

CLASSIFICA ASSOLUTA

20ª EDIZIONE "CASCATALONGA"

ISOLA LIRI (FR) - 23/07/2011

GARA PODISTICA SU STRADA DI KM. 11

DAL SITO WWW.AZPODISMO.IT - IL SITO DI ANDREA ZACCARI

Classifiche e rilevamento tempi a cura di Gruppo Giudici UISP Latina -TDS

POS.	M/F	COGNOME	NOME	SOCIETA'	CATEG.	TEMPO	MIN/KM	KM. 2,2	KM. 4,4	KM. 6,6	KM. 8,8
1		KABBOURI	YASSINE	A.S.D. POL. LIBERTAS CATANIA	M_A20	0:32:17	2:56	0:06:17	0:12:47	0:19:12	0:25:52
2		JAOUAD	ZAIN	A.S.D. RUNNING EVOLUTION	M_A20	0:32:27	2:57	0:06:17	0:12:47	0:19:11	0:25:52
3		FILALI	TAYEB	FITNES MONTELLO	M_C30	0:32:34	2:57	0:06:17	0:12:47	0:19:18	0:25:55
4		JOUAHER	SAMIR	libertas	M_A20	0:33:01	3:00	0:06:17	0:12:47	0:19:18	0:26:13
5		KABBOURI	ABDELEKRIM	ASD U.S. ATERNO PESCARA	M_A20	0:33:04	3:00	0:06:18	0:12:47	0:19:29	0:26:22
6		LAMIRI	MOHAMMED	ASD ECOMARATONA DEI MARSII	M_D35	0:33:34	3:03	0:06:18	0:13:01	0:19:50	0:26:40
7		ADIM	ISMAIL	FIAMME ARGENTO CASERTA	M_C30	0:33:53	3:04	0:06:17	0:13:07	0:20:01	0:27:02
8		PETREI	ANTONELLO	RUNNING CLUB FUTURA	M_D35	0:34:30	3:08	0:06:32	0:13:23	0:20:20	0:27:21
9		ERRADI	RACHID	COLLEFERRO ATLETICA	M_E40	0:35:00	3:10	0:06:51	0:13:49	0:20:59	0:28:03
10		KADIRI	HAMID	FIAMME ARGENTO CASERTA	M_C30	0:35:15	3:12	0:06:28	0:13:28	0:20:46	0:28:03
11		DI STEFANO	MICHAEL	E.SERVIZI ATL. FUTURA ROMA	M_A20	0:35:56	3:16	0:06:59	0:14:03	0:21:18	0:28:39
12		BRANCATO	GIUSEPPE	Atletica Sabaudia	M_A20	0:36:33	3:19	0:07:12	0:14:29	0:21:51	0:29:15
13		LORENZO	GIULIO	PODISTI MARATONA DI ROMA	M_D35	0:36:35	3:19	0:06:57	0:14:20	0:21:46	0:29:15
14		MATTACOLA	GIANNI	POD. FISIOSPORT	M_F45	0:36:37	3:19	0:07:04	0:14:27	0:21:54	0:29:23
15		GERMANI	GIOVANNI	ATLETICA CEPRANO	M_E40	0:36:40	3:20	0:07:04	0:14:27	0:21:55	0:29:24
16		MASTRODICASA	ANDREA	FARTLEK OSTIA	M_E40	0:37:03	3:22	0:06:58	0:14:20	0:21:50	0:29:21
17		RAIMONDI	CRISTIAN	POD. AMATORI MOROLO	M_D35	0:37:34	3:24	0:07:13	0:14:39	0:22:15	0:29:57
18		TERSIGNI	ATTILIO	S.S. LAZIO ATL.	M_F45	0:37:45	3:25	0:07:13	0:14:43	0:22:28	0:30:07
19		TASI	ILIR	COLLEFERRO ATLETICA	M_D35	0:37:54	3:26	0:07:12	0:14:46	0:22:29	0:30:15
20		LO MASTRO	GORIZIO	U.S. MAURINA OLIO CARLI	M_A20	0:37:56	3:26	0:07:19	0:14:55	0:22:36	0:30:26
21		INCOCCIATI	EGIDIO	ATL. AMICIZIA FIUGGI	M_G50	0:38:03	3:27	0:07:04	0:14:37	0:22:24	0:30:16
22		VENAFRO	ROBERTO	PODISTICA DEI FIORI	M_E40	0:38:29	3:29	0:07:13	0:14:47	0:22:30	0:30:26
23		CORSETTI	DAVIDE	ATLETICA ARCE	M_C30	0:38:37	3:30	0:07:37	0:15:19	0:23:05	0:30:58
24		BERNARDINI	LUCIANO	LBM SPORT TEAM	M_F45	0:38:37	3:30	0:07:30	0:15:15	0:23:05	0:30:59
25		DI FOLCO	LUCIANO	ATLETICA ARCE	M_F45	0:39:03	3:33	0:07:50	0:15:41	0:23:27	0:31:18
26		VOZZA	DOMENICO	FIAMME ARGENTO CASERTA	M_C30	0:39:35	3:35	0:07:30	0:15:29	0:23:34	0:31:43
27		LUCCHETTI	MARCELLO	LATINA RUNNERS	M_F45	0:39:40	3:36	0:07:41	0:15:39	0:23:47	0:31:50
28		STOPPANI	PAOLO	Atletica Sabaudia	M_C30	0:39:41	3:36	0:07:50	0:15:50	0:23:48	0:31:50
29	F	SAMIRI	TOURIA	N.ATL. FANFULLA LODIGIANA	W_A20	0:39:46	3:36	0:07:41	0:15:39	0:23:47	0:31:54
30		D'AGOSTINO	DAVIDE	ATINA TRAIL RUNNER	M_A20	0:39:49	3:37	0:07:57	0:15:49	0:23:47	0:31:50
31		DE LISE	GERARDO	FIAMME ARGENTO CASERTA	M_D35	0:40:18	3:39	0:07:45	0:15:43	0:23:49	0:32:14
32		MINICUCCI	RICCARDO	NUOVA PODISTICA LATINA	M_E40	0:40:21	3:40	0:07:48	0:15:50	0:24:02	0:32:13
33		FLAMINI	ALESSANDRO	LATINA RUNNERS	M_D35	0:40:25	3:40	0:07:40	0:15:41	0:23:56	0:32:11
