	F	CORENO	PAOLA	A.S.D. POL. ORO FANTASY	1969	SF50	00:46:22	5.39	00:19:20
111	144	F	LABANCA	LAUDISA	A.S.D. ATLETICA CECCANO	1987	SF	00:46:29	5.40	00:19:27
112	149		MASI	LUIGI	A.S.D. ATLETICA CECCANO	1949	SM70	00:46:46	5.42	00:19:44
113	52		TESTA	ENRICO	A.S.D. ATL. FROSINONE - EPS	1963	SM55	00:47:02	5.44	00:20:00
114	151		CAPOBASSO	MIRCO	U.S. DOLOMITICA ASD	1988	SM	00:47:18	5.46	00:20:16
115	31	F	PINCHERA	ANTONELLA	ATL. AMATORI FIAT CASSINO	1983	SF35	00:47:33	5.48	00:20:31
116	92	F	TOMEI	VIRGINIA	A.S.D. LIRI RUNNERS	1971	SF45	00:48:01	5.51	00:20:59
117	57	F	CIBALLI	NOEMI	RUNNERS CLUB ANAGNI	1985	SF	00:49:22	6.01	00:22:20
118	29		DI STEFANO	VINCENZO	ATL. AMATORI FIAT CASSINO	1953	SM65	00:50:48	6.12	00:23:46
119	63	F	ROSI	SONIA	RUNNERS CLUB ANAGNI	1969	SF50	00:51:00	6.13	00:23:58
120	91	F	ROJAS	ANDREA VIVIANA	A.S.D. LIRI RUNNERS	1984	SF35	00:51:13	6.15	00:24:11
121	116		FABRIZI	GIOVANNI	ENDURANCE TRAINING	1943	SM75	00:52:17	6.23	00:25:15
122	127		VONA	DANILO	POL. ATLETICA CEPRANO	1976	SM40	00:53:10	6.29	00:26:08
123	120	F	MARTIGNANI	MARILENA	ENDURANCE TRAINING	1954	SF65	00:54:01	6.35	00:26:59
124	97	F	STACCONI	PAOLA	TOP RUN CECCANO ASD	1975	SF40	00:55:12	6.44	00:28:10
125	148	F	PATRIZI	ANNUNZIATA	ENDURANCE TRAINING	1968	SF50	00:56:23	6.53	00:29:21
126	55		ARCHILLETI	GIANCARLO	RUNNERS CLUB ANAGNI	1954	SM65	00:56:24	6.53	00:29:22
127	50	F	FIORI	DIANA	RUNCARD	1985	SF	00:58:56	7.11	00:31:54
128	107	F	BOUDEN	FATHIA	IL CORRIDORE RUNN. CLUB-EPS	1956	SF60	00:59:21	7.14	00:32:19
129	111		INCITTI	ANGELO	A.S.D. ATLETICA CECCANO	1934	SM85	00:59:24	7.15	00:32:22
130	43		FOGLIETTA	GIUSEPPE	A.S.D. POL. ORO FANTASY	1951	SM65	01:04:44	7.54	00:37:42