34		PITTIGLIO	SEBASTIEN FABIO	ATL. TRAINING	M_C30	0:40:28	3:40	0:08:21	0:16:32	0:24:41	0:32:41
35		SANTAGATA	FRANCESCO	FIAMME ARGENTO CASERTA	M_D35	0:40:33	3:41	0:07:43	0:15:43	0:23:57	0:32:18
36		CATALDI	ENRICO	GIOVANNI SCAVO 2000 ATL.	M_A20	0:40:35	3:41	0:07:57	0:16:03	0:24:14	0:32:31
37		PANICCIA	GIANCARLO	ATLETICA ENI	M_G50	0:40:37	3:41	0:07:57	0:16:03	0:24:14	0:32:33
38		LAPOMARDA	VINCENZO	RUNNERS CLUB ANAGNI	M_F45	0:40:42	3:42	0:07:57	0:16:08	0:24:21	0:32:35
39		CAVALLARO	GIOVANNI	ATL. TRAINING	M_E40	0:40:51	3:42	0:08:23	0:16:38	0:24:48	0:32:55
40		REALI	DANIELE	COLLEFERRO ATLETICA	M_D35	0:41:15	3:45	0:08:11	0:16:26	0:24:41	0:33:02
41		PARISI	ROCCO	POL.CIOCIARA A.FAVA	M_F45	0:41:23	3:45	0:08:11	0:16:27	0:24:49	0:33:19
42		CERRONE	VALENTINO	SORA RUNNERS CLUB	M_C30	0:41:24	3:45	0:08:11	0:16:27	0:24:50	0:33:12
43		VAVUSO	AURELIO	FIAMME ARGENTO CASERTA	M_C30	0:41:35	3:46	0:07:58	0:16:16	0:24:48	0:33:21
44		MASOCCO	GIULIO	ASD PODISTICA AVIS PRIVERNO	M_G50	0:41:37	3:47	0:07:47	0:16:06	0:24:42	0:33:20
45		POLSINELLI	STEFANO	SORA RUNNERS CLUB	M_H55	0:41:37	3:47	0:08:20	0:16:36	0:24:54	0:33:19
46	F	D'ORSI	ANTONIETTA	ATL. TRAINING	W_E40	0:41:38	3:47	0:08:17	0:16:37	0:24:54	0:33:19
47		DI GIROLAMO	FAUSTO	A.S.D. ATLETICA CALES	M_E40	0:41:40	3:47	0:07:37	0:15:50	0:24:25	0:33:03
48		BARILONE	GIANFRANCO	ATINA TRAIL RUNNER	M_E40	0:41:42	3:47	0:08:07	0:16:27	0:24:53	0:33:20
49		ROSSINI	MICHELE	ATLETICA ARCE	M_E40	0:41:51	3:48	0:08:25	0:16:52	0:25:22	0:33:44
50		D'AMBROGIO	MATTEO	PODISTICA DEI FIORI	M_A20	0:41:51	3:48	0:08:21	0:16:49	0:25:12	0:33:42
51		FANTOZZI	SARO	ASD PODISTICA AVIS PRIVERNO	M_C30	0:42:07	3:49	0:08:19	0:16:33	0:24:55	0:33:34
52		NARDONE	MATTEO	APROCIS RUNNERS TEAM	M_C30	0:42:10	3:50	0:08:37	0:17:07	0:25:32	0:33:58
53		CASSONE	ROBERTO	APROCIS RUNNERS TEAM	M_E40	0:42:10	3:50	0:08:37	0:17:07	0:25:33	0:33:58
54		DE NARDO	MARIO	A.S.D. ATLETICA CALES	M_A20	0:42:11	3:50	0:08:20	0:16:49	0:25:22	0:33:56
55		LANCIA	CLAUDIO	POL.CIOCIARA A.FAVA	M_C30	0:42:21	3:51	0:08:22	0:16:47	0:25:13	0:33:44
56		MONESCALCHI	LUCA	NUOVA PODISTICA LATINA	M_C30	0:42:24	3:51	0:08:16	0:16:34	0:25:13	0:33:57
57	F	MIACCI	ANNALISA	COLLEFERRO ATLETICA	W_D35	0:42:24	3:51	0:08:24	0:16:47	0:25:24	0:33:59
58		ROTUNNO	ROBERTO	ATLETICA ARCE	M_F45	0:42:25	3:51	0:08:20	0:16:49	0:25:22	0:34:02
59		TARDELLA	ENZO	ASD PODISTICA AVIS PRIVERNO	M_D35	0:42:30	3:51	0:08:22	0:16:52	0:25:27	0:34:10
60		BIANUCCI	FRANCESCO	SIMMEL COLLEFERRO	M_D35	0:42:32	3:52	0:08:12	0:16:33	0:25:12	0:33:57
61		PROIA	VINCENZO	POL.CIOCIARA A.FAVA	M_H55	0:42:38	3:52	0:08:18	0:16:50	0:25:25	0:34:08
62		GAZZILLO	ANDREA	ATLETICA LATINA	M_D35	0:42:44	3:53	0:08:21	0:16:59	0:25:42	0:34:22
63		PANTANELLA	GIUSEPPE	ATLETICA ARCE	M_A20	0:42:45	3:53	0:08:20	0:16:48	0:25:23	0:34:03
64		MIZZONI	MICHELE	ATL. FROSINONE	M_F45	0:42:46	3:53	0:08:21	0:16:51	0:25:31	0:34:10
65		EVANGELISTA	GIANNI	ATL. TRAINING	M_E40	0:42:53	3:53	0:08:37	0:17:11	0:25:49	0:34:32
66		BOCCIA	MARCO	POL.NAMASTE TEAM CLUB	M_C30	0:42:55	3:54	0:08:24	0:16:58	0:25:44	0:34:33
67		MAGLIOCCA	FRANCESCO	FIAMME ARGENTO CASERTA	M_E40	0:42:58	3:54	0:08:43	0:17:09	0:25:38	0:34:21
68		FIorentini	CLAUDIO	ATL. ROCCA PRIORA	M_E40	0:42:58	3:54	0:08:32	0:17:02	0:25:38	0:34:24

69		MUSELLI	LUCA	MARATHON CLUB NEAPOLIS VESEVO	M_D35	0:43:00	3:54	0:08:21	0:16:57	0:25:40	0:34:24
70		CIOCI	GAETANO	POD. ORO FANTASY	M_H55	0:43:10	3:55	0:08:15	0:16:55	0:25:41	0:34:29
71		PELLEGRINO	ALESSANDRO	FIAMME ARGENTO CASERTA	M_E40	0:43:17	3:56	0:09:01	0:17:34	0:26:07	0:34:44
72		PANNONE	FABIO	POL.CIOCIARA A.FAVA	M_F45	0:43:23	3:56	0:08:27	0:17:05	0:25:48	0:34:41
73	F	SERRA	ANNA	COLLEFERRO ATLETICA	W_A20	0:43:24	3:56	0:08:42	0:17:29	0:26:16	0:35:05
74		MASELLA	LUIGI	SIMMEL COLLEFERRO	M_G50	0:43:25	3:56	0:08:09	0:17:00	0:26:12	0:35:01
75		TESON	OSCAR MAURO	NUOVA PODISTICA LATINA	M_E40	0:43:25	3:56	0:08:19	0:17:00	0:25:56	0:34:49
76	F	VITALE	ALBA	ASD MONTEMILLETTO TEAM RUNNERS	W_F45	0:43:31	3:57	0:08:35	0:17:20	0:26:06	0:34:55
77		COLALUCA	SERGIO	SIMMEL COLLEFERRO	M_H55	0:43:33	3:57	0:08:11	0:16:44	0:25:35	0:34:40
78		TESTA	GIOVANNI	FIAMME ARGENTO CASERTA	M_A20	0:43:34	3:57	0:08:35	0:17:20	0:26:05	0:34:55
79		CHIALASTRI	GIUSEPPE	ASD PALESTRINA RUNNING	M_H55	0:43:39	3:58	0:08:26	0:17:06	0:25:56	0:34:53
80		GUADAGNINO	GIUSEPPE	NUOVA PODISTICA LATINA	M_E40	0:43:41	3:58	0:08:04	0:17:00	0:25:55	0:34:54
81		FIORINI	FELICE	ASD OPOA TEAM RUNNING TRASACCO	M_G50	0:43:42	3:58	0:08:28	0:17:20	0:26:06	0:35:01
82		PRAVETTONI	LORENZO	POL.NAMASTE TEAM CLUB	M_A20	0:43:48	3:58	0:08:28	0:17:15	0:26:08	0:35:05
83		TREPPICIONI	EMANUELE	ATLETICA CEPRANO	M_C30	0:43:51	3:59	0:08:17	0:16:49	0:25:46	0:34:52
84		BASILE	ALESSANDRO	POL.NAMASTE TEAM CLUB	M_D35	0:44:11	4:01	0:08:42	0:17:28	0:26:23	0:35:23
85	F	SACCO	MARIA	ATL. TRAINING	W_E40	0:44:15	4:01	0:08:39	0:17:23	0:26:12	0:35:13
86		CESTRA	MARCO	POL.NAMASTE TEAM CLUB	M_E40	0:44:16	4:01	0:09:05	0:17:43	0:26:36	0:35:28
87		FLAMINI	ANTONIO	LATINA RUNNERS	M_I60	0:44:20	4:01	0:08:19	0:17:09	0:26:13	0:35:15
88		PAONE	GIANNI	S.S. LAZIO ATL.	M_I60	0:44:29	4:02	0:08:50	0:17:44	0:26:39	0:35:38
89		DE PAOLIS	EDOARDO	ASD PODISTICA AVIS PRIVERNO	M_D35	0:44:46	4:04	0:09:24	0:18:27	0:27:20	0:36:15
90		MARTINI	ANGELO	ASD PODISTICA AVIS PRIVERNO	M_A20	0:44:48	4:04	0:09:24	0:18:27	0:27:20	0:36:15
91		VENTURA	FABIO	ATLETICA CEPRANO	M_C30	0:44:49	4:04	0:09:23	0:18:23	0:27:26	0:36:21
92		DI PALMA	GIANCARLO	ATLETICA ARCE	M_D35	0:44:49	4:04	0:09:09	0:17:58	0:26:56	0:35:52
93		FIORLETTA	IACOPO	PODISTICA DEI FIORI	M_A20	0:44:51	4:04	0:08:58	0:17:58	0:27:05	0:36:14
94		LANCIA	DANIEL	POD. ORO FANTASY	M_E40	0:44:57	4:05	0:08:15	0:17:09	0:26:19	0:35:41
95		LUCCI	LUCA	ANNA BABY RUNNER	M_F45	0:45:03	4:05	0:09:05	0:18:10	0:27:11	0:36:15
96		ZACCARDELLI	MASSIMO	PODISTICA DEI FIORI	M_E40	0:45:08	4:06	0:09:01	0:18:00	0:27:08	0:36:16
97		PIZZUTI	DOMENICO	SORA RUNNERS CLUB	M_F45	0:45:10	4:06	0:09:08	0:18:09	0:27:13	0:36:16
98		SALVADOR	FABIO	SORA RUNNERS CLUB	M_F45	0:45:10	4:06	0:08:31	0:17:34	0:26:59	0:36:18
99		RIZZA	GIANLUCA	POL.CIOCIARA A.FAVA	M_A20	0:45:12	4:06	0:09:57	0:19:10	0:28:04	0:36:52
100		CAPPELLO	TOMMASO	SORA RUNNERS CLUB	M_F45	0:45:14	4:06	0:09:07	0:18:08	0:27:12	0:36:16
101		BRUNI	GIORGIO	ATINA TRAIL RUNNER	M_A20	0:45:16	4:06	0:08:27	0:17:12	0:26:24	0:35:50
102		RANFONE	GIOVANNI	OPOA PLUS ULTRA	M_G50	0:45:18	4:07	0:08:41	0:17:34	0:26:46	0:36:08
103		ROCCO	ANTONIO	NUOVA PODISTICA LATINA	M_D35	0:45:23	4:07	0:09:05	0:18:21	0:27:27	0:36:34
104		NACCA	VINCENZO	FIAMME ARGENTO CASERTA	M_A20	0:45:31	4:08	0:08:11	0:16:57	0:26:10	0:36:01
105		PASQUAL	FABIO	NUOVA PODISTICA LATINA	M_E40	0:45:46	4:09	0:08:56	0:18:02	0:27:07	0:36:39
106		PRIORI	GIULIANO	SIMMEL COLLEFERRO	M_F45	0:45:49	4:09	0:09:00	0:18:10	0:27:28	0:36:47
107		CATALDI	ARCANGELO	ATLETICA ENI	M_G50	0:45:51	4:10	0:08:48	0:17:53	0:27:19	0:36:41
108		GNEO	FRANCESCO	ATINA TRAIL RUNNER	M_A20	0:45:53	4:10	0:08:38	0:17:45	0:27:13	0:36:35
109		POLSINELLI	EUGENIO	SORA RUNNERS CLUB	M_D35	0:45:53	4:10	0:09:51	0:19:16	0:28:29	0:37:26
110		MARTINI	PAOLO	ATINA TRAIL RUNNER	M_F45	0:45:57	4:10	0:08:40	0:17:48	0:27:11	0:36:34
111		PISANI	ENRICO	PODISTICA DEI FIORI	M_C30	0:45:57	4:10	0:08:58	0:17:59	0:27:15	0:36:39
112		GIORDANO	PASQUALE	A.S. ATL. VILLA GUGLIELMI	M_H55	0:45:58	4:10	0:09:05	0:18:18	0:27:37	0:36:48
113		PESCOSOLIDO	PAOLO	ATLETICA ARCE	M_F45	0:45:58	4:10	0:09:13	0:18:21	0:27:44	0:37:08
114		CINOTTI	ANTONIO	FIAMME ARGENTO CASERTA	M_F45	0:45:59	4:10	0:09:03	0:18:03	0:27:15	0:36:42
115		MUNDO	DOMENICO	FIAMME ARGENTO CASERTA	M_I60	0:45:59	4:10	0:09:04	0:18:03	0:27:15	0:36:43
116	F	VONA	NATALIA	POD. FISIOSPORT	W_C30	0:46:04	4:11	0:09:09	0:18:10	0:27:16	0:36:38
117		GEREMIA	FRANCO	SORA RUNNERS CLUB	M_I60	0:46:07	4:11	0:08:58	0:18:01	0:27:18	0:36:42
118		DE ANGELIS	GABRIELE	RUNNERS CLUB ANAGNI	M_E40	0:46:07	4:11	0:09:08	0:18:14	0:27:28	0:36:49
119		ROMANO	RICCARDO	PODISTICA DEI FIORI	M_A20	0:46:09	4:11	0:08:48	0:17:40	0:27:10	0:36:47
120		BIANCHI	ANDREA	ATLETICA ARCE	M_E40	0:46:13	4:12	0:09:10	0:18:24	0:27:44	0:37:07
121		VISCA	LUDOVICO	ASD PODISTICA AVIS PRIVERNO	M_D35	0:46:13	4:12	0:08:42	0:18:22	0:27:35	0:37:02
122		SORGI	ROBERTO	ATL. ROCCA PRIORA	M_H55	0:46:15	4:12	0:08:51	0:17:53	0:27:20	0:36:51
123		ALIBARDI	ANGELO	FITNES MONTELLO	M_D35	0:46:16	4:12	0:09:05	0:17:49	0:27:04	0:36:18
124		GIOVANNINI	PAOLO	NUOVA PODISTICA LATINA	M_F45	0:46:16	4:12	0:09:12	0:18:33	0:28:09	0:37:13
125		PELAGALLI	GUGLIELMO	ASD PODISTICA AVIS PRIVERNO	M_D35	0:46:19	4:12	0:08:56	0:18:14	0:27:31	0:37:03
126		BERNARDINI	GIULIO	ASD PODISTICA AVIS PRIVERNO	M_F45	0:46:22	4:12	0:09:09	0:18:24	0:27:46	0:37:15
127		SALVATI	ARTURO	SORA RUNNERS CLUB	M_D35	0:46:22	4:12	0:09:08	0:18:21	0:27:39	0:37:08
128		CAIAZZO	ANTIMO	FIAMME ARGENTO CASERTA	M_E40	0:46:24	4:13	0:09:36	0:18:40	0:27:57	0:37:12
129		MORELLI	STEFANO	NUOVA PODISTICA LATINA	M_E40	0:46:38	4:14	0:08:43	0:18:03	0:27:31	0:37:05
130		FIORINI	ROMEO	PODISTICA DEI FIORI	M_G50	0:46:39	4:14	0:09:26	0:18:36	0:27:52	0:37:12
131		SCARPATO	LUCA	A.S.D. AMATORI VESUVIO	M_D35	0:46:39	4:14	0:08:32	0:17:44	0:27:14	0:36:51
132		PALLANTE	GIANFRANCO	SIMMEL COLLEFERRO	M_G50	0:46:42	4:14	0:08:59	0:18:07	0:27:25	0:37:01
133		VENAFRO	MARCO	PODISTICA DEI FIORI	M_E40	0:46:43	4:14	0:09:01	0:18:07	0:27:36	0:37:17
134		BUTTARELLI	UMBERTO	SIMMEL COLLEFERRO	M_L65	0:46:46	4:15	0:09:25	0:18:45	0:28:08	0:37:33
135		IABONI	ARMANDO	FIAMME GIALLE G. SIMONI	M_L65	0:46:47	4:15	0:09:26	0:18:46	0:28:09	0:37:34
136	F	VECCHIO	ELISA	CUS CASSINO	W_A20	0:46:49	4:15	0:09:58	0:19:28	0:28:44	0:37:49
137		ARCESE	ERMANN	ATLETICA ARCE	M_H55	0:46:49	4:15	0:09:40	0:18:44	0:28:08	0:37:32
138		FIAROLA	LUDOVICO	ASD PODISTICA AVIS PRIVERNO	M_F45	0:46:52	4:15	0:09:09	0:18:24	0:27:46	0:37:23
139		SACCONI	GENNARO	FIAMME ARGENTO CASERTA	M_E40	0:46:53	4:15	0:09:40	0:18:57	0:28:17	0:37:47
140		FEDELE	ALBERTO	SIMMEL COLLEFERRO	M_G50	0:46:56	4:16	0:09:53	0:19:11	0:28:40	0:37:58
141		MINOTTI	MATTIA	COLLEFERRO ATLETICA	M_C30	0:46:57	4:16	0:09:37	0:18:55	0:28:23	0:37:52
142		PAGLINO	CIRO	FIAMME ARGENTO CASERTA	M_E40	0:46:58	4:16	0:09:35	0:18:40	0:28:05	0:37:48
143		MORGIA	PIERO	RUNNERS CLUB ANAGNI	M_G50	0:47:01	4:16	0:09:09	0:18:29	0:27:58	0:37:40
144		NICULAE	CRISTIAN	NUOVA PODISTICA LATINA	M_D35	0:47:09	4:17	0:09:07	0:18:38	0:28:12	0:37:46
145		SCHIBONO	ANTONIO	NUOVA PODISTICA LATINA	M_F45	0:47:11	4:17	0:08:58	0:18:31	0:28:09	0:37:41
146		TURCHETTA	LUIGI	ATL. AMATORI FIAT CASSINO	M_G50	0:47:12	4:17	0:09:30	0:18:52	0:28:15	0:37:49
147		IMPERIOLI	VALERIANO	SIMMEL COLLEFERRO	M_E40	0:47:18	4:18	0:09:43	0:18:55	0:28:19	0:37:52
148		NOCE	GERARDO	POL.NAMASTE TEAM CLUB	M_D35	0:47:22	4:18	0:09:06	0:18:30	0:28:11	0:37:51
149	F	MANDARELLI	ANNA LAURA	POD. FISIOSPORT	W_E40	0:47:24	4:18	0:09:37	0:18:55	0:28:24	0:37:52
150		BALDASSARRE	ANTONIO	NUOVA PODISTICA LATINA	M_E40	0:47:24	4:18	0:09:36	0:19:11	0:28:49	0:38:16

151		SPIRIDIGLIOZZI	ANGELO	ATLETICA ARCE	M_E40	0:47:27	4:18	0:09:05	0:18:25	0:28:07	0:38:02
152		GRECO	DOMENICO	NUOVA PODISTICA LATINA	M_F45	0:47:27	4:18	0:09:36	0:19:11	0:28:49	0:38:16
153		CAPPITELLI	EDOARDO	PODISTICA DEI FIORI	M_F45	0:47:34	4:19	0:09:03	0:18:06	0:27:36	0:37:28
154		FALZARANO	ANTONIO	ATLETICA LATINA	M_H55	0:47:43	4:20	0:09:05	0:18:41	0:28:34	0:38:15
155		ANTONELLIS	EMILIANO	PODISTICA DEI FIORI	M_E40	0:47:48	4:20	0:10:01	0:19:34	0:29:17	0:38:41
156		DE SANTIS	MASSIMO	NUOVA PODISTICA LATINA	M_E40	0:47:48	4:20	0:08:54	0:18:10	0:28:03	0:37:47
157		D'AMICO	PIERO	ATL. AMICIZIA FIUGGI	M_F45	0:47:52	4:21	0:09:50	0:19:22	0:29:03	0:38:45
158	F	GERMANI	LUCIA	ATLETICA ARCE	W_E40	0:47:58	4:21	0:09:58	0:19:29	0:28:57	0:38:27
159		CALABRESI	DANILO	POD. FISIOSPORT	M_D35	0:48:04	4:22	0:09:23	0:19:04	0:28:45	0:38:29
160	F	D'ANGELO	ANTONIETTA	FIAMME ARGENTO CASERTA	W_D35	0:48:06	4:22	0:09:55	0:19:34	0:29:07	0:38:43
161		D'ANGELI	LUIGI	RUNNERS CLUB ANAGNI	M_H55	0:48:09	4:22	0:09:21	0:18:45	0:28:29	0:38:24
162		VITALE	MARCO	PODISTICA DEI FIORI	M_D35	0:48:13	4:23	0:10:02	0:19:26	0:29:04	0:38:41
163		MAURIZI	MASSIMO	G.S. BANCARI ROMANI	M_G50	0:48:16	4:23	0:10:07	0:19:46	0:29:32	0:39:13
164		VILLANO	BRUNO	FIAMME ARGENTO CASERTA	M_E40	0:48:17	4:23	0:09:46	0:19:22	0:29:08	0:38:45
165		ZANGRILLI	ANTONIO	ATL. AMICIZIA FIUGGI	M_E40	0:48:18	4:23	0:09:50	0:19:20	0:29:03	0:38:48
166		FRATESCHI	GIANLUCA	ASD PODISTICA AVIS PRIVERNO	M_D35	0:48:18	4:23	0:09:49	0:19:27	0:29:10	0:39:05
167		CIOPPA	TOMMASO	FIAMME ARGENTO CASERTA	M_C30	0:48:19	4:23	0:10:06	0:19:51	0:29:31	0:39:13
168	F	FERRETTI	PAOLA	POL.NAMASTE TEAM CLUB	W_D35	0:48:20	4:23	0:09:16	0:18:46	0:28:24	0:38:21
169		GENOVESI	MASSIMILIANO	AICS Frosinone	M_E40	0:48:29	4:24	0:09:29	0:19:03	0:28:49	0:38:39
170		COCCHI	CLAUDIO	ATL. ROCCA PRIORA	M_E40	0:48:33	4:24	0:09:17	0:19:12	0:29:14	0:39:03
171		RAPONI	CESARE	SIMMEL COLLEFERRO	M_G50	0:48:35	4:25	0:09:37	0:19:08	0:28:50	0:38:44
172		COLLALTO	FRANCESCO	SIMMEL COLLEFERRO	M_E40	0:48:43	4:25	0:10:08	0:20:04	0:29:55	0:39:28
173		NOCE	MARCO	POL.NAMASTE TEAM CLUB	M_D35	0:48:48	4:26	0:09:38	0:19:13	0:29:13	0:39:18
174		ORSINI	MASSIMO	ASD PODISTICA AVIS PRIVERNO	M_F45	0:48:52	4:26	0:09:49	0:19:27	0:29:10	0:39:05
175		PAESANO	JEAN PHILIPPE	POL.NAMASTE TEAM CLUB	M_F45	0:48:57	4:27	0:10:13	0:19:55	0:29:43	0:39:27
176		CAMPOLI	QUIRINO	POL.NAMASTE TEAM CLUB	M_H55	0:48:57	4:27	0:10:13	0:19:55	0:29:43	0:39:27
177		DE ANGELIS	LUCIANO	UISP LATINA	M_G50	0:49:06	4:27	0:09:06	0:18:48	0:28:51	0:39:08
178		DURANTE	FABRIZIO	POD. FISIOSPORT	M_E40	0:49:09	4:28	0:09:56	0:19:33	0:29:24	0:39:24
179		GASBARRI	LUIGI	PODISTICA SOLIDARIETA'	M_I60	0:49:10	4:28	0:09:30	0:19:14	0:29:12	0:39:18
180		ALIBARDI	ROBERTO	FITNES MONTELLO	M_D35	0:49:10	4:28	0:09:32	0:19:03	0:28:51	0:39:00
181		FABRI	OTTAVIO	LBM SPORT TEAM	M_E40	0:49:10	4:28	0:10:09	0:19:57	0:29:44	0:39:32
182		DI LILLO	ARMANDO	FIAMME ARGENTO CASERTA	M_A20	0:49:11	4:28	0:10:06	0:19:51	0:29:31	0:39:18
183		MAGGI	CLAUDIO	NUOVA PODISTICA LATINA	M_L65	0:49:13	4:28	0:09:55	0:19:48	0:29:39	0:39:34
184	F	COCO	FRANCESCA	NUOVA PODISTICA LATINA	W_D35	0:49:17	4:28	0:09:38	0:19:27	0:29:27	0:39:31
185		FEDELE	MICHELE	SORA RUNNERS CLUB	M_E40	0:49:18	4:28	0:10:14	0:20:11	0:30:11	0:40:00
186		FRANZESE	MICHELE	A.S. ATL. CISTERNA	M_H55	0:49:19	4:29	0:09:15	0:19:07	0:29:04	0:39:22
187		REA	ANTONIO	SORA RUNNERS CLUB	M_F45	0:49:20	4:29	0:09:30	0:19:12	0:29:05	0:39:20
188		SALETTI	ALESSANDRO	ATLETICA CEPRANO	M_D35	0:49:22	4:29	0:09:29	0:19:10	0:29:02	0:39:15
189	F	MONCELLI	CATIA	POD. ORO FANTASY	W_E40	0:49:25	4:29	0:10:35	0:20:25	0:30:09	0:39:57
190		MAROZZA	GIOVANNI	SIMMEL COLLEFERRO	M_L65	0:49:34	4:30	0:10:09	0:20:01	0:30:00	0:39:55
191		PROIA	FRANCESCO	PODISTICA DEI FIORI	M_D35	0:49:38	4:30	0:10:12	0:20:01	0:29:46	0:39:47
192		PARRAVANO	LORETO	PODISTICA DEI FIORI	M_C30	0:49:39	4:30	0:10:00	0:19:34	0:29:17	0:39:22
193		MOSCHITTI	ANGELO	ATL. ROCCA PRIORA	M_F45	0:49:40	4:30	0:10:01	0:19:55	0:29:49	0:39:57
194		CAMPANELLI	ANTONIO	OPOA PLUS ULTRA	M_F45	0:49:42	4:31	0:08:45	0:18:23	0:28:36	0:39:32
195		PIATTELLA	CLAUDIO	NUOVA PODISTICA LATINA	M_H55	0:49:51	4:31	0:09:35	0:19:24	0:29:36	0:39:36
196		CATALLO	LUCA	MEZZANA LE LUMACHE	M_F45	0:49:57	4:32	0:09:56	0:19:51	0:29:55	0:39:59
197		SOAVE	MAURIZIO	FITNES MONTELLO	M_D35	0:49:57	4:32	0:09:41	0:19:42	0:29:54	0:39:57
198		PASCARELLA	PIERGIUSEPPE	FIAMME ARGENTO CASERTA	M_A20	0:50:12	4:33	0:10:50	0:21:03	0:30:55	0:40:48
199		DI CRISIO	DOMENICO	FIAMME ARGENTO CASERTA	M_C30	0:50:14	4:34	0:10:03	0:19:57	0:30:15	0:40:32
200		VALENZA	GIUSEPPE	UISP LATINA	M_E40	0:50:14	4:34	0:10:13	0:20:08	0:30:14	0:40:28
201		PACIFICI	ALESSANDRO	PODISTICA DEI FIORI	M_E40	0:50:16	4:34	0:10:01	0:19:36	0:30:04	0:40:01
202		RAMIERI	DANIELE	ATLETICA CEPRANO	M_G50	0:50:19	4:34	0:09:28	0:19:05	0:29:20	0:39:48
203		MAGNANTE	RENATO	POD. ORO FANTASY	M_F45	0:50:20	4:34	0:10:37	0:20:39	0:30:36	0:40:40
204		CHIAPPA	FRANCESCO	SIMMEL COLLEFERRO	M_F45	0:50:25	4:35	0:10:08	0:20:05	0:30:09	0:40:18
205		DI SCANNO	MASSIMO	S.S. LAZIO ATL.	M_E40	0:50:27	4:35	0:10:50	0:20:52	0:30:50	0:40:49
206		SARDELLITTI	CRISTIAN	PODISTICA DEI FIORI	M_D35	0:50:27	4:35	0:10:01	0:20:02	0:30:14	0:40:28
207		IAFRATE	AGOSTINO	ASD PODISTICA AVIS PRIVERNO	M_D35	0:50:42	4:36	0:09:45	0:19:39	0:30:10	0:40:29
208		PROIA	ROBERTO	SIMMEL COLLEFERRO	M_D35	0:50:47	4:37	0:10:00	0:19:51	0:30:06	0:40:34
209		FRANCHINI	CLAUDIO	SIMMEL COLLEFERRO	M_G50	0:50:50	4:37	0:10:10	0:20:12	0:30:24	0:40:41
210		MAURO	ANTONIO	NUOVA PODISTICA LATINA	M_D35	0:50:56	4:37	0:09:39	0:19:40	0:30:02	0:40:32
211		ONORATI	ALDO	NUOVA PODISTICA LATINA	M_G50	0:51:01	4:38	0:09:49	0:19:47	0:30:18	0:40:42
212		CIONE	MORENO	PODISTICA DEI FIORI	M_E40	0:51:02	4:38	0:10:22	0:20:37	0:30:51	0:41:11
213		SCALA	ANGELO	PODISTICA DEI FIORI	M_I60	0:51:05	4:38	0:09:46	0:20:01	0:30:19	0:40:45
214		RAMPINI	ARCANGELO	ASD PALESTRINA RUNNING	M_H55	0:51:08	4:38	0:10:47	0:20:50	0:30:48	0:40:46
215		VENDITTI	REMO	PODISTICA DEI FIORI	M_D35	0:51:15	4:39	0:10:02	0:19:48	0:30:04	0:40:30
216		FIORINI	ENZO	POD. ORO FANTASY	M_F45	0:51:21	4:40	0:10:35	0:20:32	0:30:37	0:40:51
217	F	BIFERA	TIZIANA	ATLETICA ARCE	W_D35	0:51:26	4:40	0:10:35	0:20:42	0:30:52	0:41:11
218		PERCOCO	ADRIANO	NUOVA PODISTICA LATINA	M_I60	0:51:29	4:40	0:09:53	0:20:00	0:30:23	0:40:56
219		TAGLINO	FRANCESCO	NUOVA PODISTICA LATINA	M_D35	0:51:32	4:41	0:09:22	0:19:10	0:31:54	0:41:38
220		PARADISO	VITO	SORA RUNNERS CLUB	M_I60	0:51:33	4:41	0:10:28	0:20:51	0:31:15	0:41:39
221		CORSETTI	WALTER	ATLETICA ARCE	M_I60	0:51:36	4:41	0:10:51	0:21:10	0:31:26	0:41:37
222		SARAGA	ALESSANDRO	ATLETICA ARCE	M_E40	0:51:37	4:41	0:10:51	0:21:10	0:31:26	0:41:37
223		FREDDO	MARINO	PODISTICA DEI FIORI	M_F45	0:51:40	4:41	0:10:13	0:20:27	0:30:52	0:41:19
224	F	PITTIGLIO	FIORELLA	CUS CASSINO	W_F45	0:51:44	4:42	0:10:25	0:20:48	0:31:12	0:41:32
225		SINIBALDI	GIANCARLO	ATL. MONTE MARIO	M_G50	0:51:46	4:42	0:10:23	0:20:30	0:30:49	0:41:24
226		CATRACCHIA	LEONELLO	SIMMEL COLLEFERRO	M_L65	0:51:52	4:42	0:10:50	0:21:14	0:31:38	0:41:51
227		TEDESCHI	CARLO	ATL. AURORA SEGNI	M_F45	0:51:54	4:43	0:10:42	0:21:05	0:31:24	0:41:49
228		TAGLIONE	MAURIZIO	PODISTICA DEI FIORI	M_G50	0:51:55	4:43	0:10:22	0:20:46	0:31:07	0:41:37
229		PISANI	ROSSANO	PODISTICA DEI FIORI	M_I60	0:51:57	4:43	0:10:49	0:20:57	0:31:17	0:41:41
230	F	PORRETTA	BARBARA	ATL. AURORA SEGNI	W_D35	0:51:57	4:43	0:10:42	0:20:59	0:31:24	0:41:49
231	F	MAIONE	MARIA CRISTINA	NUOVA PODISTICA LATINA	W_A20	0:52:06	4:44	0:10:14	0:20:33	0:31:12	0:41:56
232		MAGNANTI	DAVIS	FITNES MONTELLO	M_C30	0:52:16	4:45	0:10:43	0:21:15	0:31:38	0:42:08

233		BATTISTI	GIULIANO	COLLEFERRO ATLETICA	M_I60	0:52:17	4:45	0:09:46	0:20:01	0:30:37	0:41:28
234		DI MARIO	ENZO	PODISTICA DEI FIORI	M_E40	0:52:17	4:45	0:10:13	0:20:27	0:31:06	0:41:50
235		ESPOSITO	EDOARDO	UISP ROMA	M_D35	0:52:18	4:45	0:09:45	0:19:51	0:30:37	0:41:24
236		CASTALDO	GIUSEPPE	A.S.D. ATL. CAPUA	M_L65	0:52:19	4:45	0:10:16	0:20:46	0:31:21	0:41:56
237	F	RINALDI	WISSIA	ASD PODISTICA AVIS PRIVERNO	W_D35	0:52:22	4:45	0:10:13	0:20:21	0:30:54	0:41:48
238		LIBERATORI	DARIO	RUNNERS CLUB ANAGNI	M_H55	0:52:33	4:46	0:10:02	0:20:29	0:31:08	0:41:55
239	F	ROSI	SONIA	RUNNERS CLUB ANAGNI	W_E40	0:52:33	4:46	0:10:04	0:20:31	0:31:08	0:41:54
240	F	BIANCHI	PATRIZIA	ASD OPOA TEAM RUNNING TRASACCO	W_E40	0:52:39	4:47	0:10:03	0:20:38	0:31:20	0:42:05
241		DE LUCA	BIAGIO	ATLETICA CECCANO	M_C30	0:52:43	4:47	0:10:20	0:20:43	0:31:10	0:41:54
242		DEL SIGNORE	MARIO	POL.CIOCIARA A.FAVA	M_I60	0:52:49	4:48	0:10:29	0:21:00	0:31:41	0:42:08
243		CORONA	FRANCO	PODISTICA DEI FIORI	M_L65	0:52:53	4:48	0:10:56	0:21:27	0:31:52	0:42:21
244		IANNI	ENRICO	ATINA TRAIL RUNNER	M_F45	0:53:04	4:49	0:10:28	0:20:55	0:31:42	0:42:30
245		MAIURI	ANTONIO	ATLETICA CEPRANO	M_H55	0:53:23	4:51	0:10:49	0:21:12	0:32:00	0:42:36
246		FRISSETTI	MARIO	NUOVA PODISTICA LATINA	M_F45	0:53:37	4:52	0:10:45	0:21:07	0:31:49	0:42:54
247		CALDARONI	CARLO	ATLETICA CECCANO	M_D35	0:53:46	4:53	0:10:11	0:20:56	0:31:54	0:42:56
248		D'ANGELO	GIUSEPPE	POD. ORO FANTASY	M_I60	0:53:54	4:54	0:10:23	0:20:49	0:31:27	0:42:29
249		MAZZARIELLO	LUIGI	FIAMME ARGENTO CASERTA	M_D35	0:54:03	4:54	0:10:12	0:20:49	0:32:03	0:43:06
250		SAMBATARO	SERGIO	SIMMEL COLLEFERRO	M_D35	0:54:11	4:55	0:10:23	0:21:18	0:32:15	0:43:20
251		DI RUBBA	CARMINE	FIAMME ARGENTO CASERTA	M_F45	0:54:12	4:55	0:11:16	0:22:03	0:32:47	0:43:33
252		PAGNANO	VINCENZO	COMANDO SCUOLE DELL'ESERCITO	M_H55	0:54:14	4:55	0:10:14	0:21:08	0:32:09	0:43:13
253		SPOLETINI	LUCIANO	SIMMEL COLLEFERRO	M_I60	0:55:03	5:00	0:11:08	0:22:08	0:33:18	0:44:26
254	F	MAIURI	IVANA	ATLETICA ARCE	W_H55	0:55:11	5:01	0:11:01	0:22:01	0:33:00	0:44:19
255		DI GREGORIO	ENRICO	NUOVA PODISTICA LATINA	M_G50	0:55:16	5:01	0:10:38	0:21:30	0:32:44	0:43:59
256		RAGGI	ALESSANDRO	POD. ORO FANTASY	M_F45	0:55:18	5:01	0:10:50	0:21:46	0:32:56	0:44:06
257		VALENTE	NICOLA	PODISTICA DEI FIORI	M_G50	0:55:19	5:01	0:11:22	0:22:33	0:33:39	0:44:36
258		VALENTE	SIMONE	PODISTICA DEI FIORI	M_A20	0:55:19	5:01	0:11:22	0:22:33	0:33:39	0:44:36
259		BARATTA	GIANLUCA	ASD PODISTICA AVIS PRIVERNO	M_D35	0:55:28	5:02	0:10:57	0:21:56	0:33:00	0:44:19
260	F	RAPONI	ROBERTA	SIMMEL COLLEFERRO	W_E40	0:55:57	5:05	0:11:08	0:22:08	0:33:19	0:44:38
261		FIORLETTA	MEMMO	PODISTICA DEI FIORI	M_E40	0:56:39	5:09	0:10:57	0:22:12	0:33:51	0:45:26
262		CHIAPPINI	EMANUELE	POL.NAMASTE TEAM CLUB	M_C30	0:56:41	5:09	0:11:24	0:22:32	0:34:24	0:45:52
263		LANNI	CARMINE	ATL. AMATORI FIAT CASSINO	M_F45	0:56:50	5:10	0:10:58	0:22:02	0:33:32	0:45:23
264	F	SODANO	ROSSANA GIOVANNA	ATL. AMATORI FIAT CASSINO	W_C30	0:56:50	5:10	0:10:59	0:22:02	0:33:33	0:45:23
265		ROCCA	EMANUELE	ATINA TRAIL RUNNER	M_A20	0:56:59	5:10	0:10:40	0:21:22	0:32:54	0:44:57
266		AMBROSETTI	ENZO	ATL. AMICIZIA FIUGGI	M_H55	0:57:02	5:11	0:10:34	0:21:41	0:33:18	0:45:08
267		MANTOVANI	CRISTIAN	UISP LATINA	M_E40	0:57:07	5:11	0:10:44	0:22:06	0:33:49	0:45:37
268		MINICUCCI	ROBERTO	NUOVA PODISTICA LATINA	M_D35	0:57:18	5:12	0:10:44	0:22:06	0:33:49	0:45:37
269		MARANI	MARIO	POD. ORO FANTASY	M_E40	0:57:20	5:12	0:11:46	0:23:12	0:34:49	0:46:14
270		IANNI	EMANUELE	ATINA TRAIL RUNNER	M_E40	0:57:31	5:13	0:10:45	0:22:11	0:34:11	0:46:00
271		MARZIANTONIO	NEVIO	POL.NAMASTE TEAM CLUB	M_I60	0:57:36	5:14	0:11:09	0:22:33	0:34:18	0:46:04
272	F	POLSINELLI	ANNA FELICITA	ASD OPOA TEAM RUNNING TRASACCO	W_F45	0:57:40	5:14	0:10:54	0:22:20	0:34:02	0:45:53
273		CINQUEGRANA	DAVIDE	ATLETICA LATINA	M_L65	0:57:54	5:15	0:11:08	0:22:36	0:34:24	0:46:12
274		ARGENIO	MAURIZIO	PODISTICA DEI FIORI	M_E40	0:57:55	5:15	0:11:59	0:23:43	0:35:26	0:46:50
275		ANGELINI	LINO	SIMMEL COLLEFERRO	M_G50	0:57:59	5:16	0:10:42	0:22:27	0:34:16	0:46:06
276		PANICCIA	GIANDOMENICO	ASD G.S. MARSIKA	M_C30	0:58:28	5:18	0:11:08	0:23:08	0:35:30	0:47:43
277		SIMONELLI	ROBERTO	ATLETICA ARCE	M_G50	0:58:32	5:19	0:11:53	0:23:47	0:35:21	0:46:52
278		PESCOSOLIDO	ELEUTERIO	ATLETICA ARCE	M_F45	0:58:32	5:19	0:11:53	0:23:47	0:35:20	0:46:52
279		ALBANESE	LORENZO	FIAMME ARGENTO CASERTA	M_A20	0:58:47	5:20	0:11:54	0:23:43	0:35:26	0:47:18
280	F	BIANCHI	MARIA ROSARIA	ATLETICA HERMADA	W_G50	0:58:50	5:20	0:12:01	0:23:42	0:35:24	0:47:12
281		VITTI	AUGUSTO	ATLETICA HERMADA	M_G50	0:58:51	5:21	0:12:01	0:23:42	0:35:24	0:47:12
282	F	CUTELLE'	ANNA MARINA	NUOVA PODISTICA LATINA	W_G50	0:59:19	5:23	0:11:22	0:22:44	0:34:59	0:47:14
283		DI GAETANO	PIERINO	FIAMME ARGENTO CASERTA	M_G50	0:59:37	5:25	0:11:18	0:23:13	0:35:15	0:47:20
284		ITOLLO	NUNZIO	FIAMME ARGENTO CASERTA	M_A20	0:59:43	5:25	0:10:51	0:22:11	0:34:03	0:46:27
285	F	SARTORI	ANTONETTA	NUOVA PODISTICA LATINA	W_C30	1:04:23	5:51	0:12:11	0:25:09	0:38:02	0:51:08
286		NACCA	GENNARO	FIAMME ARGENTO CASERTA	M_F45	1:09:41	6:20	0:12:28	0:26:27	0:40:42	0:55:09
287		FARINA	CIRO	FIAMME ARGENTO CASERTA	M_L65	1:09:42	6:20	0:12:12	0:26:27	0:40:42	0:55:09